

VA COMMUNITY LIVING CENTER (WLA CLC) ROTATION

Rev. March 25, 2022

LOCATION

VA Greater Los Angeles Healthcare System, West Los Angeles Campus
11301 Wilshire Blvd., Building 213 & 215
Los Angeles, CA 90073

CONTACTS

Rotation Director:

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Clinical Attendings

Elham Ghadishah MD (Bldg. 213 2nd floor)
Heather D'adamo, MD (Bldg. 215 3rd floor)

DESCRIPTION

The WLA CLC program provides a blend of long-term care, maintenance care and shorter, more clinically intense programs such as: medical and surgical follow-up care, skilled rehabilitation, hospice/palliative care, and respite. Geriatric fellows have opportunities to provide primary care and to develop experience in the management of patients in a long-term care setting. Emphasis is on the development of realistic therapeutic and rehabilitative goals of care, and participation in the team concept of care. Direct supervision of fellows is provided by the VA geriatrics faculty and CLC staff physicians.

GOALS

1. Provide primary medical care to frail nursing home residents and veterans with complex medical needs.
2. Understand the unique intensity of service provided and severity of illness limitations for nursing home care.
3. Be aware of extensive administrative issues involved in providing nursing home care.
4. Demonstrate knowledge and skills in the care of patients with common geriatrics problems in the nursing home setting.
5. Develop plans for care for those near the end of life.
6. Demonstrate knowledge and skill in chronic wound assessment and management.
7. Demonstrate knowledge and skill in management of polypharmacy.
8. Demonstrate knowledge and skill in nutritional assessment and management.
9. Prescribe and direct skilled rehabilitation in the nursing home setting.
10. Demonstrate knowledge and skill in management of mental illness among nursing home patients.
11. Demonstrate skills in teaching and supervision of medicine trainees.
12. Demonstrate communication skills and team leadership working with interdisciplinary teams.
13. Develop familiarity with Pathologic disease processes and how they contribute to morbidity and mortality.
14. Learn to work as part of a medical group, providing care in consultation with other physicians.

OBJECTIVES

OBJECTIVES	COMPETENCIES					
	Patient Care	Medical Knowledge	Practice Based Learning	Interpersonal Communication Skills	Professionalism	Systems Based Practice
Fellows will be responsible for admission evaluation, performing an initial history and physical examination, writing admission orders and development of plan of care for new patients admitted to the nursing home setting.	X	X	X			X
Fellows will learn how to document the care of a patient in the nursing home for long term care/ maintenance care.	X	X	X			
Fellows will round regularly with the attending physician, nurse practitioners and other team members during teaching rounds.		X		X	X	
Fellows will participate in the monthly CLC Performance Improvement Committee meeting	X		X			X
Fellows will round regularly with the wound care team		X	X	X	X	X
Fellows will round regularly with the geropsychiatry team		X	X	X	X	X
Fellows will be assigned to supervise house staff and round regularly with the attending physician on teaching rounds.				X	X	X
Fellows will round regularly with the rehabilitation team.			X	X	X	
Fellows will attend scheduled didactic and small group learning exercises		X			X	
Learn to identify Pathologic processes and apply this knowledge to improve patient care	X	X	X			

COMPETENCIES

COMPETENCIES	Patient Care	Medical Knowledge	Practice Based Learning	Interpersonal Communication Skills	Professionalism	Systems Based Practice
TEACHING METHODS	Role Modeling, Discussion on all rounds, medical literature	Didactic sessions, medical literature, discussion on all rounds	Discussion on all rounds,	Role modeling, family meetings	Role modeling, discussion on all rounds	Role modeling, discussion on all rounds
METHOD OF EVALUATION	chart review, attending evaluation, evaluation by associated health professional	attending evaluation, chart review, evaluation of lectures	chart review, attending evaluation	attending evaluation, evaluation by associated health professional, evaluation by patients	attending evaluation, evaluation by associated health professional, evaluation by patients	attending evaluation, chart review, evaluation by associated health professional

WEEKLY SCHEDULE (will vary dependent upon whether the fellow rotating in bldg. 213 or 215)

- Wound rounds/teaching (ward rounds) and IDT meetings will be dependent upon which ward the fellow is assigned to (213-2, 215-2, 215-3)
- Below is an example of the week in 213-2

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	8:30AM Rounds on the ward		9:30 AM Wound rounds 213-2	CLC Didactics 10:00 am 11:00 rounds with fellow 213-2	Geropsych Rounds 9:30am
PM	1:00pm IDT meeting 213-2 Patient Care & New Admissions	Patient Care & New Admissions	Performance Improvement Committee 213-2 conference room (3 rd Wednesday of the month) Patient Care & New Admissions	Noon Research Conference WLA VA building 220, 3 rd floor (1 st Thursday of every month) MPGMG Lecture Series 3-5pm	Patient care & New admissions

- Fellows are absent one-half day a week for continuity clinics.

CLC On CALL

- Fellows will participate in on-call pool for night and weekend coverage of the West LA CLC and Sepulveda CLC units. Expect one or two weekend and 2-3 weekday calls per month when on non-UCLA rotations