



**UCLA HEALTH SCIENCES MEDIA REPORT
For the week of Nov. 24 – Dec. 1, 2016**

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L.A. Times profiles pediatric HIV pioneer

Examining new ways to reduce human stress

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Drug increases survival from breast cancer

Operation Mend helps heal wounds of war

NBC's "Today" Show aired a story Nov. 27 about two female veterans who survived a devastating 2005 attack near Camp Fallujah in Iraq. Both women underwent reconstructive surgeries through UCLA's Operation Mend program, which provides free medical and psychological services to post- 9/11 wounded service members. After a gap of 10 years, the vets were reunited when the Operation Mend program participated in the America's Parade on Veterans Day in New York. Melanie Gideon, program director, was interviewed.

L.A. Times profiles pediatric HIV pioneer

The [Los Angeles Times](#) published a Nov. 27 profile of Dr. Yvonne Bryson, a distinguished professor of pediatrics and infectious diseases at Mattel Children's Hospital UCLA and a member of the UCLA AIDS Institute. Her research into treating HIV-infected mothers with antiviral medications during their pregnancies significantly reduced the number of babies born with the virus that causes AIDS.

Examining new ways to reduce human stress

George Slavich, associate professor of psychiatry and biobehavioral sciences at the Semel Institute for Neuroscience and Human Behavior, was featured Nov. 26 in the [New York Times](#) about "anger rooms" to release tension, and Nov. 30 on [KPCC-FM](#) about a vaccine to prevent stress.

What to do if you've overeaten

Dr. Kevin Ghassemi, assistant clinical professor of digestive diseases at the David Geffen School of Medicine at UCLA, was featured in a Nov. 23 [People.com](#) story about remedies for discomfort from overeating during Thanksgiving.

STAT highlights innovative Santa Monica urgent care program

A new pilot program at the UCLA Urgent Care facility in Santa Monica was the focus of a Nov. 29 [STAT News](#) article about innovative care delivery. In addition to addressing emergency medical problems, UCLA urgent-care physicians also connect patients to UCLA Health primary care doctors and other health professionals who may be better suited to managing patients' medical needs. Dr. Vladimir Manuel, medical director of the facility, was quoted.

Expert discusses addiction during the holidays

Suzette Glasner, a licensed clinical psychologist and an adjunct associate professor at UCLA's Semel Institute for Neuroscience and Human Behavior, was featured Nov. 23 in an NBC News Channel segment about the dangers of drinking the night before Thanksgiving. The syndicated story aired in multiple markets, including KNBC-TV (Los Angeles), KSDK-TV (St. Louis, MO) and WOAI-TV (San Antonio, TX).
KNBC-TV: <http://bit.ly/2gNDzvW>
KSDK-TV: <http://bit.ly/2fL5iQQ>
WOAI-TV: <http://bit.ly/2fXO4On>

- Glasner also commented Nov. 25 in [Bustle](#) about how to identify the signs of high-risk drinking habits, and Nov. 9 in [TheFix](#) about different terms used to describe people struggling with addiction.

New reasons not to miss a well-child visit

The [Wall Street Journal](#) on Oct. 24 featured research conducted at Mattel Children's Hospital UCLA finding that a team-based model to deliver preventive care can boost the number of recommended services for children and lead to fewer costly emergency-room visits. Dr. Tumaini Coker, formerly an assistant professor of pediatrics, led the research while at UCLA and is continuing a larger study at her new post at Seattle Children's Hospital.

Brain stimulation alters sex drive

Nicole Prause, formerly of UCLA, was featured in a Nov. 30 story in [New Scientist](#) about her work with Dr. Marco Iacoboni, director of the neuromodulation lab at the Ahmanson-Lovelace Brain Mapping Center. The researchers used a form of transcranial magnetic stimulation to alter the brain's response to a primary reward such as sex.

La Opinión highlights International Medical Graduate program

[La Opinión](#) reported Nov. 22 about the UCLA International Medical Graduate (IMG) program, which helps immigrant medical-school graduates from Latin America who are legally residing in the U.S. to earn their California medical licenses and obtain residencies in family medicine. In exchange, the physician commits to practicing in one of the state's underserved communities for two to three years after completing his or her family medicine residency. Dr. Patrick Dowling, chair of family medicine at the David Geffen School of Medicine at UCLA, was quoted. He co-founded the program with Dr. Michelle Bholat, executive director of the program and executive vice chair of family medicine at UCLA.

Volunteers visit lonely geriatric patients

[California Healthline](#) reported Nov. 21 on the companion care program at UCLA Medical Center, Santa Monica, in which volunteers visit with geriatric patients who have few or no visitors. Dr. David Reuben, chief of geriatrics at the David Geffen School of Medicine at UCLA, was interviewed, as was a volunteer and a patient who benefitted from the program. The story was first reported nationally on [NPR](#) and has aired on stations around the country.

