### Hours of Operation
Monday through Friday
Lunch Served 11:00 – 2:30 PM
Oct. 6, 2019 to Oct. 11, 2019

### Dining Commons Menu
Ronald Reagan UCLA Medical Center

#### Soups of the Day

**M**
- Cream of Potato Soup
- Chicken Rice Soup

**T**
- (Vegan) Minestrone Soup
- Chicken Gumbo Soup

**W**
- Chicken Tortilla Soup
- (Vegan) Vegetable Medley Soup

**T**
- (Vegan) Vegetable Garden Soup
- Beef Barley

**F**
- Clam Chowder Soup
- Chicken Tuscan Soup

#### Weekly Entrée Specials

**M**
- Sustainable Trout W/Quinoa Scarlett & Pineapple Vinaigrette
- Grilled Salmon W/ Masala Coleslaw
- Tofu, Spinach, & Mushroom Pasta Marinara (Vegan)
- Pancit Bihon (Vegan)

**T**
- Cajun Catfish W/ Mango Tartar Sauce
- Breaded ABF Chicken Artichoke
- Meat Lasagna
- Vegetarian Eggplant Parmesan

**W**
- Roasted Salmon W/ Honey Pepper BBQ Sauce
- Oven Baked BBQ ABF Chicken W/ Coca-Cola BBQ Sauce
- Pork Spare BBQ Ribs W/ Hickory BBQ Sauce
- Vegetarian Chiles Rellenos W/ Roasted Tomato Sauce

**T**
- Oven Baked Southern Fried ABF Chicken
- Roasted Salmon W/ Bistro Sauce
- Hot Pot Casserole (Vegan)
- Macaroni and Cheese

**F**
- Grilled Salmon W/ Veracruz Sauce
- Roasted Chicken Honey Spicy
- Pork Chile Colorado W/ Corn Tortillas
- Vegetarian Pesto Penne Pasta

#### Weekly Grill Specials
**Combo (1 side order)**

**M**
- Beef, Chicken, Shrimp or Tofu Stir Fry over Jasmine Rice
- Grilled Salmon Salad or Sandwich

**T**
- Spinach Quinoa Turkey Wrap W/ Wheat, White or Spinach Tortilla
- Chicken or Beef Quesadilla W/ Pico De Gallo & Sour Cream

**W**
- Beef, Chicken, Shrimp or Tofu Stir Fry over Yakisoba Noodles
- Tofu Made to Order over Yakisoba Noodles

**T**
- Beyond Chili Fries
- Hot Spicy Chipotle Wrap W/ Turkey or Roast Beef

**F**
- Chicken Salad Wrap
- Beyond Breakfast Burrito

#### International Corner

**Mon**
- Hainam Chicken or Beef Bulgogi w/ Rice & Vegetables

**Tues**
- Bread Pudding W/ Bourbon Cream Sauce

**Wed**
- Korean Beef Bowl or Seafood Noodle Bowl with 2 sides

#### Compound Salads

**Mon**
- Quinoa Kale Salad (Vegan), Crab Salad
- Chicken Curry Salad

**Tues**
- Thai Tofu Salad (Vegan), Chicken & Vegetable salad, Orzo Greek Salad (Vegan)

**Wed**
- Rice Citrus Salad, Waldorf salad, Thai Spicy Noodle Salad

**Thurs**
- Couscous Tropical Salad (Vegan), Roma Tomato Salad, Salmon Fettuccine Salad

**Fri**
- Farro Salad (Vegan), Mexican Fiesta Rice Salad, Ceviche Salad

[https://www.uclahealth.org/DiningCommons](https://www.uclahealth.org/DiningCommons)
**Always available:**

- Oatmeal Toppings
  
  *(Cranberries, Walnuts, and Mixed Raisins)*
- Breakfast Burritos
  
  *(Every other Friday)*
- Breakfast Sandwich
  
  *(Every other Friday)*
- Low-fat Muffins
- Waffles (Tuesdays)
- **Healthy Breakfast Combo**
  
  *(Oatmeal or any other Hot Cereal, whole Fresh Fruit & Coffee or Medium Fountain Juice)*
- Brown Rice

- Beyond Burger
  
  *(100% Plant Based)*
- Vegan Burger
- Buffalo, Asian, or BBQ Chicken Wings
  
  *(Rotated Daily)*
- Hotdogs (Lunch & Dinner)
- Grab & Go Sandwiches
- Vegan Salads
- Grilled Chicken Salad
- Philly Beef or Chicken Cheese Steak Sandwich
- Grab & Go Sushi
- Seasoned Baked French Fries
- Vegetarian Chili
- Kosher Sandwiches

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**Now Available On Weekends:**

**Made to Order Stir Fry & Pasta**

Fresh Fruit, Potato Salad, Coleslaw, Seasoned Baked French Fries or Tossed Salad is available at the grill for lunch and dinner as a side of your choice with any combo

Small Fountain Juice Drink or Small Bottled Water

(Included with Combo purchase at the Grill and Hot Entrée Stations)

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