

BEYOND DIAGNOSIS: MOVING FORWARD WITH MS

Hearing those words “you have multiple sclerosis” can set off a flood of emotions, fears and questions. But the information and support you need most can be found right here.

The National Multiple Sclerosis Society is offering this free program for people diagnosed within the past two years.

Join the MS health and wellness professionals with the Marilyn Hilton MS Achievement Center at UCLA in an open conversation about the disease and how wellness practices can help you live your best life with MS. You'll have a chance to meet and talk with others who are also newly diagnosed and share your questions and experiences.

*Space is limited.
Pre-registration required by
January 8, 2022.*

REGISTER TODAY!

Wednesday, January 12, 2022

6:30 pm-8:00pm

Marilyn Hilton MS Achievement Center at

UCLA Virtual Zoom Meeting

<https://uclahs.zoom.us/j/96138368865>

Through this interactive conversation participants will:

- Have a better understanding of treatments to manage MS and its symptoms
- Learn how wellness practices integrate into healthy living with MS
- Have a chance to connect and share with others experiences around managing a new diagnosis.
- Discover the wealth of resources available through the National MS Society to understand and manage life with MS.

Featured presenters from professional team of the Marilyn Hilton MS Achievement Center at UCLA and the National MS Society, Southern California including:

- *Kevin Patel, MD, Medical Director*
- *Lisa Guerette, AuD, MHA, CCC-SLP/A, Executive Director*
- *Kara Delimen, Clinical Exercise Specialist*
- *Janell Marshall, Director, Community Engagement -MS Society*
- *Eva Kirkman, Manager, Volunteer & Community Engagement -MS Society*



National Multiple Sclerosis Society
Southern California & Nevada Chapter



Call Lisa Guerette at 310-267-4077 or email
Lguerette@mednet.ucla.edu to REGISTER