



VOLUNTEERS WANTED FOR MEDICALLY SUPERVISED RESEARCH

EFFECT OF SNACK CONSUMPTION ON AGING



> ELIGIBILITY CRITERIA:

- Age 55-75 years
- Female
- BMI 18.5-34.9 kg/m²
- Non-smoker
- Non-vegetarian/vegan
- No use of prescribed cosmeceutical agents

> STUDY INVOLVES:

- 12-week study with 7 in-person visits
- Randomized study, where you are given either pecans or pretzels to include in daily diet
- 24-hour diet recalls with a registered dietitian
- Blood, urine, and stool collection
- Up to \$250 compensation



AGING & ANTIOXIDANTS



CONTACT US



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As the confidentiality of emails cannot be guaranteed, do not include any sensitive information in your email if you choose to respond by that method.

This research study is being conducted by Zhaoping Li, MD, PhD and Jieping Yang, PhD

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PROTOCOL ID: IRB#XX-XXXXXX UCLA IRB APPROVED APPROVAL DATE: X/XX/XXXX THROUGH: X/X/XXXX COMMITTEE: XXX