

### **Dining Commons Menu**

Ronald Reagan UCLA Medical Center



## Soups of the Day Hot Entrée Station 11:00am -8:00pm

Combos include 2 sides

| M              | Cream of Potato Soup or<br>Chicken Noodle Soup                  | Sustainable Trout w/ Apple Cranberry Honey Mustard Salsa<br>Salmon w/ Tomato Garlic Basil Butter Sauce<br>Pancit Bihon (Vegan)<br>Jambalaya Farro Creole (Vegan) | <b>.</b> |
|----------------|---|--|----------|
| T              | (Vegan) Minestrone Soup or Cream of Mushroom Soup               | Cajun Catfish w/ Spicy Mango & Pineapple Salsa<br>Breaded ABF Chicken Artichoke w/ Mozzarella Cheese<br>Meat Lasagna<br>Vegetarian Eggplant Parmesan             | •        |
| $\overline{W}$ | Chicken Tortilla Soup or<br>Vegetable Medley Soup<br>(Vegan)    | Turkey Meatloaf w/ Turkey Gravy<br>Roasted Salmon w/ 5-Spice Char Sui Sauce<br>ABF Chicken Tandoori<br>Vegetarian Chile Rellenos                                 |          |
| $\overline{T}$ | Beef Barley, Vegan Barley Soup, Vegetable & Garden Soup (Vegan) | Oven Baked Fried Chicken Roasted Salmon w/ Bistro Sauce Vegetarian Creole Casserole Macaroni & Cheese  |          |
| $\overline{F}$ | Clam Chowder Soup or<br>Chicken Coconut w/ Udon<br>Noodles Soup | Grilled Salmon w/ Sundried Tomato & Artichoke Sauce<br>Seafood Paella<br>Pork Chile Colorado w/ Corn Tortillas<br>Quinoa w/ Okra & Tomatoes (Vegan)              |          |

#### Grill Station 11:00am – 10:00pm

Combos include 1 side

| M | Beyond Steak Tips, Chicken, Shrimp or Tofu Stir Fry over     |
|---|--|
|   | Jasmine Rice (Lunch & Dinner)                                |
| T | Beef, Chicken, and Tofu Soft Tacos (Lunch)                   |
|   | Chicken or Beef w/ Assorted Peppers Quesadilla w/Pico        |
|   | De Gallo & Sour Cream (Dinner)                               |
| W | Beyond Sweet Italian Sausage Sandwich (Lunch)                |
|   | Hot Spicy Chipotle Wrap with Turkey or Roast Beef (Dinner)   |
| T | Grilled Chicken Club Sandwich (Lunch)                        |
|   | Chicken Pesto & Buffalo Chicken Sandwich (Dinner)            |
| F | Wet Chicken Burrito w/Sour Cream & Pico De Gallo (Lunch)     |
| • | Julienne BBQ Chicken Wraps & Chicken Pesto Sandwich (Dinner) |
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International Station 11:00am - 2:00pm

Mon – Oven Baked Tostadas (Impossible Beefless, Chicken, Pork, or Grilled Vegetables) Tues- Curry Bar (Salmon, Beef, Chicken) Sides –

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**Wed-** Hainam Chicken or Beef Bulgogi w/ Rice & Vegetables

**Thur** – Fish & Grilled Vegetables Soft Tacos w/ Rice & Beans

*Fri-* Seafood Bowl or Teriyaki Flank Steak w/ Rice & Vegetables

https://www.uclahealth.org/hospitals/reagan/patients-visitecommons

Monthly celebrations (See separate flyer)



#### Always Available:

- Breakfast Sandwiches & Stuffed Croissants(Every day at the grab & go)
- Healthy Breakfast Combo (Oatmeal or Cream of Wheat, whole Fresh Fruit & Coffee or Medium Fountain Juice)
- Le Chef Pastries & Vegan Pastries
- Variety of Vendors: Lucia's Pizza, El Pollo Loco, Mediterranean (weekends), and Farmers Fridge
- Ice Cream
- Overnight Oats/Parfaits
- Menudo (Weekends & Monday's)
- Uproot Plant Based milk options (Soy milk, Oat milk, & Chocolate Pea milk)
- Kosher Sandwiches & Vegan Microwavable Meals
- Plant Forward Salad Bar

- Beyond Items: Burgers, Chicken Fillet, Chicken tenders, Steak Tips, Breakfast Sausage (100% Plant Based)
- Morning Star Veggie breakfast patties
- Chef's line Veggie Burger
- Jennie-O Turkey Burger
- Plain, Garlic, Buffalo, Sweet & Sour, Sweet Chile, Spicy Honey, Habanero Mango Chicken Wings (Rotated Daily)
- Hotdogs (Lunch & Dinner)
- Grab & Go Sandwiches
- Impossible Meat Tostada (Monday's)
- Philly Beef or Chicken Cheese Steak Sandwich
- Grab & Go Sushi
- Baked French Fries
- Vegetarian Chili
- Proudly Serve Starbucks Coffee

# Now Available at the International Corner every weekend Made to Order Stir Fry & Pasta

Fresh Fruit. Potato Salad. & Coleslaw

Is available at the grill for lunch and dinner as a side of your choice with any combo

# One Change, Huge Impact on Our Planet!



To further reduce plastic waste in our cafés, we will be offering coffee and fountain drink options with meal combos in lieu of plastic water bottles. These changes will take effect in celebration of Earth Day, on April 22.

Enjoy complimentary filtered, chilled water at our touch-free Elkay® hydration stations, located in the dining commons.

Check out our insulated, refillable, hot and cold water bottles, available for purchase at the registers.

