

Save the Date:
December 5 & 6, 2013

Understanding and Critiquing a Research Report

Location: Faculty Center

Time: 8:00 AM to – 3:30 PM

CE Credits Given

Enrollment information to follow

Congratulations to the Evidence-Based Practice Poster winners at the 12th Annual UCLA Research and Evidence-Based Practice Conference!

1st Place EBP Poster Award

Improving Pain Satisfaction using the Appropriate Tool and Proper Documentation in the ICU

Jeannet Odero, RN
SM-UCLA ICU

2nd Place EBP Poster Award

Turnaround Time for the First-Dose of an Antibiotic in the NICU

Tracy Kuge, RN
RR-UCLA NICU

3rd Place EBP Poster Award

Interventions for Decreasing Pressure Ulcers in an ICU Setting

Melinda Catubig-Espiritu, RN
SM-UCLA ICU

Nursing Grand Rounds

Date: Thursday October 17, 2013

Topic: Demystifying the Institutional Review Board

Speaker: Vahe Grigoryan, RN, BSN

Location: RRM 3-3102

Time: 1:00 PM – 2:00 PM

1.0 CE Credit

Save the Date:
October 31, 2013

Library Class “Finding Answers to your Clinical Questions”

Location: Biomedical Library (CHS 12-077)

Time: 8:00 AM to – 3:30 PM



New Director of Nursing Education, Practice and Research

By: Norma McNair, RN, PhD

Please join us in welcoming **Dr. Lee Galuska** as our new Director of Nursing Education, Practice and Research effective August 26, 2013. Lee joins us from St. Francis Hospital and Medical Center, Hartford CT where she was the Director of the Center for Nursing Education and Practice Innovation and also the Magnet Coordinator. At St. Francis she established a state of the art multidisciplinary simulation program, collaborated with local universities in creating innovative education models and engaged staff in leading change, advancing quality, safety and improving patient outcomes.

Previous to her appointment at St Francis she worked as the Director of Women’s Services, Inpatient Medical Services and Inpatient Psychiatry at MidState Medical Center, Meriden, CT where she was able to achieve Press Ganey results consistently greater than the 90th percentile for all her areas.

Lee received a Doctor of Philosophy from University of Connecticut, Storrs, CT, a Master of Science in Nursing Administration from University of Hartford, CT and a Bachelor of Science in Nursing from University of Connecticut. Lee has published several articles on leadership in Hospitals and Health Networks, Nursing Spectrum, and American Journal of Maternal Child Nursing.

“I am honored and thrilled to become part of such a strong and successful UCLA team. My hope is to contribute to the success by working with the team to cultivate leadership in every nurse, nurture exemplary professional practice and foster the development, application, and dissemination of new knowledge. I look forward to a bright future as a member of the UCLA family.”

We are very happy to have Lee as part of our Nursing Research and Education team and ask that you join us in welcoming her to UCLA.



Clinical Practice Council Highlights

The Clinical Practice Council (CPC) revises and develops new "Clinical Guidelines, Practice Alerts, Post Tests" with the latest evidence.

Clinical Practice Alerts are succinct, dynamic, directives for practice that are supported by research to ensure excellent care and a safe work environment.

Practice Alerts and their post tests can be accessed at <http://www.mednet.ucla.edu/nursing>

The CPC has recently posted the Clinical Practice Alerts and Post Tests listed below:

- ✓ Family Presence During Cardio-Pulmonary Resuscitation (Nur HS G1018)
- ✓ Ventilator Associated Pneumonia (VAP) (Nur HS G1033)

Earn 2.5 CE Units!

Evidence-Based Practice Self Study Packet

Enter the UCLA Mednet Home Page <http://www.mednet.ucla.edu>

- Click on Nursing Staff Information
- Review Programs under "Nursing Research and Evidence-based Practice"
- Click on "Education Events and Learning Resources"
- Click on Research and EBP
- Click on EBP Self Study Packet with CE's

To Access Nursing Research and Evidence-Based Practice Information

Enter the UCLA Mednet Home Page <http://www.mednet.ucla.edu>

- Click on Nursing Staff Information
- Review Programs under "Nursing Research and Evidence-based Practice"



Dive into EBP and Research!

By: Virginia Erickson, RN, PhD

Nurses, as well as clinical, educational and administrative leaders, are challenged to deliver evidence-based care while managing demanding patient loads and attempting to keep pace with the latest recommendations for their clinical practice. The Nursing Practice Research Council (NPRC) developed a series of classes to increase nurses' knowledge of research and evidence-based practice (EBP), and help build knowledge and skills about ways to share the results of unit-based projects with colleagues throughout the Health System.

The **Library class** focuses on finding evidence-based answers to clinical questions and gives the nurses an overview of information and resources. Participants practice search strategies in electronic databases such as PubMed and CINAHL. This class is especially helpful if the nurse is new to literature searching, has a clinical question that requires further inquiry, or is beginning a new project.

The **2-day Critique class** provides the basic knowledge and skills to read and critique a research report. All studies have flaws and strengths; by weighing them, you can determine the applicability of research findings to clinical practice, and if there is sufficient research to change practice. Research critique builds the scientific basis for nursing practice and enables the utilization of research findings.

The **Abstract class** is designed for nurses to develop skills in writing abstracts for presentations. Nurses learn the components of different types of abstracts. Draft abstracts are presented, evaluated and critiqued by the class.

The **Poster class** helps nurses develop skills in building posters for presentations and learn principles for planning and designing an effective poster. Students use PowerPoint to make slides for a poster using outcomes from a clinical project. Draft posters are presented, evaluated and critiqued by the class.

The **Annual Research & EBP Conference** offers an opportunity for nurses to showcase their projects and to learn the latest evidence for clinical practice. Keynote speakers are national leaders in research and EBP.

For more information about these classes, visit the Research & Evidence-Based Practice Program website <http://www.mednet.ucla.edu> or contact your unit CNS or Educator.