

Volunteer for medically supervised research at the UCLA Center for Human Nutrition

**Study to Determine the Effect of Diet on Long-COVID Symptoms**

**Purpose:** This is a nutritional study that examines the effect of diet on Long-COVID symptoms.

**You may qualify if you meet the following criteria:**

- 50-80 years old
- Diagnosed with Long-COVID
- Experience symptoms of “brain fog”, fatigue or mood problems
- Have visual and auditory capacity to allow neuropsychological testing

**Procedures and Compensation:**

- 12 week study - 3 in-person visits and 2 video visits
- You will be given a snack per day to eat with your usual diet
- In the beginning and end tests to evaluate your cognition, fatigue and mood and blood and urine collection
- Up to \$200 compensation

**INTERESTED?**

Please email [uclanutrition@gmail.com](mailto:uclanutrition@gmail.com).

As the confidentiality of emails cannot be guaranteed, do not include any sensitive information in your email if you choose to respond by that method.

This research study is being conducted by Zhaoping Li, MD, PhD and has been approved by the Institutional Review Board.