# Regional Support Groups for the Loss of a Child or Infant

Support groups led by people who understand what you are going through may help you recover from your loss and feel hopeful about your ability to rebuild your life. For national support groups, please refer to booklets in this packet.

#### Los Angeles/San Fernando Valley

# Mattel Children's Hospital UCLA Comforting Hearts Family Bereavement Group

(Adults and children services for when a child dies) (310) 825-0731 uclahealth.org/cccp

#### GriefHaven — Parent Grief Support Group

(Adults and children services for when a child dies) (310) 459-1789 griefHaven.org

# Our House Grief Support Center — Variety of Support Groups

(310) 473-1511 ourhouse-grief.org

#### MISS Foundation — Parents Grief Support Group

(Adults and children services for when a child dies) (602) 279-6477 or (888) 455-MISS (6477) la.missfoundation.org

#### Compassionate Friends

(Adults and children services for when a child dies)

L.A. Chapter: (310) 474-3407 South L.A.: (323) 546-9755 Verdugo Hills: (818) 236-3635

Spanish-Speaking Group: (323) 606-8084

Woodland Hills: (888) 272-5708 San Gabriel Valley: (626) 919-7206 thecompassionatefriends.org

#### Hospice of the Conejo

(Variety of bereavement support groups, including Spanish speaking) 80 East Hillcrest Drive, Suite 204, Thousand Oaks, CA 91360 (805) 495-2145

#### Little Angels of White Memorial Support Group

(Monthly support groups in both English and Spanish for miscarriage, stillbirth or infant loss)
White Memorial Medical Center, Adventist Health
1720 Cesar Chavez Ave, Los Angeles, CA 90033
(562) 682-9631

#### Los Angeles County Grief Healing Peer-Parent Support Group

(A monthly support group for parents who live with fetal and infant loss) 600 S. Commonwealth Ave., Suite 800, Los Angeles, CA, 90005 Christina Thiele: (707) 849-5347 christina23thiele@gmail.com
Myia Slaughter: (323) 965-7053

# Sharing to Heal Early Loss

myslaughter84@gmail.com

Providence Tarzana Medical Center (818) 609-2264



#### **Orange County**

#### Gary's Place for Kids Support Groups

(Adults and children services)

Contact: Adele Canzano (949) 348-0548

gpfk.org

#### The Compassionate Friends

(Adults and children services for when a child dies) Contact: Roy Redman (714) 993-6708

Irvine Chapter (714) 504-7042

the compassion at efriend soc.com

#### Fairhaven Memorial Park & Mortuary

Contact: Carol Sexton or Ruth Velez (714) 633-1442 fairhavenflowers.com/library/grief\_support

#### Crystal Cathedral Support Group

(Christian-based group in Orange County) (714) 750-9237

#### Children's Hospital of Orange County Bereavement Support Groups

(For families who have lost a child, in Spanish and English) (714) 509-8521

#### Long Beach/South Bay

#### Mattel Children's Hospital UCLA Comforting Hearts Family Bereavement Group

(Adults and children services for when a child dies) (310) 825-0731 *uclahealth.org/cccp* 

#### The Compassionate Friends: South Bay/LA Chapter Support Groups

(Adults and children services for when a child dies) (310) 963-4646 info@tcfsbla.org thecompassionatefriends.org

#### The Gathering Place — Support Groups

5315 Torrance Blvd. Suite B-1, Torrance, CA 90503 (310) 546-6407

Gathering.Place@providence.org

# New Hope Grief Community in Long Beach — Support Groups

(Adults and children services) (562) 429-0075 or (888) 490-HOPE newhopegrief.org



#### Pathways Volunteer Hospice

3701 Michelson St., Lakewood, CA 90713 (562) 531-3031 pathwayshospice.org

#### Riverside/Inland Empire

### The Compassionate Friends: Inland Empire Chapter Support Groups

(Adults and children services for when a child dies) Contact: Kristan (951) 265-3820 tcf1114@gmail.com thecompassionatefriends.org

# Empty Cradle (Infant and pregnancy loss) — Support Groups

(Adults and children services for when a child dies) (619) 595-3887 support@emptycradle.org emptycradle.org

# San Diego North Inland Chapter of Bereaved Parents of the USA

(Adults and children services for when a child dies) Contact: Kathleen (619) 994-3010 bpsdni.bpchapter.org

#### Mourning Star — Variety of Supports and Groups

(Adults and children services for when a child dies)
Locations in Victorville, Riverside, Murrieta and Banning
Contact: Pamela Gabbay (760) 773-6333
mourningstar.org

