

UCLA Health Department of Nursing

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PICU Restraint Case Study Scenarios

Read the following scenarios, and indicate how you would describe the type of restraint (Behavioral versus Medical/Surgical) based upon the patient behaviors and level of agitation and what is needed. Restraint Guideline #1008

Scenario 1:

11 year old extubated neuro patient agitated and pulling out all his IV lines and removing monitoring devices including EKG leads, becoming increasingly agitated when staff approach patient. MD notified immediately. Patient screaming out and crying. MD arrived to assess the patient and explained to patient he was hurting himself – patient continued to yell and cry. His agitation level is +3 (modified Riker Scale). Patient started to make attempts to climb out of bed, and stated he doesn't want to stay here anymore. What type of restraints and what is needed in the chart?

Answer:

Scenario 2:

15 month old patient is currently on Steroid pulse therapy after OLT. Remains intubated and occasionally agitated. Tearful at times, reaching for something in the air. At 1600 Ativan and fentanyl PRN given. Patient remains agitated. Tries to turn over in bed, crying. Agitation level is +1 to +2 at various times. An order for all 4 side rails up was given and applied by the RN. A constant observation Aide (Sitter) and husband are at bedside trying to calm and reassure the patient. What type of restraint? Is sitter a restraint? What needs to be in chart? Can anything else be done?

Answer: