

THE DAPM HANDOFF

March 2023



Message from the Chair

Thank you all for tuning in to the *DAPM Handoff!* March will be a particularly eventful month. Nicolas Massaly, PhD, and Cecilia Canales, MD, MPH, have organized a special presentation from Niccolò Terrando, PhD, DIC, for the first Frontiers in Research Seminar of 2023. And please mark your calendars for the 15th Annual DAPM Scientific Evening, with Visiting Professor and judge James Eisenach, MD.

This month's *Handoff* features original articles written by some of our very own DAPM members! Emma Huebner, MD, highlights the success of the February Fitness Challenge in promoting wellness and bringing our resident physicians together. Richard Hong, MD, recounts the collaboration between various services to perform the first ever EXIT procedure at UCLA. Thank you to our pediatric and obstetric anesthesiologists for making UCLA Health history!

Maxime Cannesson, MD, PhD

Chair, Department of Anesthesiology & Perioperative Medicine at UCLA

HumAnes of UCLA



Micaela Zywicki, MD

CA-2 Resident Physician

"My favorite hike so far in California was Mount Baldy, and I'm hoping to hike Mount Whitney this summer. I'm part of the Resident Wellness Committee, and we started a February Fitness Challenge to promote wellness and exercise among the residents after finishing the In-Training Exam! If it's a hit, then we might involve attendings and the rest of the department in a friendly wellness competition in the future. "

[Meet Micaela >](#)



Niko Massaly, PhD

Assistant Professor of Anesthesiology

"I have camped in the Olympic Peninsula, sailed on Halong Bay, visited temples in Laos, eaten in Italy, hiked a glacier and seen the Northern Lights in Iceland, walked in the Moroccan Sahara, and hiked the Angel's Landing in Zion National Park. All those moments were special."

[Meet Niko >](#)

[View HumAnes of UCLA site](#)

Upcoming Events

Grand Rounds: M&M - Chronic Pain Team

"Chronic Pain M&M"

March 8

[Join Zoom Meeting >](#)

Frontiers in Research:



Niccolò Terrando, PhD, DIC

Associate Professor of Anesthesiology, Cell
Biology & Immunology
Duke University

"Breaking Barriers in Delirium"

March 9 @ 4 PM

**Hybrid, In-Person: RRUMC B-level | Join
Zoom Meeting >**



15th Annual DAPM Scientific Evening

Judge: James Eisenach, MD

March 14 @ 4 - 7 PM

RRUMC B-Level



Visiting Professor Grand Rounds:

James Eisenach, MD

Professor of Anesthesiology & Pain Medicine
Wake Forest University School of Medicine

March 15 @ 7 AM

Join 3/15 Zoom Meeting >

Grand Rounds: Shahzad Shaefi, MD

Associate Professor of Anesthesia, Harvard Medical School
Cardiac Anesthesiologist & Intensivist, BIDMC

March 22 @ 7 AM

Join Zoom Meeting >

Grand Rounds: Seyed Safavynia, MD, PhD

Vice-Chair & Director Pain Services
Weill Cornell Medical College

March 29 @ 7 AM

Join Zoom Meeting >

DAPM JEDI Book Club

March 29 @ 4 - 5 PM

Join Zoom Meeting >

[View all events](#)



Resident Physicians Conquer Fitness Challenge

By Emma Huebner, MD

The UCLA DAPM Resident Wellness Committee hosted a Fitness Challenge over the month of February.



First EXIT Procedure at UCLA

By Richard Hong, MD

In January 2023, a large multidisciplinary team performed the first full-scale ex-utero intrapartum treatment (EXIT) procedure in the Main OR of RRUMC.



Project Lead the Way Inspires Tomorrow's Medical Students

UCLA Health anesthesiologists bring biomedical curriculum to Los Angeles-area high schools.



Rajesh Kumar, PhD, Awarded New R21 Grant

Dr. Rajesh Kumar's NIH/NINDS R21 Grant is entitled "Brain Metabolites, Brain Antioxidant, and Cerebral Blood Flow Deficits in Single Ventricle Heart Disease."



Belle Benanzea-Fontem, MD, Chosen as SCA DEI Junior Resident Scholar

With this recognition, Dr. Belle Benanzea-Fontem will attend the SCA Annual Meeting in Portland, OR to present her research along with our cardiothoracic anesthesiology faculty.

Maggy Riad, MD, Appointed Expert Reviewer for Medical Board of California

Congratulations to Dr. Riad on joining the Medical Board of California as an Expert Reviewer!

Johnny Quach, MBA, Accepted to UCLA Management Enrichment Program

MEP is designed to provide a framework for enhancing decision-making and leadership skills, along with understanding the context in which decisions are made.

