



UCLA HEALTH SCIENCES MEDIA REPORT
For the week of Nov. 4-10, 2016

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How probiotics impact our mental health

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Young patients in SM featured in Halloween photo montage

UCLA nurses give free flu shots to Santa Monica homeless

Mindfulness expert shares recommendations on handling post-election anxiety

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Hospital patients cast their vote with volunteers' help

UCLA Health's commitment to helping patients vote was featured in multiple media outlets on Nov. 6, including [Southern California Public Radio.com](#), KPCC-FM, KNX-AM, and KFI-AM, and through even more outlets on Nov. 8 via an [Associated Press](#) article and photos. The articles and photos featured patients at UCLA Health who were able to vote on election day thanks to the help of hospital volunteers who assisted in obtaining emergency vote ballots. Carey McCarthy, director of volunteer services at UCLA Health, was quoted in the coverage. The AP coverage ran in dozens of media outlets including the [Orange County Register](#), [NBCNews.com](#), [CBSLocal](#), Sacramento, [San Francisco Chronicle](#) and [Santa Rosa Press Democrat](#).

How probiotics impact our mental health

Dr. Kirsten Tillisch, an associate professor of medicine in the division of digestive diseases, was featured Nov. 5 in an [NBC Nightly News](#) segment on the health impact of probiotics. Tillisch discussed her research on how probiotics found in yogurt can impact our gut health as well as what's going on in the brain.

Local news covers “Dribble for the Cure”

KNBC-TV and KABC-AM reported Nov. 6 on the ninth annual “Dribble for the Cure,” an event held by the UCLA men's and women's basketball teams to help raise money for research to fight pediatric cancer at Mattel Children's Hospital UCLA.

Sleep expert explains how to handle the time change

Dr. Alon Avidan, director of the UCLA Sleep Disorders Clinic, was featured Nov. 3 in a [Los Angeles Times](#) story on tips to cope with daylight savings time.

Specialized care for cancer patients and survivors

Anne Coscarelli, founding director of the Simms/Mann Center for Integrative Oncology and member of UCLA's Jonsson Comprehensive Cancer Center, and Carolyn Katzin, an integrative-oncology specialist at UCLA, were featured Nov. 7 in a [Time Magazine](#) article on the psycho-social support that cancer patients need after the initial diagnosis and while going through the treatment process.

Opinion: Tooth decay disproportionately affects low-income kids

[U.S. News & World Report](#) published Nov. 9 an op-ed by Dr. Jonathan Fielding, professor-in-residence of health policy and management at the UCLA Fielding School of Public Health, addressing the fact that tooth decay disproportionately affects low-income kids with limited access to dental care.

Funding a “basket” of essential medicines

[Science Daily](#), [Next Billion](#), and [CIDRAP](#) on Nov. 8 and [Pharmaceutical Processing](#) on Nov. 9 highlighted a paper co-written by Corrina Moucheraud that provides the first comprehensive model estimating the cost to provide a set of essential medicines for all people in low- and middle-income countries. The paper was a section of The Lancet Commission on Essential Medicines Policies report. Moucheraud is an assistant professor of health policy and management at the UCLA Fielding School of Public Health.

Expert offers tips to stay healthy this winter

[Self Magazine](#) published a Nov. 4 interview with Romney Humphries, an assistant professor of pathology at the David Geffen School of Medicine at UCLA, about tips for staying healthy when everyone around you is sick.

Nautilus spotlights epigenetic clock

A Nov. 10 feature in [Nautilus](#) magazine profiled Steve Horvath's discovery of the body's epigenetic clock and his work to track aging at the molecular level. Horvath was quoted. He is a professor of human genetics and biostatistics at UCLA's David Geffen School of Medicine and the Fielding School of Public Health.

Comparing presidential candidates' views on Obamacare

Gerald Kominski, professor of health policy and management at the UCLA Fielding School of Public Health and director of the Center for Health Policy Research at the Fielding School, was featured Nov. 7 in a [FierceHealthcare](#) story comparing Hillary Clinton's and Donald Trump's opposing views on Obamacare.

