**Goals and Objectives for Harbor-UCLA**

**LOCATION**  Harbor-UCLA Medical Center

1000 W. Carson Street

Torrance, CA 90502

**CONTACTS** Katie Ward, MD

Director of Geriatrics, Harbor-UCLA Medical Center

kward@dhs.lacounty.gov

424-306-4590 (office)

310-501-1775 (pager)

**DESCRIPTION**

The Harbor-UCLA geriatrics fellowship rotation is an inpatient geriatric consultation service and outpatient care transitions clinic that focuses on the care coordination of the frail elderly from the acute hospital setting to the outpatient setting. The fellow will run the inpatient Geriatric Consultation service under the supervision of Harbor-UCLA geriatrics faculty member. The fellow will also evaluate those same consult patients within one week if possible after discharge from Harbor-UCLA to learn about how to address transition problems which can result in avoidable re-hospitalizations, inappropriate emergency room use, and poor quality care. Harbor is a public hospital and one of the major teaching hospitals of the David Geffen School of Medicine at UCLA. Fellows develop their clinical skills and medical knowledge in an environment that strikes the right balance between independence and supervision. Fellows will also lead and teach residents from the Harbor-UCLA internal medicine and family practice residency. Fellows will expand their geriatric assessment skills by evaluating, managing, and transitioning older adults at particular risk for transition problems including those with multiple medical problems, cognitive deficits, depression or other mental health problems, isolated seniors, non-English speakers, immigrants and refugees.

*\*Fellows must complete a Mini CEX for Cognitive Assessments and Communication with PCPs while on this rotation. Please have Fellowship Coordinator send evaluation to your attending via Medhub.*

**GOALS**

1. Develop expertise in geriatric consultation
2. Develop expertise in care transitions including discharge preparation including assisting primary teams with medication reconciliation, coaching patients in understanding their treatment and follow up plans, coordinating outpatient services, communicating and connecting health care providers from the inpatient to the outpatient setting
3. Expand knowledge and skills in working with an underserved geriatric population
4. Gain skills in leadership and teaching

**OBJECTIVES**

|  |  |
| --- | --- |
|  | **COMPETENCIES** |
| **OBJECTIVES** | Patient Care | Medical Knowledge | Practice Based Learning | Interpersonal Communication Skills | Professionalism | Systems Based Practice |
| Provide inpatient geriatric medicine consultations at Harbor-UCLA Medical Center. Consultations to include complete medical history including level of function, psychosocial eval, support systems, and advanced directives. Fellows will do initial eval as well as follow-up and review all resident’s consults.  | X | X | X | X | X | X |
| In planning hospital discharge, work in conjunction with other health care providers (social work, physical therapy) to recommend appropriate services based on clinical needs, personal values and social and financial resources of the patients and their families. | X |  | X | X | X | X |
| Identify the patient’s eligibility for community-based services (e.g. home health care, day care, assisted living, nursing home, rehabilitation, or hospice. |  |  | X |  |  | X |
| Discharge education to the patient and family including coaching on medications and self-management, development of care plan, and recognizing and avoiding safety concerns  | X | X |  | X | X | X |
| The fellow will initiate and maintain communication with the patient’s outpatient primary care during the acute hospitalization and transition period until the provider is able to accommodate taking over the patient’s care (including primary providers in nursing homes and extended care facilities) |  |  |  | X | X | X |
| The fellow will provide teaching to internal medicine residents in the form of lectures and continuous feedback of the residents’ geriatric consultations and management |  |  |  | X | X | X |

**COMPETENCIES**

|  |
| --- |
| **……………………** |
|  | Patient Care | Medical Knowledge | Practice Based Learning | Interpersonal Communication Skills | Professionalism | Systems Based Practice |
| **TEACHING METHODS** | Role Modeling, Discussion on rounds, Medical literature, and scheduled talks during rounds | Medical literature, discussion on rounds, and scheduled talks during rounds  | Discussion on rounds, medical literature review | Role modeling and discussion on rounds | Role modeling, discussion on rounds | Role modeling, discussion on rounds, medical literature review and scheduled talks during rounds |
| **METHOD OF EVALUATION** | chart review, attending evaluation, evaluation of lectures | attending evaluation, chart review, evaluation of lectures | chart review, attending evaluation | attending evaluation | attending evaluation | attending evaluation, chart review |

**WEEKLY SCHEDULE**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| Harbor Consults | Harbor Consultsor Fellowship Continuity Clinic | Harbor Consultsor Fellowship Continuity Clinic | Harbor Consults | 8am: Journal Club or Geri Grand Rounds (virtual)Harbor Consults | Harbor Consults | Off |
| Harbor Consults | Harbor Consults | Harbor Consults | Harbor Consults3pm: Thursday Lecture Series(will attend virtually) | Harbor Consults |  |  |

* The fellow will be absent from the rotation for half a day each week to attend outpatient continuity clinic.
* The fellow will attend Medical Grand Rounds on Tuesday mornings 8:30-9:30 as his/her schedule allows.
* The fellow will attend Internal Medicine M&M on Thursday afternoons 12-1pm as his/her schedule allows.
* The fellow will watch webcast of Geriatrics Grand Rounds on 2nd Fridays 8:00-9:00 and webcast of Journal Club on select Fridays at 8am

Call Responsibility

* Fellows will be on beeper call from home six days a week (off Sundays).

**Check In/Out Form**

**Harbor-UCLA Geriatric Consults**

**Fellow Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Attending (s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Dates on Service: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Your 30min presentation is scheduled for: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Two Geri lectures from Sign-Out folder to give: 1)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**CHECK IN DOCUMENTS:**

[] Goals and Objectives reviewed with attending

[] Helpful Hints reviewed with attending

[] Geriatric Assessment packet reviewed with attending

**CHECK OUT DOCUMENTS:**

[] List of references for the 30min literature based presentation given during the rotation. Turn in list to attending.

[] Mini-CEX for Cognitive Evaluation sent to attending

[] Mini-CEX for Communication with PCP sent to attending.

[] Communication CEX completed by fellow after observing residents assessment. CEX should be discussed with resident and turned into attending.
 Please list resident names here:

[] Feedback for fellow (which should include feedback from residents about fellow’s teaching skills)

**Geriatric Medicine**

**Learning Materials Checklist**

* Transitions of Care
* Health Literacy and Health Disparities
* Interdisciplinary Teams
* Pre- and Peri-op Care
* Pressure Ulcers
* Urinary Incontinence
* Delirium
* Dementia
* Osteoporosis and Hip Fractures
* Gait Disorders and Falls
* Appropriate Medications and Polypharmacy
* Anticoagulation
* Geriatric Primary Care and Screening
* Physiology of Aging
* Elder Abuse
* Depression Among Older Adults
* Decision Making Capacity
* Alcohol and Psychoactive Drugs in Older Persons
* Geriatric Consult in Surgical Patient
* Geriatric Perioperative
* Geripardy Game
* Health Care Imperatives for Older Women
* Parkinson Disease Review
* SNF Talk