



**Be sure your patients move every shift.  
Daily mobility leads to better patient outcomes.**

**Remember to:**

**1.** Complete mobility assessment and assign a level:

■ **Level 1:** Limited Mobility (Bed/chair)

■ **Level 2:** Limited/Moderate mobility (Chair/early standing)

■ **Level 3:** Moderate mobility & early ambulation

■ **Level 4:** Ambulate

**2.** Document mobility during each shift

**3.** Use appropriate equipment or call the Lift Team

**4.** Update the patient story and white board

**5.** Involve the patient and family through each step

