

UCLA Consultation Rotation (updated July 1, 2021)

New Name: UCLA-RNPH Consult Rotation

Goals and Objective

1. Develop expertise in the geriatric assessment of the hospitalized psychiatric older adult
2. Acquire skills in the evaluation and management of common geriatric psychiatric conditions, including depression, dementia, and agitation.
3. Expand knowledge on the assessment and treatment of agitation in patients with dementia including both pharmacologic and non-pharmacologic interventions.
4. Recognize the value of an interdisciplinary team approach in the care of patients with dementia.
5. Understand the difference between functioning as a consultant focusing on the question being asked versus addressing all active medical items
6. Understand the process and indications for geriatric patients undergoing electroconvulsive therapy (ECT) and expand knowledge on the risks and benefits of this procedure
7. Learn how to assess for frailty in a hospitalized, pre-cardiac transplant older adult and understand how frailty affects surgical outcomes

Role of Fellow

1. Complete a full Geriatric Assessment on all new admissions to Resnick Neuropsychiatric Hospital (RNPH) (Monday-Wednesday-Friday or Monday-Tuesday-Friday). Provide Geriatric oriented advice on fall/functional assessments, discharge considerations, polypharmacy, and advanced care planning. If tests are recommended regarding these domains, it is the responsibility of that fellow to follow up results. The Geriatric fellow should not be providing advice on medical issues (e.g. UTI, chest pain, DM, HTN, etc). These issues should be deferred to the Internal Medicine Consult Team (IMCS).
2. The fellow and attending will jointly decide which patients should be followed during their inpatient psychiatric, especially if this will enhance the fellow's education. Examples include monitoring medical management of agitation, ongoing goals of care discussions, additional cognitive testing (ie: MOCA once patient is no longer agitated), or monitoring ECT treatment.
3. Participate in psychiatry team rounds at minimum twice a week.
4. Participate in Dementia Care Program by following patients in the program who are currently admitted in RNPH, participating in telephone management of dementia care, observing the initial assessment of a patient admitted to the dementia program, and participating in the weekly program meeting (see separate Goals and Objectives)

5. Give a geriatric oriented lecture to the 3rd year medical students doing their inpatient clerkships (every 8 weeks)
6. Watch at least two ECT sessions (usually Thursday mornings)
7. The fellow will NOT do the preoperative assessment of ECT. This will be done by IMCS. However, fellows are expected to follow patients undergoing ECT to monitor their improvement to this treatment.
8. Provide non-emergent geriatric consultations for patients hospitalized in UCLA Medical Center in Westwood as requested by IMCS.
9. Perform a frailty assessment for older adults undergoing cardiac transplant evaluation

Defining Medical Management vs. Geriatric Assessment

1. The Geriatric consult service will not co-manage medical conditions or write orders
2. The Geriatric consult service will not provide preoperative assessment for ECT
3. The Geriatric consult service will see new consultations three days a week and not on weekends.
4. If a consult is deemed urgent by the IMCS team, the attending will see the consult on days the fellow is not present. The attending is not available on the weekend
5. If a new medical problem arises or if there is an exacerbation of a chronic medical condition, the psychiatry team should consult internal medicine consult service (IMCS) for management of these problems

WEEKLY SCHEDULE for Fellows with Continuity Clinic on Tuesday

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
A M	UCLA-RNPH Consults	Continuity Clinic	Psychiatry Rounds (~8:30am) UCLA-RNPH Consults	Psychiatry Rounds (~8:30am) ECT (2x/month)	8am: Journal Club or Grand Rounds UCLA RNPH Consults	Off	Off
P M	Attending Rounds	Dementia Care Program	Attending Rounds	1pm: Dementia Care Program Weekly Meeting 3:00 – 5:00 pm MPGMG Thursday Lecture Series WLA-VA	Noon: MSIII Lectures (every 8 weeks) Attending Rounds	Off	Off

WEEKLY SCHEDULE for Fellows with continuity clinic on Wednesday

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
A M	UCLA-RNPH Consults	Psychiatry Rounds (~8:30am) UCLA-RNPH Consults	Continuity Clinic	Psychiatry Rounds (~8:30am) ECT (2x/month)	8am: Journal Club or Grand Rounds UCLA RNPH Consults	Off	Off
P M	Attending Rounds	Attending Rounds	Dementia Care Program	1pm: Dementia Care Program Weekly meeting 3:00 – 5:00 pm MPGMG Thursday Lecture Series WLA-VA	Noon: MSIII Lectures (every 8 weeks) Attending Rounds	Off	Off

UCLA CONSULTATION RNPH ROTATION GOALS AND OBJECTIVES

LOCATION

Resnick Neuropsychiatric Hospital at UCLA (RNPH)
150 Medical Plaza
Los Angeles, CA 90095
(Fourth floor of the UCLA Medical Center in Westwood)

