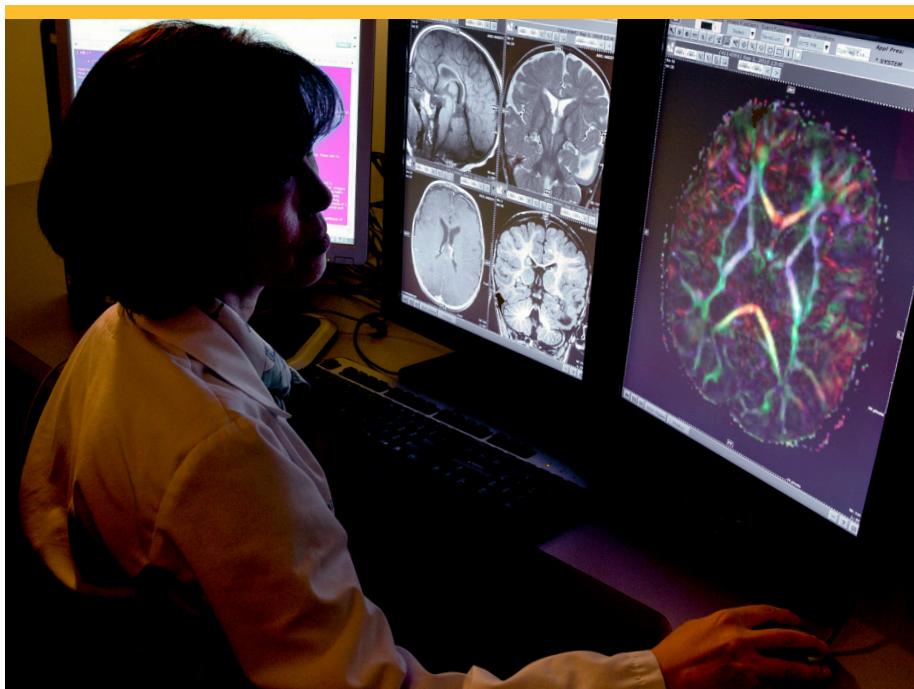


Neurology and Neurosurgery Unit

6 North



Ronald Reagan UCLA Medical Center

757 Westwood Plaza
Sixth Floor
Los Angeles, CA 90095-7404
6 North (Rooms 6611-6661)
Main: 310-267-7660
Fax: 310-267-3508



About Our Unit

The 26-bed Neurology and Neurosurgery Unit provides comprehensive care to individuals with neurological symptoms associated with stroke, neurological disease and post-neurosurgical intervention.

Our specialized unit provides individualized care for those who require:

- Neurological observation: comprehensive and frequent neurological monitoring managed by our trained team of knowledgeable physicians and nurses
- Cardiac observation: continuous cardiac assessment, monitoring and treatment delivered by our highly skilled physicians and nurses.



Quick Reference Guide

Unit Director

Derek Wilcox, RN, MSN
310-267-7090

Assistant Nurse Manager

Kelsey Zwang, BSN, RN, CCRN
310-267-7092

Lead Nurse on Duty

310-267-7088

Nurse Practitioners

Claire Berthold, NP
Paul Boy, NP
Tatiana Orloff, NP
Vickey Said, NP
Zayda Sharma, NP

About Your Care

The multidisciplinary neuroscience and stroke team stabilizes our patients medically and guides them on the path toward functional independence and self-sufficiency. In order to meet the specific needs of our patients and their families, we personalize our care and are sensitive to cultural customs. The team also focuses on assisting patients and families to cope with the residual effects of neurological illness or surgery. We strive for excellence in service and if we fall short in any way, we hope you will let us know right away.



Care Team

Physician Teams

Your team of doctors is led by an attending physician, who is in charge of your care, along with residents and fellows. These residents, fellows and nurse practitioners may rotate on and off of your care during your stay, so you may be seen by different doctors. New physicians will introduce themselves as they join the team. These physicians direct your care and treatment in coordination with other providers on your care team. By being treated at an academic medical center, you contribute to the education and training of future physicians.

Nurse Practitioner Team

The nurse practitioners are licensed health care providers who provide continuity of care in your transition from the operating room to your inpatient hospital stay and eventually to home. The nurse practitioner team will see you daily to medically assess your progress, identify and prevent barriers to your care, order diagnostic tests, prescribe medications, and prepare you for safe discharge. They round daily with the physicians, nursing staff, rehabilitation specialists, and other specialties based on individual need to best coordinate your care.

