

FACILITATOR & ADVANCED LEARNING NOTES

1. Watch the first segment, the common response. Stop the video for discussion.
 - a. What happened? Why did it happen? What were the triggers to the behavior?
 - b. What can Lauren do to achieve a better outcome?
2. Watch the second and third video segments. Share:
 - a. Personal experiences using the recommended response.
 - b. Ideas for what group members can do today to remove triggers.

Use the *TAKE ACTION* worksheet at back of this guide to record steps taken and other ideas for your own environment.