



Health

UCLA HEALTH SCIENCES MEDIA REPORT Week of Nov. 17-22, 2017

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KPCC-FM: ACA spurs preventive cardiovascular care

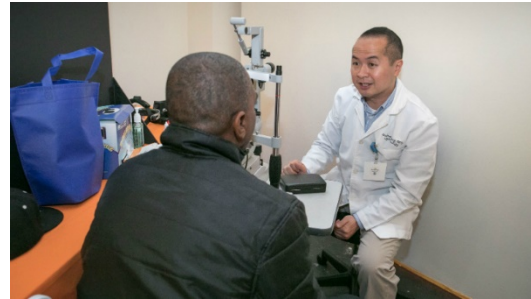
(Photo: Mike Steele/Flickr)





Reuters Health: Cataract surgery increases lifespan in older women

(Photo: Getty Images)



KABC-TV: UCLA's Care Harbor free clinic draws thousands

(Photo: Reed Hutchison/ UCLA)



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ACA spurs preventive cardiovascular care

[KPCC-FM](#) reported on research by Dr. Joseph Ladapo, associate professor of medicine in the division of general internal medicine and health services research, finding that the Affordable Care Act led to increased rates of preventive cardiovascular care such as screenings for diabetes, smoking, hypertension, and, for men, aspirin therapy.

Cataract surgery increases lifespan in older women

[Reuters Health](#) covered a JAMA Ophthalmology study by Dr. Anne Coleman linking cataract surgery to a lower risk of early death in older women. The story was syndicated by 25 news outlets, including [Business Insider](#). Coleman is a professor of ophthalmology at UCLA's Jules Stein Eye Institute and David Geffen School of Medicine and a professor of epidemiology at the UCLA Fielding School of Public Health.

UCLA volunteers at Care Harbor free health clinic

[KABC-TV](#) and [La Opinión](#) reported on Care Harbor, an annual event that provides free health care for the underserved and underinsured. About 200 UCLA Health faculty and staff were in attendance. The KABC story cited UCLA's role at the clinic. [La Opinión](#) interviewed Dr. Karla González, a third-year resident in the UCLA Department of Family Medicine.

Monkeypox on the rise?

A [National Public Radio](#) story on the reported rise of monkeypox in West and Central Africa featured Anne Rimoin, associate professor and acting vice chair of epidemiology at the UCLA Fielding School of Public Health. [IBTimes](#), [Oregon Public Broadcasting](#) and 18 other outlets carried the report.

Lost sleep impairs memory and visual perception

The [Washington Post](#) reported on a Nature Medicine study by Dr. Itzhak Fried showing that a night of lost sleep can result in temporary mental lapses that impair memory and

distort visual perceptions. The story was syndicated by 36 outlets, including the [Chicago Tribune](#) and [San Francisco Chronicle](#). Fried is a professor of neurosurgery at the David Geffen School of Medicine at UCLA.

Exercise reduces glaucoma risk

UCLA research showing that exercise could reduce the risk of glaucoma by 73 percent was reported by nine outlets, including [5 News Online](#), [Sci-News.com](#) and [Fox 16 News](#). The study was led by Dr. Victoria Tseng, a resident physician in ophthalmology at UCLA's Jules Stein Eye Institute and David Geffen School of Medicine.

Organ transplants for foreign recipients

A [ProPublica](#) article about hospitals performing organ transplants on foreign nationals who often pay a premium, despite the shortage of domestically donated organs available to U.S. residents, featured Dr. Gabriel Danovitch, medical director of the kidney and pancreas transplant program. ProPublica produced the article in partnership with [WVUE-TV](#), New Orleans, which ran a broadcast version of story that also aired on [WLOX-TV](#), Biloxi, Mississippi; [WXIX-TV](#), Cincinnati; [KVXX-TV](#), Waco, Texas; and 28 other stations. [New Orleans Patch](#) and [\[your\] News](#) syndicated the ProPublica version.

New tool predicts risk of heart attack in older patients

[Cardiovascular Business](#), [Science Magazine](#), [News Medical.net](#) and others reported on a study published in the Journal of the American Heart Association that found a new tool developed by UCLA researchers was more accurate than traditional methods in assessing the risk of heart attack in older patients undergoing non-cardiac surgery.

Complexities of treating heart failure

[MD Magazine](#) interviewed Dr. Gregg Fonarow on the challenges of treating patients with heart failure and discussed the concerns surrounding hospitalizations and disease prevention. Fonarow is the Eliot Corday Professor of Cardiovascular Medicine and Science at the David Geffen School of Medicine at UCLA and co-chief of cardiology.

