
UCLA STUDY ON FAMILY THERAPY FOR TRANSGENDER + GENDER DIVERSE YOUTH AGES 12-24 & THEIR FAMILIES

What is this study about?

The research team aims to create a new version of family-focused therapy that helps families understand youths' gender identity, communicate more easily, and reduce stress.

What will I do in this study?

Participation includes interviews, questionnaires, and **12 sessions of family-focused therapy at no cost.**

Participants will be compensated for interviews and assessments.

To participate, you must:

Identify as not cisgender • Have a history of sadness or low mood and/or have tried drug(s) and/or alcohol • Attend family sessions with a parent or caregiver

CALL OR EMAIL FOR MORE INFORMATION

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