

Alzheimer's and Dementia Care Program (ADC) Goals and Objective (under the RNPH Consult Rotation): *update June 26, 2021*

Goals and Objectives for ADC Program Component

1. *Understand the role of dementia care management in improving the care of persons with dementia and supporting their caregivers*
2. *Become familiar with community resources on dementia*
3. *Learn how to manage behavioral symptoms of dementia via non-pharmacologic and pharmacologic measures*
4. *Appreciate the multidisciplinary approach in the care of a patient with dementia*
5. *Recognize and screen for caregiver burden and depression*
6. *Become comfortable educating families and caregivers on the management of behavioral symptoms of dementia as well as the progression of the disease*

Role of Fellow

1. Follow all patients in the ADC program who are currently admitted to the RNPH hospital and perform the following roles:
 - a. Obtain information on behaviors, psychosocial factors and safety concerns about patient from the UCLA ADC Care Specialist (NP) and communicate these with the RNPH psychiatry team
 - b. Participate in behavioral management by suggesting non-pharmacologic and pharmacologic options
 - c. Update families of patients and the ADC Care Specialist about ongoing behavioral management that is occurring in the psychiatric hospital
 - d. Discuss patient at weekly ADC meeting (Thursday 1pm)
 - e. Facilitate discharge planning and ensure smooth care transition
2. Participate in weekly ADC meeting Thursday @ 1pm (currently via Zoom).
 - a. Provide updates to the ADC team on the patient's hospitalized currently at RNPH.
 - b. Review their case with the primary psychiatry resident before the meeting
3. Call 3-4 "red" (high acuity) ADC patients each week (the afternoon of your continuity clinic day), document conversation on CareConnect and discuss these with the ADC Care Specialists (NP) in charge of the patients (can be done remotely)
 - a. ADC NP to assign patients each week
 - b. It is the Fellow's responsibility to email the ADC NP every Monday for their call assignments and appointment times for "new" patient intakes
4. Participate in 1-2 ADC intake sessions with the Dementia Care Specialist (NP) (note: may be in person or via telemedicine)
 - a. Fellow can choose an intake session that works best for their schedule
5. Watch the Alzheimer's Caregiver Education Series (ACES) before your first ADC session or a GAPNA video. <https://www.uclahealth.org/dementia/aces-webinars>
 - a. Understanding and Managing Aggressive Behavior in People with Dementia

- b. Management of Medical and Psychiatric Problems in Dementia Webinar
- c. What is Dementia (*optional*)

6. Watch three caregiver training videos of your choosing on the UCLA Alzheimer's and Dementia Care Program website (<https://www.uclahealth.org/dementia/caregiver-education-videos>).

The highlighted ones are particularly useful.

- a. **Aggressive Language/Behaviors**
- b. **Agitation and Anxiety**
- c. **Depression/Apathy**
- d. *Hallucinations*
- e. *Home Safety*
- f. *Refusal to Bathe*
- g. **Refusal to Take Medications**
- h. *Repetitive Behaviors*
- i. *Repetitive Phone Calls*
- j. *Repetitive Questions*
- k. *Sexually Inappropriate Behaviors*
- l. *Sleep Disturbances*
- m. **Sundowning**
- n. *Wandering*

Reading Materials:

- 1. See folder on "BOX" for updated materials