Dietitian pens column on environmental health

[Huffington Post](#) published Nov. 7 a column by Dana Hunnes, senior dietitian at the Ronald Reagan UCLA Medical Center and adjunct assistant professor of community health sciences at the UCLA Fielding School of Public Health, about “Before the Flood,” a documentary about environmental degradation.

Young patients in Santa Monica featured in Halloween photo montage

The Santa Monica Mirror published Nov. 3 several photos of young patients trick-or-treating at UCLA Medical Center, Santa Monica. The montage also included photos of nurses and staff enjoying the festivities.

UCLA nurses give free flu shots to Santa Monica homeless

[Santa Monica Mirror](#) reported Nov. 8 that nurses from UCLA Medical Center, Santa Monica and UCLA Health donated their time and talents to give flu shots at three shelters for homeless residents in Santa Monica. David Bailey, chief nursing officer at the medical center, was quoted.

Mindfulness expert shares recommendations on handling post-election anxiety

Diana Winston, director of mindfulness education at UCLA's Mindful Awareness Research Center, was featured Nov. 9 in a [Real Simple](#) article on how we can use mindfulness techniques to relieve our feelings about the election. The story was picked up the same day on [Health.com](#).

Research on community health centers gets coverage

[LA Canyon News](#) reported Nov. 7 on a study from the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health finding that community health centers now serve millions more people than they did prior to the Affordable Care Act. Maria-Elena Young, a graduate researcher at the center and the study's co-author, was quoted.

NOTABLE BRIEFS

Dr. Antoni Ribas was mentioned in an Oct. 15 [Los Angeles Daily News](#) article about ESPN correspondent Holly Rowe participating in an immunotherapy clinical trial at UCLA.

NOTABLE QUOTABLES

Gerald Kominski, professor of health policy and management at the UCLA Fielding School of Public Health and director of the Center for Health Policy Research at the Fielding School, commented Nov. 10 in [The Sacramento Bee](#) about possible changes to, or repeal of, the Affordable Care Act.

Dr. Raphael Landovitz, associate professor of medicine in the division of infectious diseases and associate director of the UCLA Center for Clinical AIDS Research & Education, was quoted Nov. 9 in a [Viet Nam News](#) article about the government's efforts to reduce the mother-to-child transmission rate of HIV to less than 2 percent.

Emanuel Maidenberg, clinical professor of psychiatry and biobehavioral sciences at the Semel Institute and David Geffen School of Medicine at UCLA, commented Nov. 8 in a [Today.com](#) story on how de-escalating arguments can stave off anxiety around the election.

John Piacentini, director of the UCLA Center for Child Anxiety, Resilience, Education and Support (CARES), was quoted Nov. 1 in a [Vogue](#) story on teen anxiety and how consumption of media can contribute to stress.

Erin Rice, director of the UCLA People-Animal Connection, was quoted Nov. 9 in a [New York Times](#) piece about a television channel called San Diego Zoo Kids that shows programming of the zoo's animals in children's hospitals' rooms.

Anne Rimoin, associate professor of epidemiology at the UCLA Fielding School of Public Health, commented Nov. 3 in [The Atlantic](#) about mutations in the Ebola virus that increase its ability to infect human cells.

Stuart Schweitzer, professor of health policy and management at the UCLA Fielding School of Public Health, commented Nov. 9 in a [Reuters](#) article about Proposition 61, the California Drug Price Relief Act. The article was republished by [FOX News Health](#), [Yahoo! News](#) and [Business Insider](#). He also commented Nov. 9 in another [Reuters](#) article after the proposition was voted down by California voters; the latter comments were carried in a Nov. 9 [24 Wall Street](#) article.

Steven P. Wallace, chair and professor of community health sciences at the UCLA Fielding School of Public Health and associate director of the UCLA Center for Health Policy Research, was quoted Nov. 8 in the [Wall Street Journal](#) about a trend of adults older than age 40 moving back in with their parents.

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