

www.autism.ucla.edu

## DOES YOUR AUTISTIC CHILD EXPERIENCE SIGNIFICANT EMOTIONAL DYSREGULATION?

Eligibility
screening
only takes
5-10 minutes
over the
phone!

Is he/she a child who:

- Has challenges following directions and listening to others?
- Is rigid about doing things a particular way?
- Has frequent temper tantrums?

Eligible children (ages 4-6) will receive:

## 24 FREE Modified Cognitive Behavior Treatment Sessions

(45-min sessions, 2 x week)

- Children meet in small groups of 4 and participate in a group cognitive behavioral therapy program, modified to meet the needs of young autistic children
- Parents participate in co-occurring group sessions
- Sessions are designed to teach coping skills to improve emotion regulation, decrease aggression, and improve flexibility and compliance

**SCAN the QR code** and fill out the form to be contacted about this study

OR

Contact Dr. Patricia Renno or Jennifer Jaramillo 310-794-4008 or CANClinic@mednet.ucla.edu



Sponsored by the UCLA Center for Autism Research and Treatment (CART) and the National Institute of Child Health and Human Development