



Nutrition for Precision Health



Nutrition is not one-size-fits-all.

Join a study and contribute to what we know about nutrition and health.

Why should I join?

- Become a partner in research
- Learn about diseases that may affect your family and your community

What does the study involve?

- Participation includes up to four visits that ask about you, your health and diet, your family and your community
- Information collected includes blood pressure, height, weight, and blood, urine, stool samples and more

We are recruiting diverse adults who:

- Are 18+ years of age and speak English
 - Can travel to UCLA (free parking)
 - Are eligible to enroll, or currently enrolled in the National Institutes of Health *All of Us* Research Program
- joinallofus.org/ucla

What do you receive?

- Up to \$300 for completing the study
- Insights into nutrition and health



Contact us: (310) 206-8292

Email: AllofUs@mednet.ucla.edu



Visit nutritionforprecisionhealth.org or scan the QR code to learn more today.

UCLA Health