PLEASE EMAIL Dr. ARAGAKI ATLEAST 1-2 WEEKS IN ADVANCE OF YOUR ROTATION START DATE SO SHE MAY PROVIDE YOU WITH LEARNING MATERIALS & DIDACTICS SCHEDULES

Weekly Schedule: PM&R clinic schedules may vary, check with rotation Director Dr Aragaki

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| **AM** | **8 – 9**  PM&R Didactics Room 1277 or Zoom  [If time allows:  **9 – 10**  PM&R EMG Clinic Room 1415  *Code to enter from the back: 24351*]  **10 am – 1 pm**  **Gerofit Gym/Fitness Assessment/ Individualized Exercise Rx**  Dr. Steve Castle  Dr. Cathy Lee  B220 | *If you do not have continuity clinic on this day then:*  **8 – 9**  PM&R Didactics Room 1277 or Zoom  **9 – 10:30**  PM&R Clinic Room 1415  *Code to enter from the back: 24351*  **11- 12**  **Home Coaching**  Dr. Steve Castle  Dr. Cathy Lee  B220 | *If you do not have continuity clinic on this day then:*  **8 – 9**  PM&R Didactics Pain Series via Zoom (Dr. Aragaki to email weekly schedule)  **9 – 10:30**  PM&R Pain Clinic Room 1415  *Code to enter from the back: 24351*  **11- 12**  **Home Coaching**  Dr. Steve Castle  Dr. Cathy Lee  B220 | **8 – 9**  PM&R Didactics Room 1277 or Zoom  **9 – 12**  PM&R Clinic Room 1415  Other clinics available and can be arranged:  -Wheelchair clinic in building 304  -Amputee clinic in PT gym area | **8 – 9**  PM&R Didactics Room 1277 or Zoom  (Unless Geri Grand Rounds or Journal Club)  **9 – 12**  Cardiac Rehab Main VA Hospital, Near main entrance Room 1612 |
| **PM** | **1 – 4:30**  PM&R Clinic Room 1415  Other clinics available, and can be arranged:  -PM&R Brace  -PT observation in  room 1446/1454  -OT observation | **2-5**  PM&R Didactics: Contact Dr. Aragaki or residents for details  (e.g. in-person vs virtual with links) | **1 – 4:30**  PM&R Pain Clinic  Room 1415 | Geriatrics Didactics (TLS) | **1 – 4:30**  PM&R Clinic Room 1415 |

* The fellow will be absent from the rotation half a day each week to attend his/her outpatient continuity clinic.
* PM&R clinic schedules may vary. Please check with rotation director, Dr. Aragaki (dixie.aragaki@va.gov), at beginning of rotation to see when each clinic is offered. Some of the clinics being offered: Electromyography Clinic, Pain Clinic, Cardiac Rehab Clinic, Brace Clinic or Amputee Rehab Clinic.
* If interested in inpatient bedside evaluations, contact Dr. Aragaki about shadowing inpatient consults.
* If interested in inpatient rehab unit rounds or team conferences, contact Dr. Aragaki to help arrange with inpatient acute rehab unit team.

**USUAL CALL RESONSIBILITIES:** Fellows will participate in the on-call pool for night and weekend coverage of the Greater LA VA Nursing Home Care Units (NHCU). Expect one weekend and 2-3 weekday calls per month.

***Duration of Rotation:*** 4 weeks;

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| ***Geriatric Fellow:***  ***e-mail:*** | **Dr.** |  |
| ***Pager****:* | **UCLA Pager #** | (Dial 310-206-8477 to access) **UCLA Paging Instructions:** |

* For numeric pages: On Campus: dial 231: Off Campus: (310) 206-8477 or 800-BEEP-231
* For the UCLA Page Operator: (310) 825-6301
* For text messages, use the webpage: [www.mednet.ucla.edu](http://www.mednet.ucla.edu/)

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| *Partial list of PM&R attending staff with whom Geriatric Fellow is likely to interact* | **PHYSICAL MEDICINE & REHABILITATION (PM&R) – WLA** | ***Encourage use of Microsoft TEAMS for chat/messaging*** | | | |
| **Name** | **Title** | **Phone1** | **Phone2** | **Pager/Other** | **Room-Bldg.** |
| **PM&R CLINIC / PAIN CLINIC** | **310-478-3711 - EXT.** | **53337** | **41766** |  | **1415-500** |
| ARAGAKI, DIXIE, MD  [Dixie.aragaki@va.gov](mailto:Dixie.aragaki@va.gov) | PM&R PROGRAM DIRECTOR | 41791 |  | 5744 | 1456-500 |
| DARVISH, BABAK, MD  [Babak.Darvish@va.gov](mailto:Babak.Darvish@va.gov) | CARDIOPULMONARY AND WHEELCHAIR CLINIC ATTENDING | 40414 |  | 5393 |  |
| NANDA, UDAI, DO | PM&R/PAIN ATTENDING (PAIN/ HEADACHE CLINIC) |  |  |  |  |
| OSHIRO, RESA, MD | PM&R ATTENDING (BRACE CLINIC, EMG, GENERAL) |  |  |  |  |
| PHAM, QUYNH, MD | PAIN/PM&R ATTENDING | 41797 |  |  | 1457-500 |
| TRAN, MIKE, MD | PM&R ATTENDING | 41775 |  |  |  |