Low-cost health services and reducing unnecessary spending

[Forbes](#) reported on research led by Dr. John Mafi, assistant professor of medicine in the division of general internal medicine and health services research, suggesting that low-cost, high-volume health services account for a high percentage of unnecessary health spending.

Heart's pumping function is not an indicator of heart failure survival rates

[Cardiology Today](#) featured a study in the Journal of the American College of Cardiology that found "left ventricular ejection fraction"—a measure of the heart's pumping function—is not associated with the long-term outcomes of hospitalized heart failure patients. Dr. Kevin Shah, a cardiology fellow at UCLA and one of the study's authors, was interviewed.

Federal policy to reduce re-hospitalizations linked to increased mortality rates

[MD Edge](#), [Medscape](#), [MD Magazine](#) and [HospitMedica](#) reported on a new JAMA Cardiology study finding that a hospital readmissions reduction program was linked to increased risk of death among heart failure patients. The study's senior author, Dr. Gregg Fonarow, the Eliot Corday Professor of Cardiovascular Medicine and Science at the David Geffen School of Medicine at UCLA and co-chief of cardiology, was quoted.

Patients' involvement in medical notes could aid care

[Healthline](#), [Patient EngagementHIT](#), [FierceHealthcare](#), [Becker's Health IT & CIO Review](#) and [Digital Commerce 360](#) reported on research led by Dr. John Mafi finding that patients could benefit if they are invited to co-produce medical notes, called "OurNotes," with their doctors. Mafi is an assistant professor of medicine in the division of general internal medicine and health services research.

Direct-acting antiviral drugs stay active for hepatitis C/HIV co-infection

[MD Magazine](#) reported on research led by Dr. Sammy Saab finding that patients co-infected with the hepatitis C and human immunodeficiency viruses can experience cure rates similar to individuals infected with hepatitis C alone when both groups receive direct-acting antiviral drugs. Saab is a professor of medicine and surgery and head of outcomes research in hepatology.

Commentary: When sexual harassment is legal

[Fortune](#) published a commentary co-authored by Dr. Jody Heymann, dean of the UCLA Fielding School of Public Health, addressing women's allegations of sexual harassment in the entertainment and other industries and citing research from the UCLA WORLD Policy Analysis Center finding that 68 countries do not have any workplace-specific protections against sexual harassment.

Commentary: Our lifestyles are killing us

[U.S. News & World Report](#) published a commentary by Dr. Jonathan Fielding, professor-in-residence at the UCLA Fielding School of Public Health, citing the high rates of Type 2 diabetes and urging the public to make lifestyle changes necessary to combat the disease and stay healthy.

Interest in sex differences in disease leads to potential MS treatment

[Multiple Sclerosis News Today](#) featured Dr. Rhonda Voskuhl, who directs UCLA's multiple sclerosis program and is the Jack H. Skirball professor of Multiple Sclerosis Research, in a story about how her study of sex differences in disease led her to a pregnancy hormone as a potential MS treatment.

Continued media interest in mobile stroke units

[California Health Report](#) covered UCLA Health's launch of the first mobile stroke unit on the West Coast, which will enable the rapid delivery of brain-saving medications to stroke patients in Los Angeles County. Dr. May Nour, medical director of the UCLA Arline and Henry Gluck Stroke Rescue Program; and Dr. Jeffrey Saver, director of the UCLA Comprehensive Stroke Center, commented.

Study on the effects of hospital readmissions reduction draws more attention

[RT Magazine](#) published print and online stories about a new JAMA Cardiology study that found that a hospital readmissions reduction program was linked to increased risk of death among heart failure patients. Dr. Gregg Fonarow, the Eliot Corday Professor of Cardiovascular Medicine and Science at the David Geffen School of Medicine at UCLA and co-chief of cardiology, is the study's senior author.

Black tea and weight loss coverage continues

CBS' The Doctors reported on UCLA research finding that black tea may contribute to weight loss through a mechanism involving gut bacteria. Susanne Henning, adjunct professor at the UCLA Center for Human Nutrition, led the study, and Dr. Zhaoping Li, director at the UCLA Center for Human Nutrition, is senior author.

