

# Resources for Unit Practice Councils

*Seven Dimensions of Relationship-Based Care*



# Resources for a Caring & Healing Environment: Dimension I

- UCLA Health Wellness Initiative:

<http://wellness.healthcare.ucla.edu/>

- UCLA Mindful Awareness Research Center

<http://marc.ucla.edu/>

- Quiet Zones/Times Implemented (Golden Hour/HUSH)

- Urban Zen

<http://rehab.ucla.edu/body.cfm?id=49>

- UCLA Ergonomic Department

<http://ergonomics.ucla.edu/>

# Resources for Strengthening Leadership: Skills Dimension II

- CORE

<http://www.uclahealthtraining.org/CORE/Courses/>

- Human Health Human Resources (leadership courses)

<http://hr.uclahealth.org/>

- Advisory Board

- Frontline nurse leaders Leadership Academy

- Leadership Assessments [Free personality test](#)

- Annual Self-Appraisals and Peer Feedback

- Association of California Nurse Leaders <http://www.acnl.org/>

- Harvard Business Review Leadership Style Assessment

<https://hbr.org/2015/06/assessment-whats-your-leadership-style>

# Resources for Strengthening Teamwork: Dimension III

- Healthy Team Assessment

[Commitment to My Co-Worker Healthy Team Assessment](#)

- 360 Caring Leadership Assessment

[360 Leadership Assessment](#)

- American Nursing Association Healthy Teamwork

<http://www.theamericannurse.org/?s=teamwork>

- Harvard Business Review “*Team Building in the Cafeteria*”

<https://hbr.org/2015/12/team-building-in-the-cafeteria>

# Resources for Professional Practice: Dimension IV

- Living our Professional Practice Model

<http://nursing.uclahealth.org/body.cfm?id=32>

- Membership to Professional Organizations UCLA Health System

<http://nursing.uclahealth.org/body.cfm?id=119>

- EdUCare: Services to Help you Complete your Degree

[EdAssist flyer.docx](#)

- Evidence Based Practice

[Evidence Based Practice](#)

- Professional Development Classes

[UCLA Upcoming Educational Events](#)

- UCLA Dare To Be Certified Campaign

<http://nursing.uclahealth.org/body.cfm?id=200>

# Resources for Patient Care Delivery: Dimension: V

## Magnet Resource

- **RRUCLA**

<http://nursing.uclahealth.org/body.cfm?id=232>

- **SMUCLA**

<http://nursing.uclahealth.org/secure.cfm?id=101>

- **RNPH**

## Magnet Councils

# Resources for Resource Driven Care: Dimension: VI

**Sharing responsibility for resource utilization: a manager/staff partnership**

## **Relationship-Based Care Principles**

- UCLA Nursing Principles of Relationship-Based Care

[UCLA Nursing Principles](#)

- Principles for Clinical Professionals of Relationship-Based Care

[Professional Clinical Staff Principles](#)

- Principles for Support Services of Relationship-Based Care

[Principles for Support Services](#)

- Principles for Employee Support Service Staff of Relationship-Based Care

[Principles for Employee Service Staff](#)

# Resources for Outcome Measurement Dimension VII

## Action Plans Based on the RBC Principles and Outcome Measures Selected with Unit Leadership

- Health Care Improvement Institute/ QI Toolkit

### [QI Toolkit](#)

- UCLA Health Movers Dashboard (Look under View Analytics/MOVERS)
- [View Analytics Movers](#)
- RRUCLA Analytic Support/ Tracy Guy MPH Director of Nursing Strategic and Quality Initiatives  
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Unit Practice Council consultation appointment, [here](#)