Overview:

The UCLA Chief Resident’s Clinic (Resident Clinic) is held each Friday from 1:00 to 4:00 PM. Patients are scheduled in CareConnect under the resident’s name in login department 60420: SURG PLASTICS MP 2.

Patient Eligibility:

Patients receiving Medi-Cal benefits are ineligible to participate in the Resident Clinic and must be declined for cosmetic surgery.

Patients interested in reconstructive procedures and/or procedures that would be billed to their insurance are ineligible for the resident clinic, and should ask their primary care physician for a referral to plastic surgery, which will allow them to be seen by the faculty.

Attending Supervision:

The resident assigned to the Resident Clinic will be supervised by a clinical attending, typically a member of the volunteer clinical faculty. The attending assigned to supervise a Friday clinic will also supervise any surgeries scheduled for the following Wednesday. This allows the attending to see the patient pre-operatively.

The resident assigned to the clinic is responsible for confirming the attending for both the Friday clinic session and the following Wednesday’s operative cases. The resident should verbally review the clinic schedule with the attending at least one day prior to clinic.

The Resident Clinic Attending Schedule will be posted on the plastic surgery website at: www.plasticsurgery.ucla.edu, under Academics / Resident Resources.

All new patient consults, pre-operative patients, and post-operative patients must be seen with an attending present. Male residents must have a female chaperone (i.e. femaleattending, nurse or a surgical coordinator) during all consults with female patients. Female residents are encouraged to seek a chaperone as necessary.

Clinic Roles:

The nursing staff will room the patients, collect their vitals, and lay out any instruments that you may need.

The Resident Clinic Coordinator will manage the clinic schedule, schedule all patient appointments, quote fees and collect payments, order implants, and schedule surgeries.

The resident is responsible for completing the surgery scheduling form, obtaining all necessary consents, documenting the patient visit in CareConnect, entering all orders, labs, and prescriptions into CareConnect, and completing all dictations in a timely fashion.
Procedures Offered:

The purpose of the Resident Clinic is to provide residents with first-hand clinical exposure to a variety of cosmetic procedures, and also to practice management. The surgeon’s fees for procedures scheduled through the resident clinic are greatly reduced (e.g. the professional fee for a Breast Augmentation, CPT 19325, is normally $4,000; booked through the resident clinic, the professional fee for this procedure is $500). Patients are still required to pay the established package rate for the facility and anesthesia fees. We are not able to offer any discounts on these fees.

Given the educational rationale of the Resident Clinic, residents are restricted on the types of procedures they may perform and the techniques they may pursue.

Residents are expected to use well-established and widely accepted surgical techniques. Patient safety and a satisfactory aesthetic outcome are paramount. The resident clinic is not a forum to attempt novel techniques with which the resident or supervising faculty would like to gain experience. There can be no exceptions or compromises in this regard. Any questions or concerns regarding this policy must be brought to the attention of the Program Director or Division Chief BEFORE the case is scheduled.

Laser treatments are not offered through the resident program. Patients interested in laser should be referred to UCLA Dermatology.

Injectibles/Fillers (Botox, Restylane, etc.) are NOT offered through the resident program, as the fees for these products cannot be reduced. If a patient expresses interest in an injectable treatment, the patient should be referred to a faculty member.

Procedures should generally be scheduled individually, so as to keep surgery/anesthesia time within a safe duration. Patients wishing to undergo multiple procedures should schedule those procedures serially. Procedures may be combined and performed during the same surgery only when they are naturally harmonious. For instance, a mastopexy could be performed in conjunction with a breast augmentation. A facelift may be performed with a browlift. However, an abdominoplasty may not be combined with a breast augmentation or face lift.

Fees:

Fee Estimates are broken down into four categories:

- **Surgeon’s fees** – There is a set fee for each cosmetic procedure. Additional discounts are not available.

- **Facility fees** – Facility fees are based on special package rates.

- **Anesthesia fees** – Anesthesia fees are billed at $300/hour for cosmetic surgery. The amount collected from the patient prior to surgery will be based on the amount of time that you schedule the case. Any additional anesthesia time will be billed to the patient.
after surgery. This will be explained to patients in their financial quote. Anesthesia fees cannot be discounted.

**Material fees** - Any materials or equipment (implants, garments, products, etc.) required for surgery are not included in our fee estimates. Please ask the coordinator about the availability and costs. Material fees cannot be discounted.

Please see Resident Clinic Fee Schedule for complete list of cosmetic procedures offered.

**Surgery Scheduling:**

1. If a patient elects to schedule surgery, they will be asked to pay a $500 non-refundable deposit. The Resident Clinic Coordinator will collect the payment.

