

## Stewart and Lynda Resnick Neuropsychiatric Hospital at UCLA

### About us

The Stewart and Lynda Resnick Neuropsychiatric Hospital at UCLA is among the leading centers in the world for comprehensive patient care, research and education in the fields of mental health, developmental disabilities and neurology. It is the major psychiatry teaching facility of the David Geffen School of Medicine at UCLA and Ronald Reagan UCLA Medical Center, one of the nation's top-ranked medical centers.

The Resnick Neuropsychiatric Hospital is an independently accredited and licensed hospital located on the fourth floor of the Ronald Reagan UCLA Medical Center, with its own entrance and address. The hospital was named in honor of Stewart and Lynda Resnick, whose generous donation through the Resnick Family Foundation supported the construction of the neuropsychiatric hospital.

The Resnick Neuropsychiatric Hospital's vision is to serve the health care needs of the community, its patients and their families through excellence in research, education and the delivery of neuropsychiatric and behavioral health services.

### World-class patient care

Patients of all ages with psychiatric illnesses and developmental disabilities receive innovative treatment and compassionate care. Team members include specialists in psychiatry, neurology, medicine and pediatrics, as well as nursing, psychology, occupational therapy, recreational therapy, speech pathology, social work and special education.

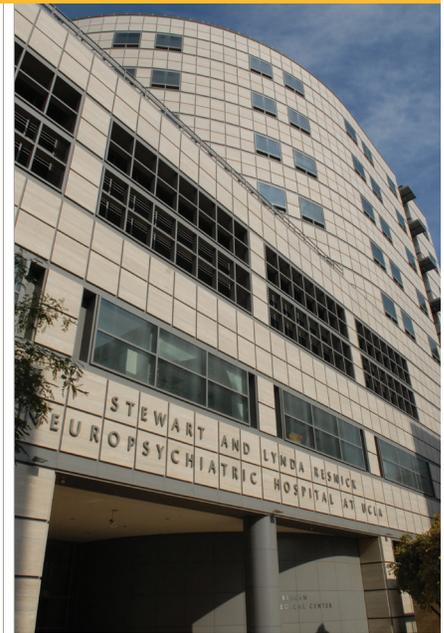
Patients of the Stewart and Lynda Neuropsychiatric Hospital and their families participate actively in their plan for treatment, during hospitalization and after discharge.

Treatment is tailored to each age group:

#### Child psychiatry

Child and adolescent psychiatry services provide care for young patients with disorders such as autism, schizophrenia and eating disorders.

Our child inpatient services offer treatment for a variety of psychiatric disorders, including conduct disorder, attentional-deficit/hyperactivity disorder, schizophrenia and other psychotic disorders, autism and other developmental disorders, and other complex neurobehavioral disorders.



### By the numbers

- Ranked No. 8 in the nation in psychiatry by *U.S. News & World Report*
- 74 inpatient beds
- 75,020 square feet
- Average length of stay: 12.83 days

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The Child and Adolescent Partial Hospital and Intensive Hospital Program provides daytime acute care services for children and adolescents in an outpatient setting with participants returning home at night. Specialties of this program include treatment for autism-spectrum disorders, obsessive-compulsive disorders and other disorders of childhood.

### **Adult psychiatry**

Adult psychiatry services provide comprehensive care for patients with psychiatric illness ages 18 and over.

Our adult inpatient services accept patients admitted under the care of psychiatrists on either a voluntary or an involuntary basis. The Inpatient Unit is divided into three distinct neighborhoods and provide intensive nursing care and treatment for patients in severely disorganized, unsafe or agitated states, as well as routine nursing care for the treatment of acutely ill psychiatric patients.

The Adult Partial Hospital and Intensive Outpatient Program offers daytime acute care services for adults in an outpatient setting with participants returning home at night. Specialties include treatment for severe mood disorders, dual diagnosis, obsessive-compulsive disorders, post-partum mood disorders, thought disorders and trauma.

### **Geriatric psychiatry**

Geriatric psychiatry services provide comprehensive care for adults 55 and older. Common services in the geriatric services program include evaluation and differential diagnosis of acute emotional and behavioral problems such as mood disorders, dementia psychosis and complex behavioral disturbances that may be associated with underlying medical illnesses.

The Geriatric Medical Psychiatry Unit is an acute-care setting facility where geriatric patients are evaluated and stabilized. The team provides patients and families with education and treatment to ensure a smooth transition back to the community. The Geriatric Psychiatry Unit has expertise in Electroconvulsive therapy (ECT) and provides this service within both the inpatient and outpatient settings.

## **Healing by design**

Designed by world-renowned architects I.M. Pei and C.C. Pei, as well as a team of architects headed by Perkins & Will, Pei Partnership Architects and RBB Architects, the stunning facility is humanizing, rich in natural light and engineered to enhance the feeling of several smaller hospitals rather than a single overwhelming space.

The Steward and Lynda Resnick Neuropsychiatric Hospital at UCLA features mostly all-private rooms for a calm and quiet atmosphere. Large windows provide patients with an abundance of natural outdoor light and views of gardens, green spaces and gathering places that surround the new building, and an outdoor terrace provides easy access to open air and sunlight. The adult outdoor patio features an area to conduct group-therapy sessions, enhancing the healing process for psychiatric patients.

## **Hospital leadership**

**Peter C. Whybrow, MD** – Director, Semel Institute for Neuroscience and Human Behavior; Judson Braun Distinguished Professor and Executive Chair, Department of Psychiatry and Biobehavioral Sciences of the David Geffen School of Medicine at UCLA; Physician-in-Chief, Stewart and Lynda Resnick Neuropsychiatric Hospital at UCLA

**Thomas B. Strouse, MD** – Medical Director, Stewart and Lynda Resnick Neuropsychiatric Hospital at UCLA

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