
















PREVENTIVE HEALTH SCREENINGS, BY AGE

	AGE TO ADMINISTER										FREQUENCY
	0	10	20	30	40	50	60	70	80		
 FLU VACCINE	6 MONTHS OLD — 80+ YEARS OLD										Everyone age 6 months and older should receive one dose annually.
 HPV VACCINE	11 — 26										Two doses are recommended for people 11 to 15 years old and three doses for people 15 to 26.
 COVID-19 VACCINE	12 — 80+										One or two doses depending on the vaccine type.
 HEPATITIS C SCREENING	18 — 79										Adults age 18 to 79 should have a one-time blood test.
 STI + HIV SCREENING	18 — 80+										Regular testing for sexually transmitted infections, including HIV, is based on sexual activity and other risk factors.
 CERVICAL CANCER SCREENING	21 — 65										Women should be screened every 3 years from 21 to 30 years old, and every 5 years from 30 to 65.
 LIPID PANEL	20 — 80+										Lipid levels should be checked regularly with a blood test.
 DIABETES SCREENING	20 — 80+										Hemoglobin A1c, which measures blood sugar control over three months, should be checked regularly.
 BREAST CANCER SCREENING	40 — 75										Women should have their first mammogram between age 40 and 50, repeated every 1 to 2 years until 75.
 COLON CANCER SCREENING	45 — 75										Normal colonoscopies should be repeated every 10 years; normal stool screenings should be repeated annually.
 PROSTATE CANCER SCREENING	50 — 69										Screening includes a physical exam and PSA blood test. Frequency determined by physician based on personal risk.
 SHINGLES VACCINE	50 — 80+										Shingrix should be given in two doses, 2 to 6 months apart, even if the patient already received Zostavax.
 LUNG CANCER SCREENING	50 — 80+										Anyone who has smoked the equivalent of one pack a day for 20 years should have an annual chest CT scan.
 OSTEOPOROSIS SCREENING	65 — 80+										Women should have their first DEXA bone scan at 65, repeated as determined by their physician.
 ABDOMINAL AORTIC ANEURYSM SCREENING	65 — 75										Men between 65 and 75 years old who have ever smoked should have a one-time screening.