





# ONLINE BLS Quick Guide

## Navigating the Heartcode BLS Online

1. Start with Tutorial for general overview.
2. Course Selection tab to select Course B for In-facility provider.
3. Welcome page
  - a. Complete each of the 10 modules in order.
  - b. Use the arrow on the right to advance to next page. *\*All videos, content, and knowledge checks are available for review or you can advance ahead at your own pace.*
  - c. Modules 4, 6 and 8 include eSim World scenarios. These must be completed.
4. eSim World (5 scenarios will be available after completing Modules 4, 6 and 8)
  - a. Take Tutorial
  - b. Helpful hints: Click on each action as you would perform in real-life. Example:
    - tap and shout
    - Get AED and phone for help
    - check breathing and carotid pulse
    - CPR – 30 Compressions and 2 ventilationsAED arrives, click  to turn on.
    - Attach pads
    - Stand clearClick  to Shock.
  - c. Timer is available under close-up of the patient's head.
    - Use  if you need to pause scenario to find an action button.
    - Use  to speed through 2 minutes of CPR.
  - d. Adult Scenarios last approx. 4-5 minutes.  
Child/Infant Scenarios last approx. 6-7 minutes.
5. Take Exam (click on handbook icon in corner to access BLS manual if needed)
6. Exit Exercise to return to main page.
7. Start Course Evaluation.
8. View Completion Certificate to print out certificate and bring to skills session.