#### Bakersfield/Kern County

# The Compassionate Friends: TCF of Bakersfield Support Groups

(661) 836-5649 or (661) 398-8539 tcfofbakersfield@yahoo.com thecompassionatefriends.org

# Optimal Hospice Care Grief Support Group Kids Grief Connection

Bakersfield and other locations up to San Francisco and down to Frazier Park (661) 716-4000 optimalcares.com

#### Hoffmann Hospice — Variety of Grief Support

(Adults and children services) Bakersfield (661) 410-1010 Lake Isabella (760) 379-4200 Hoffmannhospice.org

#### Lancaster/Antelope Valley

# The Compassionate Friends: TCF of Antelope Valley Support Groups

(Adults and children services for when a child dies) Lancaster (661) 839-2849 Santa Clarita (661) 252-4054 ouravangels@yahoo.com thecompassionatefriends.org

#### Hoffmann Hospice — Variety of Grief Support

(Adults and children services) Palmdale (661) 272-2355 hoffmannhospice.org

# Antelope Valley Hospital — Pregnancy and Infant Loss Group

(Adults and children services for when a child dies)  $(661)\ 726-6517$ 

#### Pro Care Hospice — Support Groups

(Adults and children services) Lancaster (661) 951-1146 Bakersfield (661) 864-0490

#### San Diego County

# The Compassionate Friends: San Diego County Chapter

(Adults and children services for when a child dies) (619) 583-1555 or (619) 248-8022 sdtcf.org thecompassionatefriends.org

#### Empty Cradle — Infant Loss Group

(Adults and children services for when a child dies) (619) 595-3887 emptycradle.org

#### Families Helping Families — Variety of Supports

(619) 294-8000 jennadruckcenter.org

#### Camarillo/Oxnard

#### The Compassionate Friends of Ventura County CA Chapter Parent Grief Support Groups

(Adults and children services for when a child dies) Contact: Janice (805) 579-7065 / gjanderson@sbcglobal.net or Lynn (805) 443-1905 / lgarrety@yahoo.com thecompassionatefriends.org

### Camarillo Hospice (Enduring Hearts Group) — Parents' Grief

(805) 389-6870 camarillohospice.org

#### Healing Hearts — Parent Grief Group

(Adults and children services for when a child dies) Contact: Debbie Morgan (805) 252-5922 100 Day Road in Ventura Last Wednesday of every month at 6:30 pm at Ventura Tech High School Library



#### Santa Barbara

# Hospice of Santa Barbara — Variety of Support Groups

(Adults and children services) (805) 563-8820 hospiceofsantabarbara.org

#### Visiting Nurse & Hospice Care

(Adults and children services)
(805) 965-5555 — Spanish support available *vnhcsb.org/bereavement-support-counseling* 

# The Compassionate Friends of Ventura County CA Chapter

(Adults and children services for when a child dies) Contact: Janice (805) 579-7065 / gjanderson@sbcglobal.net or Lynn (805) 443-1905 / lgarrety@yahoo.com thecompassionatefriends.org

#### Merced/Stanislaus County

#### Jessica's House

(Adults and children services) (209) 250-5395 jessicashouse@emanuelmed.org

#### Bereaved Parents Support Hospice of Emanuel

(209) 668-5283

#### Hanging Up Grief (HUG) — Ages 7-12

Community Hospice in Modesto (209) 578-6378

#### Modesto

#### The Compassionate Friends

(Adults and children services for when a child dies) Contact: Rhonda (209) 622-6786 tcfmodesttoriverbank@gmail.com thecompassionatefriends.org

#### MISS Foundation – Pregnancy and Infant Loss

(Adults and children services for when a child dies)

Contact: Kim Lotz (209) 725-9241

# Educational materials and connection to other parents

### Southern California Pregnancy and Infant Loss Center

(Provides information regarding grief and loss and referrals to support groups in various geographic areas)

Contact: Marcia Merry (909) 877-2777

#### Our House

(Support groups for children who have lost a sibling) 1663 Sawtelle Blvd., Suite 300, Los Angeles, CA 90025 (310) 473-1511 21860 Burbank Blvd., Suite 195, Woodland Hills, CA 91367 (818) 222-3344

#### More support resources

#### Internet resources:

#### Bereaved Parents of the USA

bereavedparentsusa.org

#### Griefnet.org

griefnet.org

#### Hand.org

hand.org

#### A Child in Grief

achildingrief.com

#### Camps for grief support:

#### Camp Erin

moyerfoundation.org

#### Comfort Zone Camp

comfortzonecamp.org

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