Nursing Team

Registered nurses and nurse practitioners provide a critical link between the patient and the health care team. In addition to contributing to your care, nurses communicate your needs to your doctors and other care team members as well as inform you about your medications, in-hospital treatment and post-hospital care. Registered nurses coordinate your care with other health care workers, such as care partners, to ensure that your comfort and hygiene needs are met.

Nurse Case Manager

Nurse case managers work with you, your family and your health care team to coordinate your hospital stay. They also assist with the planning and coordination of your transition from the hospital to home or to other care facilities such as acute rehabilitation, long-term acute care, sub-acute rehabilitation, and skilled nursing facilities.

Respiratory Therapist

Respiratory therapists help with any breathing difficulties. They perform tests and speak with you to determine what support you

may need, and if any equipment will help you breathe easier. If you need breathing treatments, the respiratory therapist will teach you how to perform them and how to use any equipment that you may need.



Speech Therapist

Speech-language pathologists evaluate a person's ability to swallow and communicate. A communication evaluation includes speech production, understanding and use of language, and assessment of thinking skills such as memory and problem solving. Speech pathologists also assess a person's ability to swallow safely. Your speech pathologist will work with you and your family to help understand these types of problems and provide therapy while in the hospital. They will make recommendations for any services you might need upon discharge.

Physical and Occupational Therapist

Physical therapists will work with you to help regain your strength and mobility. Occupational therapists help regain function in your daily activities such as dressing and grooming. The therapist may develop an individualized treatment plan to help you meet your specific goals and provide recommendations for post-discharge care.

Pharmacists

Pharmacists provide education and counseling for medications that you may receive while you are in the hospital. Pharmacists work with the physician and nursing teams to coordinate care and education so that you are ready when you leave the hospital.

Registered Dietitians

Clinical dietitians work closely with your health care team to ensure that you are meeting your individualized nutritional needs. Once your diet is ordered by your physician, the dietitian will review this with you and recommend foods to enhance recovery, educate you on your therapeutic diet, review the need for oral nutritional supplements and monitor the need for texture-modified foods if you encounter swallowing problems. If you are not able to consume adequate nutrition, your dietitian will assess the need for nutrition support to optimize your nutritional status.

Social Worker

Social workers can assist you and your family members with any personal, emotional and/or family problems and difficulties due to your illness or injury. Individual, family and group support for sudden illness, separation from home and job, bereavement, substance abuse, domestic violence and other issues can be arranged, as well as referrals to community resources.

Care Partners

Care partners or certified nursing assistants will assist with tasks such as bathing and oral care, changing linens and will provide additional support to the nurses.

Spiritual Care

Hospital chaplains are available to meet with you to support your spiritual care needs during your stay. Chaplains can listen to your concerns, share in your faith struggles, assist you and your family members in seeking inner peace and strength, bring you scriptures or holy writings from your specific faith tradition, help you access/receive religious sacraments, assist you in contacting religious leaders from your faith tradition and/or help with other spiritual needs.

EVS Staff

Environmental Services staff will ensure your room and restroom are always kept clean, safe and sanitary during your stay.



Useful Information

Our unit offers an intensive environment with 24-hour service that includes frequent assessments, diagnostic testing and blood work, which can be done anytime to support our patients' well-being. We encourage your loved ones to participate you during your hospitalization. We aim to provide you and your family a stay that is comfortable and pleasant. On occasion, you may experience a delay of tests or procedures due to the complexity of our patients' cases. We will make every effort to facilitate timely service.



Road to Recovery

We will work together to enhance your recovery after surgery. Please note that these are the recovery milestones for most patients. Your care may vary slightly depending on your medical condition. Make sure to discuss the expected length of your stay with your surgeon.

Liquids/Hydration

After surgery, you will be receiving hydration intravenously. Once you are alert and able to swallow safely, we will start giving you ice chips and sips of water. If you are able to tolerate this without any nausea or vomiting, we will advance your diet. It will be important for you to follow the specific directions given to you by your health care providers.

Mobilization

Early mobilization supports positive outcomes. You will be encouraged to get out of bed to the chair for meals and walk in the hallway with assistance a minimum of twice a day. Depending on your progress, you may be evaluated by a physical therapist.

Urinating

You can expect to have a catheter in your bladder to drain your urine when you wake up from surgery. After surgery, the bladder catheter will be removed and you will be encouraged to urinate normally.

