

UCLA Online Summer Session (5 GE Units)

MED 185: Integrative East-West Medicine for Health and Wellness

Building Resilience Through Integrative Self-Care
for Everyday Health and Balance



June 22, 2026 – July 31, 2026

Course Co-Chairs:

Ka-Kit Hui, MD & Mary Fok, MD



For inquiries, please contact
Ms. Annie Law at
ALaw@mednet.ucla.edu.





Q When is the course offered?

Only Summer Session. This year – Session A 6/22 – 7/31

Q How many units are provided?

5 upper division general education (GE) units in Basic Scientific Inquiry

Q What is the course structure?

This online course will have a hybrid structure with synchronous Zoom discussions on Mondays and Wednesdays from 5-6pm, and 3 hours of asynchronous pre-recorded lectures each week.

Q How much is the course?

Please use the Summer Session fee calculator to find an estimate based on your student status (UCLA/UC/visiting/international).

Q Do I need prior experience/courses in science or medicine to take this class?

No, all are welcome. This course is open to students of all levels and career interests or careers from UCLA and beyond.

Q I am a healthcare professional. Should I take this course?

Healthcare professionals interested in expanding their career in integrative medicine will also benefit from this course.

Q Is it possible to take the course without credit/ enrolling through Summer Sessions or Registrar?

Yes, please contact Annie Law (alaw@mednet.ucla.edu) for more information.

Q Further questions?

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