The Doctors: <http://bit.ly/2zXeM4G>

This week on “Ask the Doctors”

UCLA Health internists Dr. Robert Ashley, Dr. Eve Glazier and Dr. Elizabeth Ko address health-related questions in the recurring “Ask the Doctors” column, syndicated by more than 50 outlets nationwide. A sampling of the stories from the past week’s column:

- On testosterone therapy for osteoporosis in men, featured in [The Manchester Journal](#)
- On yoga mats and fertility, featured in [The Rock Island Argus](#)
- On treating essential tremor, featured in [The Frederick News-Post](#)
- On leukemia treatments, featured in [Pharmacy Choice](#).

QUOTED

“I’m guessing a lot of people are enrolling rapidly because they’re trying to get it while they still can.”

- **Nadereh Pourat**, in a [San Francisco Chronicle](#) article about a 23 percent increase in Covered California signups



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Judith Carroll, an assistant professor of psychiatry and biobehavioral sciences at UCLA’s Cousins Center for Psychoneuroimmunology, commented in a story in [The Scientist](#) about how telomere length and childhood stress don’t always correlate.

Dr. Ian Cook, director of the UCLA Depression Research and Clinic Program, commented in [Futurism](#) in an article about treating chronic pain by “rewiring” the brain. The article also appeared in [Reach MD](#).

Dr. David Heber, professor emeritus of medicine, was quoted in a [CheatSheet](#) story about the alkaline diet.

Gerald Kominski was quoted in a [Los Angeles Times](#) article about how Covered

California outspends the Trump administration on advertising open enrollment under the Affordable Care Act. Kominski is a professor of health policy and management at the UCLA Fielding School of Public Health and director of the Fielding School's UCLA Center for Health Policy Research.

Dr. Colin McCannel, a professor of ophthalmology at UCLA's Jules Stein Eye Institute and David Geffen School of Medicine, commented in a [Reuters Health](#) article finding that in patients with acute central serous chorioretinopathy, oral spironolactone is more effective than observation and absorbs subretinal fluid faster. The research was published in the British Journal of Ophthalmology.

Karin Michels, professor and chair of epidemiology at the UCLA Fielding School of Public Health and a member of UCLA's Jonsson Comprehensive Cancer Center, was quoted in a [TIME](#) article about a study finding that hormonal birth control is linked to a higher risk of suicide.

Dr. Leena Nathan, assistant clinical professor and obstetrician-gynecologist at UCLA Health-Westlake Village, commented in a [Cosmopolitan.com](#) article about giving babies formula when the mother is unable to feed the baby with breast milk. The article was syndicated by [Redbook](#), [Good Housekeeping](#) and [Woman's Day](#).

Nadereh Pourat, professor-in-residence at the UCLA Fielding School of Public Health and director of research at the Fielding School's UCLA Center for Health Policy Research, commented in a [San Francisco Chronicle](#) article about a 23 percent increase in Covered California signups for health insurance.

Dr. Gary Small, director of geriatric psychiatry at UCLA's Longevity Center, and **Emanuel Maidenberg**, a clinical professor of psychiatry at UCLA, commented in a [HuffPost](#) article about what to consider before taking a genetic test such as those offered by 23andMe.

Johnese Spisso, president of UCLA Health and CEO of the UCLA Hospital System, was quoted in a [Becker's Hospital Review](#) story on encouraging innovation in health care.

Dr. Zev Wainberg, associate professor of hematology and oncology and member of the UCLA Jonsson Comprehensive Cancer Center, was quoted in a [STAT News](#) story about immunotherapy for pancreatic cancer.

BRIEFS

UCLA was cited in an [ESPN](#) story about the first study finding the presence of chronic traumatic encephalopathy in a living retired football player. The story was syndicated by 10 other outlets.

[The Wrap](#), [SFGate.com](#), [The Edwardsville Intelligencer](#), [Midland Daily News](#) and [Laredo](#)

[Morning Times](#) referenced UCLA Mattel Children's Hospital's Party on the Pier in stories rounding up recent parties attended by celebrities and influencers.



This report features media placements from UCLA Health, which includes the David Geffen School of Medicine at UCLA, Ronald Reagan UCLA Medical Center, UCLA Medical Center, Santa Monica, UCLA Mattel Children's Hospital, the Stewart and Lynda Resnick Neuropsychiatric Hospital at UCLA, the UCLA Health Clinics and the UCLA Faculty Practice Group.

It also includes placements from the UCLA Fielding School of Public Health, the UCLA School of Nursing, the UCLA School of Dentistry, the UCLA Jonsson Comprehensive Cancer Center and the UCLA Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research.

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