Pain Management

You will be offered intravenous or oral pain medication. Oral medication is provided once you can safely swallow. You will be offered additional relaxation techniques to help with any pain you may experience, including music, massage therapy and deep breathing.

What to Expect

Daily Schedule

- 5:30 am – 7:30 am

Your physicians will evaluate your status every day and review your vital signs (blood pressure and heart rate) and laboratory results. They will discuss your plan of care for the day.

- 9:40 am – 10:30 am

Our multidisciplinary care team, composed of physicians, nurses and care coordinators, communicate your treatment plan for the day and prepare for your eventual discharge.

- 11 am

Discharge time is 11 am on the day you leave the hospital. This allows you to pick up your medications, get home in a timely manner and settle in so that you can contact us if any problems arise. Please plan in advance for a ride home. Patients may wait for their transportation in the Westwood Lounge, on the first floor of the medical center.

- 11 am – 2 pm

A member of our care team will communicate your plan of care for the day and discuss a potential date of discharge or what you might need when you leave the hospital.



- 1 pm – 4 pm

Your nurse and physician will come speak to you daily to discuss your care and answer any questions you or your loved ones have.

- Midnight – 2 am

Laboratory testing for evaluation of your condition.

Preparing for Discharge

Your plan for discharge will be discussed with you on a daily basis to ensure that we take care of all your needs in anticipation of your departure from the hospital.

Depending on your medical condition, our staff will provide you with documents concerning your discharge to your home or to a rehabilitation facility.

These documents include information regarding:

- Follow-up appointments
- Outpatient therapy
- Resuming normal activities
- Potential warning signs
- Home health care
- Medications
- Diet

Important Phone Numbers

During your hospital stay, your nurse's phone number is provided to you on the whiteboard in your room. Your nurse will address any concerns from you or your family, or direct you to someone who can.

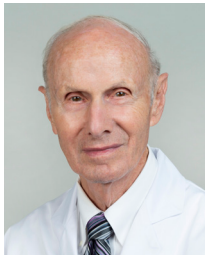
Once you leave the hospital, you may have additional questions for your providers. Please contact the Neurosurgery Department at 310-825-5111.

Attending Physicians

The following surgeons provide oversight for your care. The team communicates with these supervising physicians on a daily basis.



