UCLA Summer Sessions

# UCLA ONLINE SUMMER SESSION A (5 GE UNITS) MED 185: INTEGRATIVE EAST-WEST MEDICINE FOR HEALTH AND WELLNESS

Optimizing health by restoring Flow, Balance and Spirit in the post-pandemic era

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#### JUNE 24, 2024 – AUGUST 2, 2024

Mondays & Wednesdays | 5:00 – 6:00 PM PT (Zoom)\*

#### \*Mandatory weekly lectures:

- 2 Hrs synchronous via Zoom meetings
- 3 Hrs asynchronous via Pre-recorded videos



For inquiries, please contact Ms. Angela Ling at **YLing@mednet.ucla.edu.** 







### WHEN IS THE COURSE OFFERED?

Only Summer Session. This year – Session A 6/24– 8/2

# HOW MANY UNITS ARE PROVIDED?

5 upper division general education (GE) units in Basic Scientific Inquiry

### WHAT IS THE COURSE STRUCTURE?

This online course will have a hybrid structure with synchronous Zoom discussions on Mondays and Wednesdays 5-6pm, and asynchronous pre-recorded lectures each week.

# HOW MUCH IS THE COURSE?

Please use the Summer Session fee calculator to find an estimate based on your student status (UCLA/UC/visiting/international).

## Q DO I NEED PRIOR EXPERIENCE/COURSES IN SCIENCE OR MEDICINE TO TAKE THIS CLASS?

No, all are welcome. This course is open to students of all levels and career interests or careers from UCLA and beyond.

#### I AM A HEALTHCARE PROFESSIONAL. SHOULD I TAKE THIS COURSE?

Healthcare professionals interested in expanding their career in integrative medicine will also benefit from this course.

#### IS IT POSSIBLE TO TAKE THE COURSE WITHOUT CREDIT/ENROLLING THROUGH SUMMER SESSIONS OR REGISTRAR?

Yes, please contact Angela Ling (yling@mednet.ucla.edu) for more information.

# FURTHER QUESTIONS?

Please contact Angela Ling (yling@mednet.ucla.edu).

