

The 3 Wishes Project

Helping make meaningful memories at the end of life





Making meaningful memories at the end of life

The 3 Wishes Project aims to improve the end-of-life experience for patients, families and clinicians by fulfilling wishes for a dying patient and his or her loved ones.

We hope that by offering an opportunity to honor the patient's life and create a meaningful end-of-life experience, we can help support families during a difficult and stressful time in their lives.

Together, the patient, their loved ones and their care team can:

- Dignify, honor and celebrate the patient's life
- Take time to reflect and personalize the end-of-life process
- Create positive memories for loved ones and family members
- Foster patient and family-centered care

Types of wishes

UCLA Health patients and their loved ones can speak to their nurse about requesting wishes through the 3 Wishes Project.

Examples of wishes that have assisted patients and families include:

- Facilitate connections to bring family and friends together
- Create a more personalized environment with photos, music and lighting
- Provide spiritual and religious support
- Provide keepsakes for families
- Create a "word cloud," an image made of words that represent and honor a loved one

Getting to know the patient

To provide better care for your loved one, we would like to know more about them as a person. Please consider the following questions when discussing your wishes with us:

- Who is important to them?
- What is important to them?
- How can we help to honor them right now?

Support the 3 Wishes Project

The 3 Wishes Project is funded by generous donations from families and individuals who support the mission of the project.

If you would like to donate, please go to

giving.ucla.edu/3WishesProgram.

3 Wishes Project leadership team at UCLA

Thanh Neville, MD, MSHS, pulmonary and critical care physician

3 Wishes Program Medical Director and Co-Founder

Contact: tneville@mednet.ucla.edu

Peter Phung, MD, MBA, palliative care physician

3 Wishes Program Co-Founder

Contact: pphung@mednet.ucla.edu



Ronald Reagan UCLA Medical Center
757 Westwood Blvd
Los Angeles, CA 90095

UCLA Medical Center, Santa Monica
1250 16th St.
Santa Monica, CA 90404

