CAncer Rehabilitation Evaluation System - Short Form (CARES - SF): Patient Profile

| PHYSICAL SUBSCALE | MISCELLANEOUS SUBGROUPS |
|----------------------------------------------------------------------------------------------------------|------------------------------------------------------------|
| - 1. diff bend or lift | *Looking for Work |
| — 2. reduction in energy | — 41, diff find new job |
| 3. diff household chores4. diff bathe, brush groom | *Datina |
| — 5. diff planning activities | *Dating —— 49. diff initiating contact with dates |
| 6. cannot gain weight | — 49, diff fell date about cancer |
| — 7. food unappealing | |
| 8. cancer interferes work | *Chemotherapy-Related Problems |
| — 9. frequently has pain | — 51. nervous get chemo |
| — 10. clothes not fit | — 52. nauseated during/before chemo |
| SUM #(1-4) 10 # Potential | — 53. nauseated after chemo — 54, vomit after chemo |
| MEDICAL INTERACTION SUBSCALE | — 55. other side effects chemo |
| — 11. doctors don't explain what do | *Radiation-Related Problems |
| — 12. diff ask doctors questions | 56. nervous get rad |
| — 13. diff understand MD about cancer | — 57. nauseous/vomit after rad |
| — 14. wants more control over MD | · |
| SUM #(1-4) 4 # Potential | *Ostomy — 58. problems ostomy care and maintenance |
| PSYCHOSOCIAL SUBSCALE | *Prosthesis |
| — 15. uncomfor with body changes | — 59. diff with prosthesis |
| —— 16. frequently anxious | A Ala a allama a sua Manna |
| — 17. diff sleep | Miscellaneous Items —— 30, doesn't follow MD's instruct |
| — 18. diff concentrating — 19. diff ask frnd/rel help | — 30, doesn't fondw MD's histract — 31, financial problems |
| — 20. diff tell frnd/rel about cancer | — 32. insurance problems |
| — 21, frnd/rel say look well when not | — 33. diff with transport |
| — 22, frnd/rel do not visit enough | — 34. gain too much weight |
| — 23. frnd/rel diff talk about cancer | — 35. frequent diarrhea |
| — 24, nervous wait to see doctor | 36, poor bladder control |
| — 25. nervous get blood drawn | SUM#(1-4)# Potential |
| 26. worry whether cancer progress 27. worry not able to care for self | Global and Average Severity for |
| • | CARES-SF and 5 Subscales |
| * Children | OANLO-OF UNG O OUDSOURCS |
| — 37. diff help children cope | SCALE SUM # # Ave. Global |
| * At Work Concerns | 5. (8.) 8 |
| — 38. diff talk people at work about cancer | Endor Poten Sever. |
| — 39. diff ask time off for medical treatments | Physical |
| — 40. worried about being fired | - ··· , - · · · · · · · · · · · · · · · · · · |
| SUM #(1-4) 17,16,14,13 # Potential Circle | Psychoso |
| SEXUAL SUBSCALE | Med Int |
| 28. doesn't feel sex attract29. not interested in having sex | Marital |
| • | |
| * Sex Dysfunction | Sexual |
| — 42. frequency of sex decreased | Miscell |
| SUM#(1-4) 3,2 # Potential Circle | Miscell |
| | CARES |
| *MARITAL SUBSCALE | |
| — 43. diff talk feelings | |
| — 44. diff talk wills/financial matters | |
| 45. doesn't feel like embrace, kiss, caress 46. not get along as well usual | |
| — 47. not get along as well usual — 47. partner spends too much time providing care | |
| — 48, diff ask partner to take care | |
| SUM #(1-4) 6,0 # Potential Circle | * Itama may not analy to all notionts |
| # Potential Cimla | * Items may not apply to all patients |