



UCLA HEALTH SCIENCES MEDIA REPORT
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Are hot flashes genetic?

Scientists find new genetic roots of schizophrenia

Sports organizations warn youth not to play too much basketball

How coronary artery disease tests influence preventive care and lifestyle choices

Surf's up for doctor and his teen cancer patients

Reminder: A nurse can be a scientist, too

CNN Español covers Latino aging study

Queen Latifah opens up about her mother's heart failure

Women should delay pregnancy after weight-loss surgery

KABC-TV spotlights new surgery for Parkinson's

Psychiatrist encourages methods to keep calm in a tense political climate

Neurology Today highlights benefits of clot-removing stents

UCLA expert discusses reemergence of polio-like condition

UCLA researcher will take center stage at European immunotherapy conference

Chinese newspaper explores new eye treatment

David Geffen School of Medicine receives \$30 million gift to advance research and care

Dietitian writes about diet and environment

Physician encourages managing discomfort, fear to curb violence nationally

Fielding School's Neal Baer at work on new television drama

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Are hot flashes genetic?

A study led by Dr. Carolyn Crandall, which found that gene variants could determine which women get hot flashes, garnered significant coverage. The gene variants, affecting a receptor in the brain that regulates estrogen release, are present across all ethnicities. Reports were carried Oct. 19 by [CBS News](#),

CNN, HealthDay News, Medical News Today, Live Science, the U.K.'s Daily Mail, the U.K.'s Daily Express, Info-Europa, Newsmax, HealthNewsDigest.com, and MedicalXpress, and Oct. 20 by MedPage Today and Bell Marra Health. The HealthDay story was syndicated by Health.com, WebMD, United Press International, U.S. News & World Report, Drugs.com, the Albany Democrat-Herald, the Arizona Daily Star, Doctors Lounge, MedicineNet.com, Philly.com and many others. The CNN story was carried by the websites of WCVB-TV, Boston; KCCI-TV, Des Moines, Iowa; KETV-TV, Omaha, Nebraska; WBAL-TV, Baltimore; and others. The CBS report was carried by affiliates and stations across the country, including WCBS-TV, New York; WCAV-TV, Charlottesville, Virginia; WGN-TV, Chicago, Illinois; WFLD-TV, Chicago, Illinois; and others. Crandall is a professor of medicine in the division of general internal medicine and health services research.

Scientists find new genetic roots of schizophrenia

A UCLA study using 3D chromosome-mapping technology to advance the understanding of schizophrenia's cause was covered in an Oct. 19 article by national publication [CNN Online](#). Dr. Daniel Geschwind, the Gordon and Virginia MacDonald Distinguished Chair in Human Genetics and professor of neurology and psychiatry at UCLA's David Geffen School of Medicine at UCLA, and first study author UCLA postdoctoral fellow Hyejung Won were featured in the article.

Sports organizations warn youth not to play too much basketball

[Associated Press](#), [USA Today](#), [Sports Illustrated](#), [Sports Business Daily](#), [Parents.com](#) and other media outlets reported Oct. 17 on new guidelines issued by the NBA and USA Basketball recommending that kids should delay specializing in basketball until age 14, take at least one day off from organized competition each week and take extended time off at least once a year for proper physical and mental recovery. Panel member Dr. John P. DiFiori, professor and chief of sports medicine and non-operative orthopaedics at UCLA, was quoted. DiFiori is also the NBA director of sports medicine and head UCLA team physician.

How coronary artery disease tests influence preventive care and lifestyle choices

A study led by Dr. Joseph Ladapo finding that different tests lead to different rates of adoption of preventive care and lifestyle choices was highlighted Oct. 14 by [Becker's Infection Control & Clinical Quality](#), [News-Medical.net](#), [MedicalXpress](#) and [Science Daily](#), and Oct. 15 by [Asian News International](#) and [Health Canal](#). The ANI article ran in [Business Standard](#), [Daily News & Analysis](#), India's [The Tribune](#), India's [New Kerala](#), [The Health Site](#), [Zee News](#), [The Asian Age](#), [The Siasat Daily](#), [NewsPoint Africa](#), and [Deccan Chronicle](#). Ladapo is an assistant professor of medicine in the division of general internal medicine and health services research.

