

ACHA SIXTH NATIONAL CONFERENCE

3:00 p.m., Thursday, April 28 through 3:00 p.m., Sunday, May 1, 2011 at the Los Angeles Airport Marriott

This event will bring together top congenital heart specialists to provide the latest information on adult congenital heart treatment, research, and resources. It also offers a unique opportunity for the heart defect community to come together to share our stories, celebrate our triumphs, and plan for our future. The conference will offer four parallel events—ACHA's Patient-Family Conference, Clubhouse Sessions, ACHD Research Symposium, and ACHD Health Care Professionals Symposium, plus plenary sessions involving all attendees.

The Patient/Family Conference will include these focus topics: *Adult Congenital Heart Disease: Past, Present and Future*, offering defect and surgery-specific sessions and topics such as the historical perspective of ACHD care and the future of surgery and catheter intervention; *Nuts and Bolts of Self-Management*, which will address issues such as disability law, insurance, how to find ACHD care, and psychosocial issues; and *Bridging the Gap Between Patients and Providers*, a patient and health care provider panel. Extensive opportunities for peer connections, support and personalized sessions with clinicians will also be offered.

New to the conference this year are the *Clubhouse Sessions*, which are peer-led sessions on topics such as *Preparing for Surgery*, *Managing Life with an ICD*, *Managing Romance with CHD* and *Coping with a Heart Transplant*.

The ACHD Health Care Professionals Symposium is a day-long event addressing the unique clinical, administrative, and research needs of cardiology professionals with a focused practice in adult congenital cardiology. Sessions will be interactive and case-based, and will address *The "Misunderstood" Often Forgotten RV*, as well as *ACHD and Atrial Arrhythmias—the Hidden Epidemic*.

The ACHD Research Symposium will bring together top ACHD researchers to address how to move forward a national research agenda for ACHD patients. Focus topics are *Key Questions about Heart Failure in ACHD* and *Implications of Advanced Therapies and Interventions in the ACHD Patient with Pulmonary Hypertension*. ACHA is soliciting research abstracts and will be awarding travel grants to winning investigators. This event is targeted to cardiologists and allied health professionals; CME/CE accreditation is pending.

To register, view up-to-date agendas for the four parallel events, learn about conference sponsorship, learn more about submitting an abstract, or apply for scholarships, please visit our website at www.achaheart.org.

The Adult Congenital Heart Association invites adults born with heart defects, their families, and interested health care professionals to the

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April 28 – May 1, 2011
Los Angeles Airport Marriott
Los Angeles, CA

Cohosted by



and



Ahmanson/UCLA
Adult Congenital Heart Disease Center

REGISTER TODAY! Register online at www.achaheart.org. You may also call the Adult Congenital Heart Association at (888) 921-ACHA or e-mail info@achaheart.org for more info.

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Adult Congenital Heart Association
6757 Greene Street, Suite 335
Philadelphia, PA 19119-3508

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REGISTRATION

We have an online registration form this year! Please visit our website at www.achaheart.org and click on the conference page for the registration link. If you don't have a computer to register, contact us at conference@achaheart.org or (888) 921-ACHA.

Registration fees include:

- Pre-conference sessions and welcome refreshments
- All patient/family and health care provider sessions
- All ACHA Research Symposium sessions
- Friday and Saturday breakfast, lunch, and snack breaks
- Saturday Gala Dinner
- Sunday breakfast and Beach Day and Picnic

	EARLY BIRD REGISTRATION (ON OR BEFORE 3/11/11)	LATE REGISTRATION (AFTER 3/11/11)
Patient/Family		
First Registrant	\$195	\$245
Additional Family Members	145	195
Fri. 4/29 or Sat. 4/30 Only (No Gala)	125	125
Gala Only – Patient/Family	35	35
Gala Only – Other Attendees	50	50
Gala Only – Children 2–13*	15	15
Professional		
MD Attendee	\$395	\$445
Trainee/CCA Attendee	345	395
Gala Only	50	50

*Children under 2 admitted free.