Physician explains why body parts “fall asleep”

Dr. Glenna Tolbert, assistant clinical professor of medicine at the David Geffen School of Medicine at UCLA, was featured Nov. 18 in a [SELF](#) story about the numbness and tingling we experience when we put too much pressure on a nerve for an extended period of time.

Staying healthy during flu season

[Fox News](#) on Nov. 18 and the blog [My Fitness Pal](#) on Nov. 26 featured an interview with Romney Humphries, an assistant professor of pathology at the David Geffen School of Medicine at UCLA, about tips for staying healthy when everyone around you is sick. The article was first reported by Self magazine.

UCLA receives \$20 million stem cell grant

A \$20 million, five-year grant awarded to a joint research team at the UCLA Broad Stem Cell Research Center and Orchard Therapeutics Limited was reported Nov. 15 by the [California Stem Cell Report](#), Nov. 16 by [Capitol Weekly](#), Nov. 23 by [FierceBiotech](#), Nov. 25 by [BioPortfolio](#) and Nov. 30 by [Drug Discovery and Development](#). The grant will fund a new clinical trial led by Dr. Donald Kohn for severe combined immunodeficiency (SCID) caused by adenosine deaminase deficiency, commonly known as bubble-baby disease. Orchard Therapeutics will also contribute an additional \$18 million toward the project. Kohn is a professor of pediatrics and microbiology, immunology and molecular genetics at UCLA's David Geffen School of Medicine and Mattel Children's Hospital.

Pediatric patient is Laker for a day

[Lakers.com](#) published a story on Nov. 23 about a 15-year-old girl chosen as the UCLA Health Laker for a Day. The teen, who has spina bifida and underwent a transplant of a kidney donated by her father, is a huge basketball fan. She and her family arrived early to the Nov. 20 Laker vs. Bulls game to watch the players warm up, tour the Staples Center facility and watch the game courtside.

How people with schizophrenia stay productive

Amy Cohen, an associate research psychologist at the Semel Institute for Neuroscience and Human Behavior, was quoted Nov. 18 on the [ScienceBlog](#) and Nov. 19 on [Technology.Org](#) about a UCLA study that explores how people with schizophrenia stay productive while managing symptoms.

Solving the Latino paradox

[World Economic Forum](#) reported Nov. 24 on a UCLA study finding that Latino people age more slowly on a molecular level, allowing them to live longer despite higher health challenges. Lead author Steve Horvath, a professor of human genetics and biostatistics at UCLA's David Geffen School of Medicine and Fielding School of Public Health, was quoted.

A rise in use and costs at pediatric hospitals nationwide

A study led by Dr. Bonnie Zima, professor-in-residence of psychiatry and biobehavioral sciences at the Semel Institute for Neuroscience and Human Behavior, found that the number of children with psychiatric

illnesses admitted to pediatric hospitals in the U.S. has risen dramatically in the past decade. The study was featured Nov. 28 by [Science Blog](#) and Nov. 29 by [Medical Xpress](#).

Living meaningfully in a virtual world

[Business Insider](#) on Nov. 28 featured a video interview with Dr. Daniel Siegel, associate clinical professor-volunteer of psychiatry at the Semel Institute for Neuroscience and Human Behavior, in which he discussed ways to foster meaningful relationships with others amid the distractions of technology. The video was syndicated the same day on [Insider](#).

Different autism disorders share abnormal patterns of brain cells

Dr. Daniel Geschwind, the Gordon and Virginia MacDonald Distinguished Chair in Human Genetics at the David Geffen School of Medicine at UCLA, was featured in a Nov. 18 article on [Technology.org](#) about a study in the journal *Cell* reporting how different types of autism disorders share abnormal patterns of brain cells.

Researchers prevent calcification of heart tissue

[Science Daily](#) on Nov. 17, [Youth Health Magazine](#) on Nov. 18, [Science Blog](#) on Nov. 20, [med.new.am](#) on Nov. 23 and [Medscape](#) on Nov. 30 covered a preclinical study showing that calcification of heart muscle tissue is caused when cells called cardiac fibroblasts go awry in mice. Published in *Cell Stem Cell*, the research was led by senior author Dr. Arjun Deb, an associate professor of cardiology and of molecular, cell and developmental biology, as well as a member of the UCLA Broad Stem Cell Research Center.