Surf's up for doctor and his teen cancer patients

Dr. Noah Federman, director of the Pediatric Bone and Soft Tissue Sarcoma Program and associate professor of pediatrics and orthopaedics – as well as an avid surfer, was profiled in the Oct. 14 [Jewish Journal](#). Federman, who started a Teen Adventure Program to help his patients find support through outdoor activities, recently hosted a surf clinic for a group of patients, several of whom were also quoted in the article.

Reminder: A nurse can be a scientist, too

[Scientific American](#) published Oct. 19 a guest blog post by Nalo Hamilton, assistant professor in the UCLA School of Nursing, discussing the unique perspective that nurses bring to their scientific research.

CNN Español covers Latino aging study

A UCLA study finding that Latinos age more slowly on a molecular level despite facing greater health challenges was covered Oct. 12 by [CNN Español](#). Lead author Steve Horvath, a professor of human genetics and biostatistics at UCLA's David Geffen School of Medicine and Fielding School of Public Health, was interviewed about the epigenetic clock he invented that allowed him to track ethnicities' aging rates. In a related story, [GenomeWeb](#), [KFMB-FM](#) and other media outlets reported Oct. 18 that the clock has been licensed by Zymo Technology.

Queen Latifah opens up about her mother's heart failure

[EveryDay Health](#) featured Oct. 13 a story on Queen Latifah, who joined Dr. Karol Watson, a professor of medicine in the division of cardiology at the David Geffen School of Medicine at UCLA and co-director of the UCLA Program in Preventative Cardiology, for a Facebook Live event with the American Heart Association to promote awareness of how patients and caregivers can cope with living with heart failure. Latifah's mother has heart failure.

Women should delay pregnancy after weight-loss surgery

[Reuters Health](#) on Oct. 19 included references to, and quotes about, a JAMA Surgery editorial authored by Dr. Aaron Dawes, a general surgery resident at the David Geffen School of Medicine at UCLA and a Robert Wood Johnson Foundation Clinical Scholar. The story focused on new findings that babies born less than two years after their mothers have had bariatric surgery may face a higher risk of serious complications compared to infants delivered more than two years a. The story was also published by [Fox News.com](#), [Yahoo! News](#), [Philly.com](#) and other media outlets.

KABC-TV spotlights new surgery for Parkinson's

Dr. Nader Pouratian, director of UCLA's movement disorders program and an associate professor of neurosurgery at the David Geffen School of Medicine at UCLA, was featured in a [KABC-TV](#) segment that aired Oct. 14 and Oct. 16 about a new deep-brain stimulation device that restored his patient's ability to speak and control his movements following a Parkinson's disease diagnosis years before.

Psychiatrist encourages methods to keep calm in a tense political climate

Emanuel Maidenberg, clinical professor of psychiatry and biobehavioral sciences at the Semel Institute and David Geffen School of Medicine at UCLA, was featured Oct. 19 in a [HealthDay News](#) story on how to de-escalate political arguments about the presidential debates. The story was picked up the same day by [U.S. News & World Report](#), [Drugs.com](#), [Philly.com](#), and other media outlets.

Neurology Today highlights benefits of clot-removing stents

[Neurology Today](#) reported Oct. 20 on research co-led by Dr. Jeffrey Saver, director of the UCLA Stroke Center, finding that stent retrievers can provide benefits more than seven hours after onset of a stroke. Saver was quoted.

UCLA expert discusses reemergence of polio-like condition

[Healthline](#) reported Oct. 13 on the reemergence of a rare polio-like disease called acute flaccid myelitis that has affected about 40 children in the U.S. this year. Dr. James Cherry, professor of pediatric infectious diseases at the David Geffen School of Medicine UCLA, was interviewed. He suggested that the illness may be caused by enterovirus D68 and that the recent surge may be because they don't have antibodies against the virus.

UCLA researcher will take center stage at European immunotherapy conference

Targeted Oncology reported Oct. 19 on world-renowned immunotherapy experts gathering in Spain and France to discuss advances made in signaling the immune system to attack and kill certain cancers. Dr. Antoni Ribas, professor of medicine in the division of hematology and oncology at the David Geffen School of Medicine at UCLA and director UCLA's Jonsson Comprehensive Cancer Center Tumor Immunology Program, was featured.