Olivia Vallejo Becomes Restorative Justice in Academic Medicine Facilitator

Through training with the AAMC, Olivia has learned how to respond to instances of individual or communal harm in ways that support active accountability, shared

New Leadership Appointments

- **Catherine Cha, MD:** Interim Chief, Division of Obstetric Anesthesiology

Recent DAPM Publications

- **Christopher Little, MD, Kasey Grewe, MD, Vadim Gudzenko, MD, Marisa Hernandez-Morgan, MD, MPP, MA, Louis Saddic III, MD, PhD:** Thoracic epidural analgesia can be reserved for a specific population of patients undergoing lung transplantation. *Transplant Proceedings*.
- **John Park, MD, PhD, Justine Liang, MD, Soban Umar, MD, PhD:** Electrical remodeling in right ventricular failure due to pulmonary hypertension: unraveling novel therapeutic targets.
- **Michael Tien, MD, Louis Saddic III, MD, PhD, Jacques Neelankavil, MD, Tiffany Williams, MD, PhD:** Impact of COVID-19 on racial and ethnic disparities in cardiac procedural care. *Journal of Cardiothoracic and Vascular Anesthesia*.
- **Emily Methangkool, MD, MPH:** Recommendations for transesophageal echocardiographic screening in transcatheter aortic valve replacement: insights for the cardiothoracic anesthesiologist. *Journal of Cardiothoracic and Vascular Anesthesia*.
- **Nir Hoftman, MD, Soban Umar, MD, PhD:** Ventilation and complications after lung resection: comment. *Anesthesiology*.
- **Brittany Burton, MD, MHS, MAS:** A neural network model using pain score patterns to predict the need for outpatient opioid refills following ambulatory surgery: algorithm development and validation. *JMIR Perioperative Medicine*.
- **Joseph Meltzer, MD:** Success in supporting early mobility and exercise in a cardiothoracic intensive care unit. *Journal of Nursing Administration*.
- **Maggy Riad, MD:** Anticholinergic syndrome: an underdiagnosed harmful condition In the perioperative and ICU settings. *EC Pharmacology And Toxicology*.
- **Riccardo Olcese, PhD:** Activation of endothelial large conductance potassium channels protects against TNF- α -induced inflammation. *International Journal of Molecular Sciences*.
- **Jane Moon, MD:** Emanuel Papper's Ph.D.: Anesthesia's Romantic Ideals. *Anesthesiology*.

[View all news](#)

Faculty Development and Career Advancement

Call for ASA 2023 Scientific Abstracts and Exhibits



Deadlines are approaching for ASA 2023 submissions. Propose scientific abstracts, educational exhibits, medically challenging cases, and quality improvement projects for ANESTHESIOLOGY 2023 today!

Deadlines:

- Scientific Abstract/Scientific and Educational Exhibit: **April 5, 2023, 11 AM CT / 9 AM PT**
- Medical Challenging Case/Quality Improvement Project: **May 17, 2023, 11 AM CT / 9 AM PT**

[Submission Information](#)

Justice, Equity, Diversity and Inclusion (JEDI)

Ashley Oliver, MD: Black History Month Feature

We would also like to highlight Ashley Oliver, MD, MA, for her published interview on the [California Society of Anesthesiology \(CSA\) Online First Blog](#) and feature on the [Vital Times podcast](#) in honor of Black History Month. She shares her journey through medicine as a Black American cardiac anesthesiologist and discusses her hopes for her own future and our profession at large.



March is National Womxn's History Month

National Womxn's History Month ([Why We Use Womxn with a "X."](#)) honors the generations of womxn from all backgrounds who have fought against discrimination, broken down barriers, and shattered glass ceilings while advocating for equality. We invite you to explore the [National Women's History Month Website](#) and our institution's resources available to all women, such as the [Iris Cantor Women's Health Center](#), [Gender Health Program](#), [Women's Life Center](#), [UCLA Center for the Study of Women](#), and many others.

Join our [DAPM Womxn in Anesthesia Listserv](#), which serves as a way for womxn in our department to connect with one another, provide and receive mentorship, notify one another about special

events, and reach out about needs relevant to womxn.

Please stay tuned for details about our [Annual Department Womxn's Symposium](#), which will take place on **April 3rd at 5:00 PM** via Zoom!

Wellness Corner



Thrive Market x UCLA Health has partnered together to make healthy living made easy for YOU! Sign up for a complimentary 2-year membership and get your favorite organic brands delivered right to your door!



Can't figure out what you want to eat for breakfast, lunch, or dinner? Well, now, you have the opportunity to mix it up! UCLA Health x Kitchen United Mix has partnered together to allow foodie fans who love variety to order meals from different restaurants, all on the same bill. The options are healthy and delicious! Follow the steps above to get started.

Get your Official UCLA Health Headshot!

These sessions are available for **walk-ins** up until 10 minutes before the end time. If you end up attending a session and getting a headshot, **please let the Communications Team know** at AnesthesiologyCommunications@mednet.ucla.edu so that we may update your website profile with your photo following the sessions.

Additional dates for Westwood will be released once announced.

[For more information](#)

Please refer to the following contacts for all related department requests:

- Academic Personnel: anesap@mednet.ucla.edu
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- Communications: AnesthesiologyCommunications@mednet.ucla.edu
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And as always, please reach out to your respective assistant for any support you may need.

