2020 Nursing Awards Virtual Ceremony
August 13, 2020
1200 - 1300
Resnick Neuropsychiatric Hospital
Opening Words

• Chief Nurse Executive, UCLA Health
  • Karen Grimley, PhD., MBA, RN, FACHE

• Chief Nursing Officer, Resnick Neuropsychiatric Hospital
  • Pat Matos, DNP, RN, NEA-BC

• Medical Director, Resnick Neuropsychiatric Hospital
  • Thomas B. Strouse, MD
RNPH Nursing Awards

YEAR OF THE NURSE 2020

EXCEL • LEAD • INNOVATE

AWARDS
Recovery and Professional Practice
Model Nurse of the Year

Presented by: Susan Rappaport, MSN, RN, NE-BC

2020 Awardee: Nelly Dipaolo, BSN, RN (4E)
Community Involvement Award

Presented by: Sunnie Dishman, MSN, RN-BC

2020 Awardee: The Buddy Bench

• Accepting: Maria Marquez, BSN, RN-BC (4N)
RNPH Transformational Leadership Award

Presented by: Lorraine Garcia-Teague, PhD, RN-BC

2020 Awardee: Kelly Maher, BSN, RN-BC (4W)

and

Presented by: James Rosser, LCSW

2020 Awardee: Judy Toy, BSN (PHP)
RNPH Evidence-Based Practice Champion

Presented by: Corbin Bosse, MSN, RN-BC

2020 Awardee: Iris Mayoral, BSN, RN-BC (4N)
RNPH Exemplary Professional Practice Award

Presented by: Eleanor Tomas-Lagmay, BSN, RN-BC
2020 Awardee: Kenneth Matthews II, BSN, RN (4N)
RNPH Educator of the Year

Presented by: Leilanie Ayala, RN, MSN, PMHCNS-BC, PMHNP-NC

2020 Awardee: Bob Bencangey, MSN, RN-BC, CEN (Nursing Education)
RNPH Innovation of the Year

Presented by: Steve Cohen, MHA

2020 Awardee: Electric Patient Rounding System

• Accepting: Members of the NKI Committee
Most Supportive Teammate

Presented by: Shoni Taylor, MSN, RN-BC

2020 Awardee: Harrison Eke, CCP (4N)
Rookie of the Year

Presented by: Quan Phan, BSN, RN-BC

2020 Awardee: Elijah Wells, MSN, RN (4W)
Nurse Residency Graduates
• Maria Allyza Afable

Completed the PTAP NRP at UCLA between Spring 2019 – Spring 2020

**Human Attitude for Patients with Dementia**

**Maria Allyza Afable, RN, BSN**

**Geriatric/Adult Medical Psychiatry, Resnick Neuropsychiatric Hospital**

**BACKGROUND**

- Dementia can limit the ability to communicate, making it difficult for people with dementia to express themselves and navigate the world around them. The disorder can be accompanied by agitation, depression, and anxiety, all of which can be exacerbated by stress. High levels of stress can lead to agitation.
- Agitation may be caused by changes in the environment, lack of familiar routines, or the presence of unfamiliar individuals.
- The research literature on communication difficulties with people with dementia includes guidelines for improving communication.
- The importance of non-verbal communication in dementia patients cannot be overstated.

**LITERATURE REVIEW**

- Current literature suggests that 80% of patients with dementia present with agitation and aggression at some stage of their illness. An effective communication strategy is crucial to the management of these behaviors.
- The use of non-verbal communication to manage agitation in patients with dementia has become increasingly important.

**MEASUREMENT OUTCOMES**

- Incident of agitation was measured by Cohen-Mansfield Agitation Inventory (CMAI). This tool is a valid and reliable measure of agitation in patients with dementia.
- The CMAI was used to assess the level of agitation for each patient while they were on the unit. The CMAI was completed by the primary nurse on duty every shift.
- The CMAI provides a score that ranges from 0 to 100, with higher scores indicating greater agitation.

**INTERVENTION**

- Education of the care team focused on strengths and weaknesses of the patient and care plan.
- The care team was educated on the importance of non-verbal communication.
- The care team was educated on the importance of creating a safe and calm environment for the patient.
- The care team was educated on the importance of using positive reinforcement.
- The care team was educated on the importance of using physical restraints only as a last resort.

**CONCLUSION**

- The use of non-verbal communication to manage agitation can lead to better outcomes for patients and caregivers.
- The use of non-verbal communication can lead to a decrease in agitation levels.
- The use of non-verbal communication can lead to a decrease in the need for medication.

**REFERENCES**

Completed the PTAP NRP at UCLA between Spring 2019 – Spring 2020

Elijah Wells
Final Words

• Pat Matos
• RNPH Structural Empowerment Council
Coming soon…

Please join Karen Grimley as we honor the recipients of the 2020 DAISY Awards for Extraordinary Nurses.

DAISY Awards Ceremony
Friday, October 2, 2020
1:00-2:30pm
Via Zoom
Join Zoom Meeting
Password: 8671007Z
Meeting ID: 944 3950 5403
Phone-In: 609-900-8833

UCLA Health
To our entire team of RNPH RNs, CCPs, MHPs, MDs, NPs, CSs, CNSs, SWs, occupational & recreational therapists, analysts, administrative assistants, environmental staff, and the many more that make this place so successful –

#7 in Psychiatry Nationally

Now who’s ready for a final surprise?...
So you stayed for the entire ceremony…

• Winners can collect a prize from the Structural Empowerment Council c/o Grace Florentin from on 4North); winners will also be emailed in case attending from off campus 😊