



## Calling Post-9/11 Era Veterans

UCLA Operation Mend is proud to offer a Virtual Intensive Treatment Program for veterans and military service members suffering from symptoms related to post-traumatic stress disorder (PTSD) and traumatic brain injury (TBI)

*\*State restrictions may apply. Inquire to see if the program is available in your state. In person programming available for those within driving distance.*

### Our three week Virtual Intensive Treatment Program promotes healing and wellness through:

Comprehensive virtual evaluation  
Individualized treatment planning  
Evidence-based trauma treatment  
Cognitive skills training  
Skills-focused groups  
Peer-to-peer connections

Caregiver psychotherapy groups  
Art therapy  
Mindful movement practice  
Social support from buddy programs  
Referrals and connection to local care  
Post-treatment support

#### Who is eligible?

We welcome post-9/11 era military service members and veterans with symptoms related to trauma exposure or who have been diagnosed with PTSD, with or without a history of TBI. After an initial, comprehensive virtual evaluation, our team determines whether the program meets the veteran's needs.

#### Are caregivers included?

We are the only intensive treatment program in the country that includes caregivers as fully integrated participants. There are two treatment groups: one with veterans only, and one with veterans and their caregivers.

#### How much does it cost?

There is no cost to veterans, service members, and caregivers.

#### What happens after treatment?

Participants receive three weeks of provider-facilitated check-ins to continue refining skills, building community and transitioning to local care. Regularly scheduled virtual appointments with family care managers continue for one year following program completion for continuity of care.

#### About UCLA Health Operation Mend

Operation Mend was established in 2007 as a partnership between UCLA Health and the United States military. We provide advanced surgical and medical treatment, comprehensive psychological evaluation and support, and an intensive treatment program for symptoms related to post-traumatic stress and traumatic brain injury for post-9/11 service members, veterans and their families. The program is available at absolutely no cost to the veterans or service members, and is available to eligible warriors injured during combat operations or training. UCLA Health Operation Mend is a member of the Warrior Care Network.

### Absolutely no cost to participants

To get started, call 310-267-2110

email [operationmend@mednet.ucla.edu](mailto:operationmend@mednet.ucla.edu)

or visit [uclahealth.org/operationmend](http://uclahealth.org/operationmend)

Founding member of