Chinese newspaper explores new eye treatment

The [World Journal](#) on Sept. 24 published an interview with Dr. Benjamin Bert, an ophthalmologist at Doheny Eye Center UCLA, about VisuMax, a new laser treatment for nearsightedness.

David Geffen School of Medicine receives \$30 million gift to advance research and care

Tamar and Vatche Manoukian have made a landmark pledge to the UCLA Division of Digestive Diseases that has inspired additional anonymous pledged support, bringing the total of the gift to \$30 million. The gift will accelerate research, innovative clinical care and educational priorities. The donation was covered Oct. 14 in [Chronicle of Philanthropy](#), [Massis Weekly](#), [Asbarez Newspaper](#), and [DOTmed](#).

Dietitian writes about diet and environment

Dana Ellis Hunnes, senior dietitian at Ronald Reagan UCLA Medical Center and adjunct assistant professor of community health sciences at the UCLA Fielding School of Public Health, authored an Oct. 13 [Huffington Post](#) article about how nutrition and sustainability are interconnected.

Physician encourages managing discomfort, fear to curb violence nationally

The [Huffington Post](#) published on Oct. 14 an article by Marc Schoen, assistant clinical professor of medicine at the David Geffen School of Medicine at UCLA, on methods to reduce violence in the United States.

Fielding School's Neal Baer at work on new television drama

Dr. Neal Baer, adjunct professor of community health sciences at the UCLA Fielding School of Public Health and co-director of FSPH's Global Media Center for Social Impact, was featured Oct. 17 in a [Yahoo! TV](#) article about his work on an upcoming drama for 20th Century Fox Television.

NOTABLE BRIEFS

An Oct. 10 [Sacramento Bee](#) story cited research co-authored by Dr. Jeffrey Klausner, professor of medicine in the division of infectious diseases at the David Geffen School of Medicine at UCLA and of public health at the UCLA Fielding School of Public Health, finding that rates of sexually transmitted infections are much higher among men who have sex with men (MSM) and who take Truvada as pre-exposure prophylaxis than among other MSM.

The [San Bernardino Sun](#), [Pasadena Star-News](#), [San Gabriel Valley Tribune](#), [Daily Breeze](#) and [OC Register](#) reported Oct. 15 on ESPN broadcaster Holly Rowe's battle with advanced melanoma. Rowe is participating in a clinical trial with Dr. Antoni Ribas, professor of medicine in the division of hematology and oncology at the David Geffen School of Medicine at UCLA and director of UCLA's Jonsson Comprehensive Cancer Center.

Data from the California Health Interview Survey, conducted by the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health, was cited Oct. 17 in [The Desert Review](#) in an article about a collaboration between the statewide survey and California's Imperial County. Data from the California Health Interview Survey, conducted by the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health, was cited Oct. 18 in a [Santa Cruz Sentinel](#) story about the Santa Cruz Warriors' community youth health program.

Research about obesity conducted by the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health was cited Oct. 20 in a [DNA \(Daily News & Analysis\)](#) article about reducing calories in soft drinks, and Oct. 16 in a [Visalia Times-Delta](#) article about rising rates of obesity in Tulare County, California.

NOTABLE QUOTABLES

Dr. Gregg Fonarow, the Eliot Corday Chair in Cardiovascular Medicine and Science, director of the Ahmanson-UCLA Cardiomyopathy Center and co-chief of the UCLA Division of Cardiology, was quoted Oct. 15 in an [NPR "Shots"](#) column on the effectiveness of fitness trackers and apps in monitoring heart rate.

- Separately, Fonarow was quoted Oct. 17 in a [HealthDay News](#) article on a study finding that sleep apnea may boost the odds for post-operative complications. Fonarow noted that while the study confirmed previous findings, he is not convinced that early diagnosis and treatment of sleep apnea can lower post-op risks. The story was also picked up by [UPI](#).