Location The Los Angeles Airport Marriott at 5855 West Century Boulevard in Los Angeles, CA 90045 is located just two blocks from LAX Airport. Complimentary airport shuttle service is available. For directions, go to www.marriott.com/hotels/travel/laxap-los-angeles-airport-marriott.

Lodging A special conference rate of \$105 per night for a single/double occupancy room (\$10 extra per each additional person over 18) will be available at the Los Angeles Airport Marriott for conference attendees. For reservations, visit: <http://tinyurl.com/ACHA-Marriott-Room-Reservation> or call (800) 228-9290 and ask for the "Adult Congenital" rate by April 13, 2011.

Financial Aid Reduced registration fees and scholarship assistance for travel expenses are available for qualifying individuals. For more information and application forms, visit www.achaheart.org, e-mail paula@achaheart.org, or call the office at (888) 921-ACHA.

Refund Policy Cancellations received in writing on or before April 14, 2011 will be refunded, less a \$75 administration fee. No refunds will be made on cancellations after April 14, 2011.

2011 PATIENT/FAMILY CONFERENCE TOPICS

Thursday, April 28

Patient/Family Conference Pre-Sessions

Welcome Activities
Defect/Topic Discussion Groups

Friday, April 29

Scheduled sessions currently include:

Whole-Group Sessions

- ACHD: Past, Present, and Future
- Many Hearts, Many Journeys
- Future of Surgery/Intervention
- Managing Your Medical Needs – What Every Patient Should Know About:
 - Finding Quality ACHD Care
 - Exercise
 - Genetics
 - Radiation Risk

Break-Out Sessions

- Defect/Syndrome-Specific Sessions
- Keeping the Beat: Identifying and Managing Rhythm Problems
- New Treatments for Pulmonary Hypertension
- Pregnancy and Fertility in CHD
- What's New in Surgery?
- Pushing Yourself While Protecting Your Heart: ACHD and Athletics
- More on Catheter-Based Interventions
- Getting Started with Exercise
- It's All in the Pump: Managing and Treating CHF

Evening Activities

- Optional LA Bus Tour/Santa Monica Dinner-on-your-own

Saturday, April 30

Symposium Topic: Beyond the Doctor's Visit

Scheduled sessions currently include:

Whole-Group Sessions

- Beyond the Doctor's Visit: The Nuts and Bolts of Self-Management
- Many Hearts, Many Journeys
- Health Insurance with CHD
- How to Find ACHD Care
- Taking Charge of Your Medical Records
- Your Rights in the Workplace
- Heart and Mind Panel
- ACHA/AARCC Research Update

- Research Empowerment through Patient/Provider Partnership
- Bridging the Gap Between Patients and Providers

Break-Out Sessions

- Managing Insurance
- Supplemental Security Income (SSI)/Disability
- Update on Heart and Heart-Lung Transplant
- What's New in ICD/Devices?
- CHD and Genetics
- Coping with Anxiety and Depression for ACHD Patients
- Learning Issues in ACHD
- Coping Tips for Parents of ACHDers
- ACHA Research Update
- Birth Control and CHD
- Aging with CHD for Women
- Aging with CHD for Men

Evening Activities

- ACHA Gala and Awards Dinner

Sunday, May 1

Scheduled sessions currently include:

- ACHA Update
- What's New in ACHA Programs
- Q&A Sessions
- Small Group: Member Input Session
- Closing Comments

Additional Activities

- Beach Day and Picnic (transportation provided)

Thank you to our sponsors:



ACHA is a nonprofit organization that seeks to improve the quality of life and extend the lives of adults with congenital heart defects. Through education, outreach, advocacy and promotion of research, ACHA serves and supports the more than one million adults with congenital heart defects, their families, and the medical community. For more information, go to www.achaheart.org or call toll-free: (888) 921-ACHA.