UCLA Medical Center in Westwood
757 Westwood Plaza
Los Angeles, CA 90095

CONTACTS

Rotation Director/Site Director: Erin Atkinson Cook, MD
UCLA Division of Geriatrics
eatkinsoncook@mednet.ucla.edu
pager: 26731
310-206-8272 (clinical office)

DESCRIPTION

During this rotation, fellows will provide non-urgent geriatric consultation on the geriatric psychiatry unit at UCLA's Resnick Neuropsychiatric Hospital (RNPH). They also will provide inpatient geriatric consultation to medical and surgical patients at the UCLA Medical Center in Westwood if requested by the Internal Medicine Consult Service (IMCS). Fellows will expand and refine their clinical and assessment skills by encountering a wide range of psychiatric syndromes and illnesses. In particular, they will learn to work in the role of the consultant and gain insight into the current evaluation and management of common geriatric psychiatric problems and medical complications associated with these conditions. Throughout this rotation, the fellows will be under the supervision of a faculty member from the UCLA Division of Geriatrics. They will have access to the medical library, the internet and related resources, and will be given a set of current articles and didactic lectures on geriatric psychiatry and consultation. Fellows will follow a maximum of 15 patients on the consultation service at one time and see no more than 4 new consults per day.

OBJECTIVES

OBJECTIVES	COMPETENCIES					
	Patient Care	Medical Knowledge	Practice Based Learning	Interpersonal Communication Skills	Professionalism	Systems Based Practice
The fellow will provide geriatric assessments to all new patients admitted to the geriatric psychiatry ward in the Neuropsychiatric Institute (NPI) of UCLA Ronald Regan Hospital. Consultations will include complete and accurate medical and psychosocial histories including level of function, support systems, interpersonal interactions, and advanced directives.	X	X	X	X	X	X
The fellow will provide informal teaching to psychiatric interns during case discussions and a formal lecture to the medicine resident on the internal medicine consult service (IMCS).	X	X		X	X	
The fellow will participate in psychiatry attending rounds.				X	X	X
The fellow will clinically follow patients undergoing ECT	x	x	x	x	x	x
The fellow will spend time with the Alzheimer's and Dementia Care Program Nurse Practitioner and learn about the psychosocial assessment of patient's with dementia as well as telephone management of behavioral problems associated with dementia.	x	x	x	x	x	x

COMPETENCIES						
	Patient Care	Medical Knowledge	Practice Based Learning	Interpersonal Communication Skills	Professionalism	Systems Based Practice
TEACHING METHODS	Role Modeling, case discussion on rounds, medical literature review & scheduled talks during rounds	Case discussion on rounds, medical literature review & scheduled talks during rounds	Case discussion on rounds, medical literature review & scheduled talks during rounds	Role modeling & discussion on rounds	Role modeling & discussion on rounds	Case discussion on rounds, medical literature review & scheduled talks on rounds
METHOD OF EVALUATION	chart review, attending evaluation	chart review, attending evaluation	chart review, attending evaluation	Attending, Nurse Practitioner evaluation	Attending, Nurse Practitioner evaluation	chart review, attending evaluation

WEEKLY SCHEDULE for Fellows with Continuity Clinic on Tuesday

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
A M	UCLA-RNPH Consults	Continuity Clinic	Psychiatry Rounds UCLA-RNPH Consults	Psychiatry Rounds ECT	8am: Journal Club or Grand Rounds UCLA RNPH Consults	Off	Off
P M	Attending Rounds	Dementia Care Program	Attending Rounds	1pm: Dementia Care Program Weekly meeting 3:00 – 5:00 pm MPGMG Thursday Lecture Series WLA-VA	Noon: MSIII Lectures (every 8 weeks) Attending Rounds	Off	Off

WEEKLY SCHEDULE for Fellows with Continuity Clinic on Wednesday

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
A M	UCLA-RNPH Consults ECT	Psychiatry Rounds UCLA-RNPH Consults	Continuity Clinic	Psychiatry Rounds ECT	8am: Journal Club or Grand Rounds UCLA RNPH Consults	Off	Off
P M	Attending Rounds	Attending Rounds	Dementia Care Program	1pm: Dementia Care Program Weekly Meeting 3:00 – 5:00 pm MPGMG Thursday Lecture Series WLA-VA	Noon: MSIII Lectures (every 8 weeks) Attending Rounds	Off	Off

- The fellow will be absent from the rotation for half a day each week to attend his/her outpatient continuity clinic.
- The fellow will participate in psychiatry attending rounds twice a week
- The fellow will dictate/write a full geriatric assessment consultation note on all new consults.
- The fellow will follow ECT consultations through their treatment
- The fellow will have Saturday and Sunday off
- The fellow will participate in the weekend Geriatric On-Call pool
- Rounding times with the attending may vary

Call Responsibilities

- For on call information, please refer to On Call Guidelines listed on Geriatrics Fellowship website