2. The Resident Clinic Coordinator will schedule the surgery. The date will be determined by the availability of operative time in the Outpatient Surgery Center, the availability of the attending, and the patient’s preferences. Cases are typically scheduled for Wednesday mornings with an 8:30 AM start.

3. The resident will be responsible for entering all pre-operative instructions into CareConnect, along with the orders for any pre-operative labs or work ups. The Resident Clinic Coordinator will review the pre-operative instructions with the patient, provide them with written instructions, and a list of medications to avoid prior to surgery.

4. All operative patients must be scheduled for a pre-operative appointment on the Friday prior to their Wednesday surgery date. The Resident Clinic Coordinator will schedule the appointment. This enables the operating attending to see the patient before surgery. This is critical, so as to avoid any changes in plan on the morning of the operation. Such last minute changes may compromise informed consent, and pose a significant medico-legal risk.

5. Patients can complete their pre-operative lab work through their primary care physician’s office or through the lab on the first floor of 200 UCLA Medical Plaza. All lab work must be completed and returned to our offices at least 10 days prior to surgery.

6. Patients must obtain medical clearance from their primary care physician. The surgical coordinator will provide the patient with an H&P form for their PCP to complete. The clearance form must be returned (via fax) at least 10 days prior to surgery.

7. The Resident Clinic Coordinator will provide the patient with a quote – a patient financial letter – detailing the surgeon’s fee, the facility and anesthesia fees, and the fees for any materials used during the procedure. Patients will be billed after surgery for any additional anesthesia time or applicable pathology fees. All fees must be paid in full prior to surgery.
8. The resident must complete a surgery/OR scheduling slip, indicating procedures/CPTs and diagnosis/ICD-9s, as well as required lab work and date/time of pre-op anesthesia appt. The OR slip must be faxed to the following:

Surgery Center x41104
Pre-op anesthesia x49630
Financial services x41135

9. The resident should discuss with the Resident Clinic Coordinator any implants or materials or garments that may need to be ordered prior to surgery. Please discuss which implants to order with the attending well in advance.

10. The resident should provide all surgery patients with his or her pager ID and the number for the page operator: (310) 825-6301. Patients should be advised to page the resident directly if they have any questions or concerns.

Pre-Op:

All surgical patients must have a pre-op appointment on the Friday prior to their scheduled Wednesday morning procedure. The Resident Clinic Coordinator will schedule the appointment.

At the pre-op appointment, patients are usually meeting the supervising attending for the first time. The resident should review the case with the attending before going into the room with the patient and then introduce the attending to the patient.

The resident should confirm that all necessary materials (implants, compression garments, etc.) have been ordered and will be available on the date of surgery.

The resident should review the patient’s pre-operative reports (lab work, EKG, H&P, etc.) and confirm that all results are within the accepted range.

If any additional (or outstanding) lab work needs to be completed, the patient should be directed to the first floor lab in 200 UCLA Medical Plaza. If the labs cannot be completed, the surgery will need to be canceled.

Photography:

Photos must be taken of all pre- and post-operative patients—no exceptions. The photos must be stored in the Plastic Surgery Clinic’s digital archive.

Day of Surgery:

The resident will be responsible for transporting any necessary materials (implants, etc.) up to the Outpatient Surgery Center prior to surgery and for returning any unused materials to the
Resident Clinic Coordinator after the surgery has been completed. The Resident Clinic Coordinator will facilitate any necessary returns.

**Post-Op:**

All patients must return for a post-operative appointment. The resident should advise the patient on when to return; the Resident Clinic Coordinator will schedule the appointment.

An attending must be present for the post-op visit. If an appointment needs to be scheduled on a day other than Friday, the resident and Resident Clinic Coordinator should confirm the availability of a time slot with the clinic manager.

Post-op photos must be taken during the post-operative visit.

**Minor OR Procedures:**

The resident can make use of the clinic’s Minor Procedure room for small procedures (skin excisions, mole removals, etc.) performed under local anesthesia.

An attending must be present. Minor procedures are typically scheduled on Wednesday mornings, prior to the start of surgical cases in the Outpatient Surgery Center.

The Resident Clinic Coordinator will confirm the availability of the minor OR and will schedule it in the clinic’s scheduling book.

The facility fee for the minor OR is $225 per hour.

**Trauma Cases:**

The plastic surgery attending on call may ask the resident to see post-op trauma patients during the Friday Resident Clinic. These post-op trauma patients will be scheduled under the resident’s name in CareConnect.

The resident should page the plastic surgery attending on call to discuss the patient and review the treatment plan. The plastic surgery attending will co-sign the resident’s progress note in CareConnect.

For suture removals and non-surgical lacerations, patients should be referred to their PCP.

Post-op HMO patients who wish to schedule a follow-up appointment beyond their post-op global period should be referred to their PCP.