Dr. Anthony Heaney, professor of medicine and neurosurgery, co-chief of the UCLA Division of Endocrinology, Diabetes & Metabolism and Burnett Family Endowed Chair in Neuroendocrinology at the David Geffen School of Medicine at UCLA, was quoted Oct. 14 in a Discovery News' [Seeker.com](#) story about the rare genetic mutation commonly known as gigantism. His comments also appeared Oct. 17 on [Live Science](#) and Oct. 18 on [Science World Report](#).

Dr. Jody Heymann, dean of the UCLA Fielding School of Public Health and founding director of the WORLD Policy Analysis Center, commented Oct. 19 in a [Deseret News](#) article about employers' and politicians' views on parental leave.

Dr. Ka Kit Hui, director of the UCLA Center for East-West Medicine, was interviewed Oct. 6 in a KABC-TV segment on the benefits of combining Eastern and Western medical approaches to prevent and treat disease.

KABC: <http://bit.ly/2eLHYST>

Dr. Michael Irwin, professor of psychiatry and director of the Cousins Center for Psychoneuroimmunology at the Semel Institute, was quoted in the September issue of [Real Simple](#) in a story on how to get better sleep. The article references a 2015 study he co-authored showing the benefits of meditation for sleep.

Dr. Jeffrey Klausner, professor of medicine in the division of infectious diseases at the David Geffen School of Medicine at UCLA and of public health at the UCLA Fielding School of Public Health, was quoted Oct. 20 in a [Huffington Post](#) article on new CDC statistics showing that chlamydia, gonorrhea, and syphilis rates are at an all-time high.

Leonid Kruglyak, chair of human genetics at the David Geffen School of Medicine at UCLA, was interviewed Oct. 5 by [The Atlantic](#) about limits to human longevity.

Dr. Andrew Leuchter, professor of psychiatry and biobehavioral sciences at the Semel Institute, was quoted Oct. 17 in a [Columbus Dispatch](#) story on depression treatment and diagnosis. The story was picked up from an earlier article appearing Oct. 10 in [Los Angeles Times](#).

Dr. Angela Leung, assistant professor of medicine in the division of endocrinology, diabetes & metabolism, commented about thyroid replacement therapy in an Oct. 17 [Medscape](#) article on presidential candidate Hillary Clinton's hypothyroidism.

Carrie Miceli, co-director of the Center for Duchenne Muscular Dystrophy at UCLA, commented Oct. 4 in a print and online story in [People](#) magazine about the FDA's approval of the first drug to treat Duchenne. The muscle-atrophying disorder strikes 1 in 5,000 boys by age 5, robs them of the ability to walk by age 12 and weakens the muscles, including the heart and lung, typically causing death in early adulthood. Miceli began studying Duchenne when her younger son was diagnosed with the disease.

Margaret Steele, executive director of UCLA's Jonsson Cancer Center Foundation, was quoted Oct. 20 in [The Acorn](#) about the Conejo Valley Guild's largest annual fundraiser which takes place on Nov. 5 at the Hyatt Westlake Plaza. All of the funds raised benefit cancer research.

Dr. Zaldy Tan, medical director of the UCLA Alzheimer's and Dementia Care Program and assistant dean for curricular affairs at the David Geffen School of Medicine at UCLA, was quoted Oct. 11 in a [Medscape](#) article about a novel initiative intended to increase the number of geriatric patients who underwent cognitive impairment screening.

Dr. Daniel Vigil, health sciences associate clinical professor of family medicine, commented Oct. 3 in a [Healthline](#) article on how many calories are burned while running.

Dr. Rhonda Voskuhl, professor of neurology at the David Geffen School of Medicine at UCLA and director of the UCLA Multiple Sclerosis Program, commented Oct. 17 in a [Washington Post](#) story about why autoimmune diseases disproportionately affect women.

Dr. Lonnie Zeltzer commented Oct. 18 in a [Clinical Pain Advisor](#) article about the need for healthcare professionals to ramp up their palliative care training. Zeltzer is director of the pediatric pain program at Mattel Children's Hospital UCLA and a professor of pediatrics, anesthesiology and psychiatry and biobehavioral sciences at UCLA's David Geffen School of Medicine and Semel Institute.

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