

Preparing for End of Life

Patient checklist

- Discuss healthcare instructions for end-of-life medical care with your loved ones.
- Complete an Advance Healthcare Directive, also known as a durable power of attorney for healthcare or living will, to provide specific written instructions about the future healthcare you wish to receive should you become too ill or injured to make your own decisions.
- Discuss the completion of a Physician Orders for Life-Sustaining Treatment (POLST) form with your physician.
- Arrange a financial power of attorney through your financial institution or an attorney.
- Discuss your options for end-of-life care and consult your physician if you have questions about:
 - Hospice in a home, skilled nursing facility or hospital
 - Palliative care while in the hospital
 - Organ and tissue donation options
- Compile a list of family and friends you wish to be notified.
- Discuss with your family how you would like to be remembered and any instructions for burial.

What to do next

- Carefully check all life and casualty insurance policies for death and survivor benefits.

Possible agencies to contact:

- Social Security (800) 772-1213
- Veterans Administration (800) 827-1000
- Credit Union
- Trade Organizations
- Fraternal Organizations

- Notify any attorneys and personal representatives.
- Notify insurance companies, including automobile, for immediate cancellation and possible refund of premium.
- Determine employee benefits, including accrued vacation pay, death benefits, retirement plans, and final wages.
- Cancel credit cards and charge accounts.
- Notify landlord, utilities and post office.
- Check on debts, mortgages and installation payments that may be due.
- Choose a mortuary or funeral home.



Notes
