UCLA POST-Acute SKILLED NURSING FACILITY Rotation (UCLA NH)

## LOCATION Berkley East Healthcare Center

2021 Arizona Avenue

Santa Monica, CA 90404

(310) 829-5377

https://www.berkleyeast.com/

## CONTACTS

## Rotation Attending:

## SNF and Rotation Site Director: Susan Leonard, MD

Berkley East Medical Director: UCLA Division of Geriatrics

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## 310.206.8272 (clinical office)

## 310.825.8253 (academic office)

## DESCRIPTION

During this rotation, fellows learn to provide medical care in the post-acute rehabilitation setting of a nursing home affiliated with the UCLA Division of Geriatrics. Fellows will have primary responsibility for post-acute patients (total numbers variable) and will work with the interdisciplinary team at the nursing facility. The geriatric fellow will round with the attendings and may participate in teaching to UCLA internal and family medicine trainees and medical students. There will be didactic sessions on relevant post-acute care/nursing home topics throughout the rotation. The fellow will also be responsible for taking geriatrics-on-call Friday pm to Sat am.

## GOALS

1. Develop expertise in the management of geriatric patients in the post-acute skilled nursing setting.
2. Acquire an understanding of the roles and functions of interdisciplinary team members, including physical therapists, occupational therapists, speech therapists, nurses, social workers and dieticians.
3. Demonstrate the ability to work with a multidisciplinary team of physicians and other health professionals.
4. Acquire an understanding of nursing home rules and regulations as they apply to patient care issues.
5. Learn about managing geriatrics on call, efficient phone triage, quality control and SBAR (Situation-Background-Assessment-Recommendation) communication.
6. Work to improve quality of care, decrease readmissions and ED utilization.
7. Understand diseases and management of patients from common conditions post hospitalization and at high risk of poor outcomes.

## OBJECTIVES

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| --- | --- | --- | --- | --- | --- | --- |
|  | **COMPETENCIES** | | | | | |
| OBJECTIVES | Patient Care | Medical Knowledge | Practice Based Learning | Interpersonal Communication Skills | Professionalism | Systems Based Practice |
| The fellow will provide medical management of patients in the acute rehabilitation setting and assist in the coordination of their care from the initial evaluation on admission to the discharge arrangements. | X | X | X | X | X | X |
| The fellow will lead rounds with the attending and during which patients’ medical problems, progress with therapy, and other issues are discussed. | X | X | X | X | X | X |

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| --- | --- | --- | --- | --- | --- | --- |
|  | Patient Care | Medical Knowledge | Practice Based Learning | Interpersonal Communication Skills | Professionalism | Systems Based Practice |
| **TEACHING METHODS** | Role Modeling, Discussion on rounds, Medical literature, | Didactic sessions, Medical literature, discussion on rounds | Discussion on rounds | Role modeling, interdisciplinary team meeting, family meetings | Role modeling, interdisciplinary team meeting | Role modeling, interdisciplinary team meeting |
| **METHOD OF EVALUATION** | Chart review, attending evaluation | Evaluation of lectures, attending evaluation, chart review | Chart review, attending evaluation | Evaluation of lectures, attending evaluation | Evaluation of lectures, attending evaluation | Attending evaluation, chart review |

## WEEKLY SCHEDULE

\*\*Rounds with each attending are usually bi-weekly, and times variable/to be determined with each attending\*\*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| AM | UCLA NH  (admits, pt f/u) | UCLA NH  (admits, pt f/u)  \*\*fellow may have clinic\*\* | UCLA NH  (admits, pt f/u)  \*\*fellow may have clinic\*\* | UCLA NH  (admits, pt f/u) | UCLA NH  (admits, pt f/u) |
| PM | UCLA NH  (admits, pt f/u) | UCLA NH  (admits, pt f/u) | UCLA NH  (admits, pt f/u) | UCLA NH  MPGMG Lectures  3-5 pm | UCLA NH  (admits, pt f/u)  Geriatrics on call  Friday 5pm🡪Sat 8am |

* The fellows will be absent from the rotation for half a day each week to attend his/her outpatient continuity clinic.
* The fellows may have their long-term care/custodial patient experience for a half day (once/month).
* The fellows may be asked to precept medical students, interns or residence during their elective rotations that include half day SNF experiences.
* The fellows may precept family medicine residents for a half day 1-2 times/month to practice geriatric assessments.
* Fellows are excused to attend Journal Club and Geriatric Grand Rounds monthly on Friday, 8-9am.
* Fellows are excused to attend weekly MPGMG Thursday Lecture Series/didactics, 3-5pm.
* Parking is provided in the underground parking structure marked as “Valet”. Parking is free for fellows.

## USUAL CALL RESONSIBILITIES

* The fellow will take phone call for the UCLA Division of Geriatric outpatient practice and post-acute patients for their assigned call on the rotation.
* For further on call information, please refer to On Call Guidelines provided by the fellowship.

**SPECIAL RESPONSIBILITIES**

* The fellow may be required to assist with coverage on the SM-UCLA geriatric medicine service when the UCLA internal medicine residents are away at their retreat or other special event. Typically these responsibilities occur in late September/early October, late January/early February, mid-April, and mid-June. The fellow will be notified by email early in the year and reminded prior to the retreat or event.