

Save the Date

Conceptualizing and Presenting Clinical Practice Studies: From Abstract to Poster

Part 1: Abstract Development

Date: January 24, 2014

Location: Wilshire Center, Classroom 435

Time: 8:00 AM - 2:30 PM

Part 2: Poster Development

Date: February 28, 2014

Location: Wilshire Center, Classroom 435

Time: 8:00 AM - 2:30 PM

CE Credits Given
Enrollment information to follow

Nursing Grand Rounds

Date: January 16, 2014

Topic: "Defining and Characterizing Futile Care in the Intensive Care Unit"

Speaker: Thanh Huynh, M.D.

Location: RRMC 3-3102

Time: 1:00 PM - 2:00 PM

1.0 CE Credit

Refreshments will be served

UCLA Research & Evidence-Based Practice Conference

Date: April 30, 2014

Location: Covell Commons at UCLA

Time: 8:00 AM - 4:30 PM

Keynote Speaker: Elizabeth A. Henneman, PhD, RN

Registration information to follow



Announcing the Anna Gawlinski Research and Evidence-Based Practice Scholarship

By Norma McNair, PhD, RN

In recognition of the many contributions made by Dr. Anna Gawlinski to the Research and Evidence-based Practice Program, we are pleased to announce a scholarship in her name that will be awarded beginning in 2014. Dr. Gawlinski laid the foundation for the Research and Evidence-based Practice Conference 13 years ago and this scholarship honors that specific contribution.

The Anna Gawlinski Research/EBP Scholarship recognizes staff nurses who demonstrate an interest in research and evidence-based practice.

The purpose of the scholarship is to support a staff nurse's attendance at the UCLA Annual Research and Evidence-based Practice Conference. The scholarship will pay the registration fee for the nurse to attend.

Five scholarships will be awarded for the conference on April 30, 2014. Criteria for the scholarship include:

- Must be a staff nurse in the UCLA Health System;
- Attendance at the UCLA Research and EBP conference for which you receive the award;
- Must work with UD/CNS/Educator to advance EBP on the unit;
- Must bring back to the unit staff information that has been learned

The scholarship is open to all staff nurses who work in the UCLA Health system. Individuals who are presenting at the conference are not eligible to apply. In addition, unit leadership (Unit Director, Clinical Nurse Specialist, Educator) are not eligible to apply.

The call for applications will be sent out after the first of the year. The application is short and will be evaluated by the Nursing Practice Research Council (NPRC). The application must be signed by the staff member, the Unit Director and the Clinical Nurse Specialist. Please be sure to complete the entire application as incomplete applications will not be considered. Winners will be notified as soon as possible so that schedules can be accommodated for attendance.

The NPRC looks forward to reviewing your application and we are excited to be able to offer this to the nursing staff at UCLA Health. For further information, please contact Dr. Norma McNair, Chair of the NPRC at nmcnair@mednet.ucla.edu.



Clinical Practice Council Highlights

The Clinical Practice Council (CPC) revises and develops new Clinical Guidelines, Practice Alerts, and Post Tests with the latest evidence.

Clinical Practice Alerts are succinct, dynamic directives for practice that are supported by research to ensure excellent care and a safe work environment.

Practice Alerts can be accessed at <http://www.mednet.ucla.edu/nursing>. The CPC has recently posted the Clinical Practice Alerts and Post Tests listed below:

- ✓ Nur-HS 132 [Cerebrospinal Fluid Drainage Utilizing an External Ventricular Drain \(EVD\) or an External Lumbar Drain \(ELD\)](#)
- ✓ Nur-138 [Arterial Punctures](#)

Research Grants

| | | |
|-------------------|-----------------|--|
| Varies | 25,000 – 50,000 | AETNA |
| Varies | Varies | STTI/RNF |
| Varies | Varies | STTI/ENA |
| Varies | 1,500 | AACN Physio-Control Clinical Practice Grant |
| Varies | Varies | ALA of California |
| Ongoing | Varies | California HealthCare Foundation |
| Ongoing | Varies | California Wellness Foundation |
| Ongoing | Varies | The Nathan Cummings Foundation |
| Ongoing | Varies | American Respiratory Care Foundation |
| Dec. 1 | 5,000 | Sigma Theta Tau |
| Feb. 1 Sept. 1 | 50,000 | Alcohol Beverage Medical Research Foundation |
| Mar. 9 Sept. 4 | Varies | Christopher Reeve Paralysis Foundation |

For more information regarding nursing grants please contact Vahe Grigoryan at Vgrigoryan@mednet.ucla.edu.



QI, EBP, & Research... Do You Need the IRB?

By Vahe Grigoryan, BSN, RN

Nurses, in their role as scientists and as frontline clinicians are in an ideal position to impact the quality of care. Nurses can do this by implementing quality-improvement (QI) projects, evidence-based projects (EBP), or research projects. However, before they do so, nurses need to be mindful of the differences among the three, and when the Institutional Review Board plays a role.

QI and EBP projects differ from research in their intent, design, and risks and benefits to subjects. In QI, the intent is to improve systems and processes by analyzing data. In EBP, the intent is to formulate a clinical, educational, or administrative question, and find solutions by analyzing existing evidence, applying clinical expertise, while taking into consideration patient preferences. In research, the intent is to validate existing knowledge or to create new knowledge. Research is more rigorous in design and may pose greater risk for patients/subjects. QI is less rigorous and adheres to established QI methods such as FOCUS-PDCA and A3. EBP projects are also less rigorous than research and are mainly concerned with reviewing the literature, ranking the evidence and implementing a practice change. The Iowa Model of Evidence-Based Practice to Promote Quality Care is used at UCLA Health to guide QI and EBP projects (Titler, 2007). QI and EBP impose little to no risk to the patient. The focus of QI and EBP projects are usually to improve patient care or service at UCLA Health.

It is important for nurses to know these differences in order to ensure compliance with federal as well as institutional regulations. At UCLA, all research projects must be reviewed by the UCLA Institutional Review Board (IRB) to ensure compliance with regulations, and more importantly, the safety of research subjects.

Differentiating among QI, EBP and research projects can be challenging at times since they share some similar qualities. For example, both EBP and research may include a systematic review of the literature. When there is uncertainty regarding the qualification of a project, it is best to approach the UCLA Office of the Human Research Protection Program (OHRPP) and access their resources for guidance. Guidance for determining which activities require IRB review can be found [here](#). More resources, including contact information, can be found on the UCLA OHRPP site at <http://ora.research.ucla.edu/OHRPP/>.