Ausaf Bari,
MD, PhD



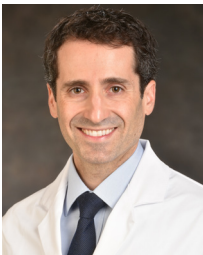
Ulrich Batzdorf, MD



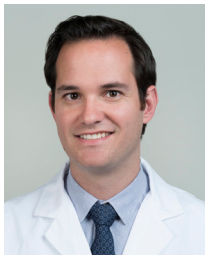
Marvin Bergsneider, MD



Manuel Buitrago Blanco,
MD, PhD



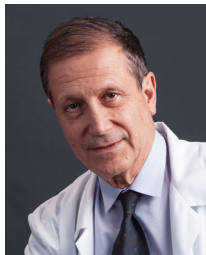
Geoffrey Colby,
MD, PhD



Richard Everson, MD



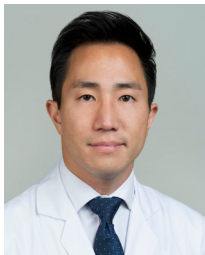
Aria Fallah, MD, MS



Itzhak Fried, MD, PhD



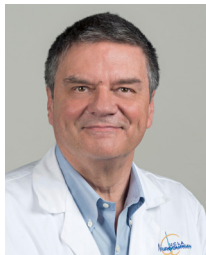
Langston Holly, MD



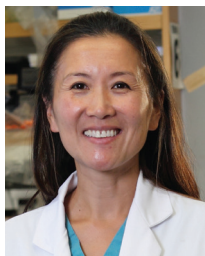
Won Kim, MD



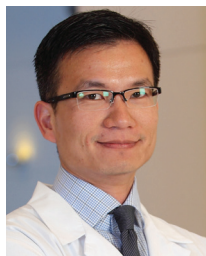
Jean-Philippe Langevin, MD



Jorge Lazareff, MD



Linda Liao,
MD, PhD, MBA



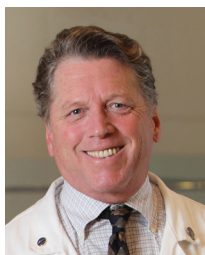
Daniel Lu MD, PhD



Luke Macyszyn,
MD, MA



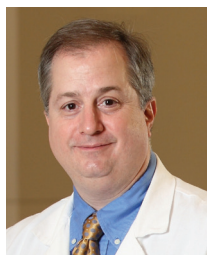
Gary Mathern, MD



Duncan McBride, MD



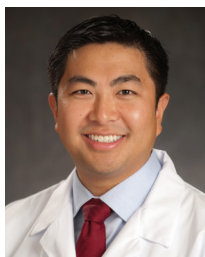
Nader Pouratian,
MD, PhD



Paul Vespa, MD



Anthony Wang, MD



Isaac Yang, MD



Daily Notes

Date: _____ **Notes:** _____

Date: _____ **Notes:** _____

Date: _____ **Notes:** _____

Date: _____ **Notes:** _____

Date: _____ **Notes:** _____

Date: _____ **Notes:** _____

Floor Guide

LEVEL 1

David I. Saperstein
Emergency Center

Emergency Entrance

Mattel Children's
Hospital Entrance

Main Entrance
Reagan UCLA
Medical Center
757 Westwood Plaza

Resnick Neuropsychiatric Hospital Entrance
150 UCLA Medical Plaza

LEVEL 6

Singleton
Pavilion

Patient Rooms
6 North
(Rooms 6611-6661)
Main: 310-267-7660
Fax: 310-267-3508

Information

ATM

Telephone

Restrooms

Conference/Library

Public Elevators

Stairs

Waiting Area

Reception Desk

Vending

ICU 400 500 North 600

West 300 200 East 100

Room Numbers Level 4-8

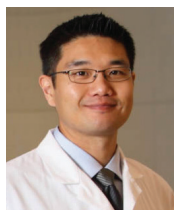
Resident Physicians & Nurse Practitioner Team

Residents

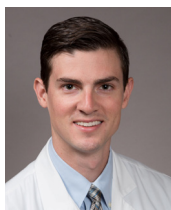
Our dedication to excellence includes training neurosurgeons and neurologists of the future. A team of residents, under the direct supervision of the attending physician, will help care for you throughout your stay.



Mark Attiah, MD, MS



Nicholas Au Yong,
MD, PhD



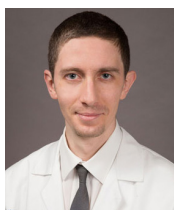
Joel Beckett, MD,
MHS



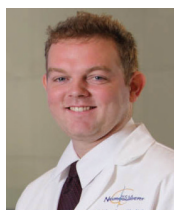
Joseph Bell, MD,
PhD



Srinivas Chivukula,
MD



Yevgeniy Freyvert,
MD



Matthew Garrett,
MD, PhD



Daniel Hirt, MD



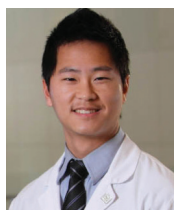
Azim Laiwalla,
MD, PhD



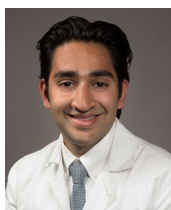
Daniel Nagasawa, MD



Tianyi Niu, MD



Yinn Cher Ooi, MD



Kunal Patel, MD

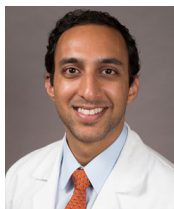


Sophie Peeters, MD

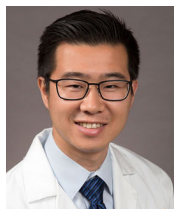


Westley Phillips, MD

Resident Physicians & Nurse Practitioner Team (Continued)



Giyarpuram
Prashant, MD



Matthew Sun, MD



Jasmine Thum, MD



Alexander Tucker, MD



Bayard Wilson, MD



Jos'lyn Woodard, MD

Nurse Practitioners

Nurse practitioners partner with attending physicians and resident teams to facilitate your health care and ensure that all of your needs are met.



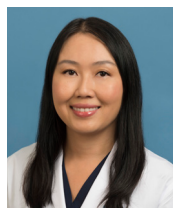
Claire Berthold,
MSN, NP-BC



Paul Boy,
MSN, NP-BC, PCCN



Tatiana Orloff,
MSN, NP-BC



Vicky Said,
MSN, NP-BC



Zayda Sharma,
MSN, NP-BC