

# UCLA CENTER FOR HUMAN NUTRITION

VOLUNTEERS WANTED FOR MEDICALLY SUPERVISED RESEARCH

## EFFECT OF POMEGRANATE JUICE ON ULCERATIVE COLITIS

### ELIGIBILITY CRITERIA:

- Adults >18 yo
- Mild-to-moderate Ulcerative Colitis
- No ileal pouch or ostomy
- No Total Parenteral Nutrition (TPN)
- Non-vegetarian/vegan
- Non-smoker
- Stable medication doses



### STUDY INVOLVES

- 16-week study with 5 in-person visits
- Drink pomegranate juice for 8 weeks
- Registered Dietitian support
- Blood, urine, and stool collection
- Up to \$200 compensation



## CONTACT US

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