4-West Unit B Schedule

Please do not pull patients out of shaded groups Updated 06/15/2022 TIME **MONDAY TUESDAY WEDNESDSAY THURSDAY FRIDAY SATURDAY SUNDAY** ADLs/ Breakfast/ 8:00 -9:30 ADLs/ Breakfast/ ADLs/ Breakfast/ ADLs/ Breakfast/ ADLs/ Breakfast/ ADLs/ Breakfast/ ADLs/ Breakfast/ Vitals Vitals Vitals Vitals Vitals Vitals Vitals 9:30-10:00 Community Community Community Community Community Community Community Meeting Meeting Meeting Meeting Meeting Meeting Meeting 10:00 -11:15 10:15-10:30 PAC/ **CSW Seeking** DECK DECK DECK **Music Therapy** Music Therapy DECK Safety group /DECK 11:15-12:00 **OT Skills Group OT Task Group RT Group OT Task Group RT Group** Menu Planning **Activity Room/** G.A.M.E.S 12:00-12:30 LUNCH LUNCH LUNCH LUNCH LUNCH LUNCH LUNCH Personal Reflection 12:30-1:15 Time (PRT) 1:15-2:00 RT **OT Task Group** DECK **OT Task Group Nursing Group** RT OT Task Group Group Group 2-2:15pm Snacks/ 2-2:15pm Snacks/ 2-2:15pm Snacks/ *CSW Process 2-2:15pm Snacks/ 2-2:15pm Snacks/ 2-2:15pm Snacks/ 2:00-3:00 Group **Shared Decision** Nursing Therapeutic Educational Movie Movie **Educational** Group Making (CSW) Video Video 3:00-3:45pm 3:00-3:45pm 3:00-3:45pm 3:00-3:45pm 3:00 -3:45pm OT Chaplain Group/ 3:00 -4:00 Movie Movie **RT Group RT Group OT Group OT Task Group RT Group** (alternates weekly) 4:00-5:00 Nursing Med Education/ Nursing Nursing Nursing **Check-In Group Check-In Group** Therapeutic Group **Wellness Group** Therapeutic **Therapeutic** Therapeutic Group Group Group 5:00-5:30 Dinner Dinner Dinner Dinner Dinner Dinner Dinner 5:30 -6:30 Movie/XBOX/ Movie/XBOX XBOX/S.T.O.P/ **DECK** Movie/XBOX/ DECK Movie/XBOX/ **DECK** DECK **DECK** DECK 6:00-7:00 Visiting **Visiting Visiting** Visiting **Visiting** Visiting **Visiting** 6:30-7:30 6:00-6:45pm Personal Reflection 6:00-6:45pm 6:00-6:45pm **Personal Reflection** Personal Reflection Personal Reflection OT Group/ OT Group/ RT Group/ Time (PRT) Time (PRT) Time (PRT) Time (PRT) **PRT PRT** PRT 7:45-9:00 Snacks/Meds/ Snacks/Meds/ Snacks/Meds/ Snacks/Meds/ Snacks/Meds/ Snacks/Meds/ Snacks/Meds/ Relaxation Relaxation Relaxation Relaxation Relaxation Relaxation Relaxation

Deck

Self-Care/Bed Time

8:30-9:00

9:00

Deck

Self-Care/Bed Time

Deck

Self-Care/Bed Time