Drug increases survival from breast cancer

[Onlive](#) and [Healthcare Channel](#) reported Nov. 28; [Breast Cancer News](#) reported Nov. 29; [CBS News](#), [Science Daily](#), [Cancer Network and MPR](#) reported Nov. 17; and [Health24](#) and [Technology.org](#) reported Nov. 18 on phase three trial results confirming that the drug palbociclib increased progression-free survival in women with ER+/HER2- breast cancer beyond 20 months. Jonsson Comprehensive Cancer Center members Dr. Richard Finn, assistant professor of hematology/oncology; and Dr. Dennis Slamon, chief of hematology/oncology and executive vice chair for research in medicine, were quoted.

NOTABLE BRIEFS

Preliminary UCLA findings on marijuana cravings, which were discussed at the Society for Neuroscience's annual meeting, were cited Nov. 22 in [Scientific American](#). The story was picked up Nov. 24 by [Salon](#).

Research from the UCLA Cousins Center for Psychoneuroimmunology on how mindfulness alleviates loneliness was featured Nov. 22 by [Infinity House Magazine](#).

A Nov. 26 [Forbes](#) column about customer service noted that enhanced patient satisfaction at UCLA Health was achieved through employee training in interactions that emphasize warmth and listening for needs, among other steps. Dr. David Feinberg, former CEO of the UCLA Hospital System, was quoted.

NOTABLE QUOTABLES

Dr. Jennifer Beck, assistant clinical professor of orthopaedic surgery and sports medicine specialist at UCLA Medical Center, Santa Monica, was quoted in a Nov. 28 [Santa Monica Daily Press](#) article on ways to stay fit during the holiday season.

Dr. Robin Berman, associate clinical professor of psychiatry at the David Geffen School of Medicine, was quoted Nov. 21 in a [TIME](#) article on the health effects of expressing gratitude.

Dr. Gregg Fonarow, the Eliot Corday Chair in Cardiovascular Medicine and Science, director of the Ahmanson–UCLA Cardiomyopathy Center and co-chief of cardiology, was quoted Nov. 28 by [HealthDay](#) about three keys to cutting heart-failure risk. [Everyday Health](#) and [WebMD](#) syndicated the report.

- Separately, Fonarow was quoted Nov. 23 by [Bel Marra Health](#) about how obstructive sleep apnea can impact high blood pressure.
- He also commented Nov. 3 in a [MedPage Today](#) video about a trial that compared drug therapies in African-Americans with heart failure.

Dr. Timothy Fong, clinical professor of psychiatry and co-director of the UCLA Gambling Studies Program at the Semel Institute for Neuroscience and Human Behavior, was quoted Nov. 27 in a [Health.com](#) story about how sex affects the brain.

Dr. Joe Hines, chief of general surgery at the David Geffen School of Medicine at UCLA, was quoted Nov. 22 in the [Orange County Register](#) about a pancreatic cancer patient who took up skydiving after her diagnosis.

Dana Hunnes, senior dietitian at the Ronald Reagan UCLA Medical Center and adjunct assistant professor of community health sciences at the UCLA Fielding School of Public Health, was quoted Nov. 19 by [SELF](#) about different types of fats.

Dr. Jeffrey Klausner, professor of medicine in the division of infectious diseases at the David Geffen School of Medicine at UCLA and of public health at the UCLA Fielding School of Public Health, commented in Nov. 27 [Canyon News](#) article about Hammer Museum panel on blood donations in the gay and bisexual community.

Dr. Donald Kohn, a professor of pediatrics and microbiology, immunology and molecular genetics at UCLA's David Geffen School of Medicine and Mattel Children's Hospital and a member of the Broad Stem Cell Research Center, was quoted Nov. 28 by [Wired](#) about how blood diseases could show CRISPR's therapeutic potential.

Dr. Zhaoping Li, professor of clinical medicine at the David Geffen School of Medicine at UCLA and director of UCLA's Center for Human Nutrition, commented Nov. 27 in the [New York Times](#) about adequate carbohydrate and protein consumption for runners.

Dr. Mark Litwin, chair of urology at the David Geffen School of Medicine and a member of UCLA's Jonsson Comprehensive Cancer Center, was quoted Nov. 20 by [Inquisitr](#) about prostate cancer, second opinions and treatment options.

Jennifer Martin, adjunct associate professor of medicine at the David Geffen School of Medicine at UCLA, was quoted Nov. 21 by [Healio](#) about adequate sleep.

Dr. Michael Ong, associate professor-in-residence of medicine in the division of general internal medicine and health services research, was quoted Nov. 18 on [NPR](#), [KQED](#), [KPBS](#), the San Jose [Mercury News](#) and a variety of other outlets about the potential consequences of California's legalization of recreational marijuana. The story was syndicated from [Kaiser Health News](#).

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