



# UCLA Health

## Care Extender Internship Program

### UCLA Medical Center, Santa Monica Department Descriptions

#### Cardiac Cath Lab (CCL) – 2<sup>nd</sup> rotation and up

##### ***Description:***

The Cardiac Catheterization Lab gives Care Extenders the chance to observe angioplasties, angiograms, pacemaker insertions and many more procedures. Other duties for Care Extenders may include stamping paperwork packet with patient's ID card, picking up/delivering items to other departments, lab, pharmacy (not for medications), central supply and patient transport.

##### ***Shifts:***

Monday through Friday, 7:00am-11:00am and 11:00am-3:00pm

#### Critical Care Unit (CCU) – 1<sup>st</sup> rotation and up

##### ***Description:***

The Critical Care Unit includes a team consisting of physicians, registered nurses, administrative care partners, respiratory and physical therapists, clinical social workers, nutritionists, pharmacists and case managers who collaborate with families to achieve optimal patient outcomes. Care Extenders have the opportunity to learn from healthcare professionals by observing medical procedures (vital signs, explanation of diagnosis and medication, IVs, etc.), assisting nurses, making rounds with physicians, and helping out the unit secretaries.

##### ***Shifts:***

Sunday through Saturday, 7:00am-11:00am, 11:00am-3:00pm, 3:00pm-7:00pm, 7:00pm-11:00pm

#### Emergency Room (ER) - 3<sup>rd</sup> rotation and up

##### ***Description:***

The Emergency Room is one of the most sought-after and exciting departments in the Care Extender program. In the ER, Care Extenders will be working closely with physicians, nurses, and emergency room technicians. Doctors from all different fields make an appearance in the ER, so Care Extenders will be exposed to many different disciplines.

##### ***Shifts:***

Sunday through Saturday, 7:00am-11:00am, 11:00am-3:00pm, 3:00pm-7:00pm, 7:00pm-11:00pm, 11:00pm-3:00am



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**Geriatrics – 5NW – 1<sup>st</sup> rotation and up**

***Description:***

The 5 North Wing/Geriatrics Unit at UCLA Medical Center, Santa Monica contains 26 private rooms and specializes in the care of individuals age 65 or older. Care Extenders have the opportunity to learn from healthcare professionals by observing medical procedures (vital signs, explanation of diagnosis and medication, IVs, etc.), assisting nurses, making rounds with physicians, and helping out the unit secretaries.

***Shifts:***

Sunday through Saturday, 7:00am-11:00am, 11:00am-3:00pm, 3:00pm-7:00pm, 7:00pm-11:00pm

**GI Lab – 3<sup>rd</sup> rotation and up**

***Description:***

Care Extenders will cooperate and interact with a diverse medical team of physicians, registered nurses, clinical social workers, physical therapists, and many more facets of the hospital in order to provide exceptional health care and compassion to our patients. Care Extenders in this department will assist in the GI Lab, assisting the patient care team with various tasks, such as making beds, cleaning, assisting patients with transfer, etc. CEs will also have opportunities to observe surgeries taking place in the unit

***Shifts:***

Monday through Friday, 7:00am-11:00am, 11:00am-3:00pm, 3:00pm-7:00pm, excluding holidays

**Labor & Delivery (L&D) – 3<sup>rd</sup> rotation and up**

***Description:***

Labor & Delivery is regarded as one of the most popular and competitive departments to work in. Care Extenders have the opportunity to learn from healthcare professionals by observing minor medical procedures, assisting nurses, making rounds with physicians and helping out the unit secretaries.

***Shifts:***

Sunday through Saturday, 7:00am-11:00am, 11:00am-3:00pm, 3:00pm-7:00pm, 7:00pm-11:00pm

**Family Medicine Inpatient Shadowing (Formerly LKC) – 5<sup>th</sup> rotation and up; completed 250+ hours**

***Description:***

In the Les Kelley Clinic, Care Extenders are given the chance to shadow residents 1:1 at SM-UCLA Medical Center and Orthopedic Hospital. This department is a great opportunity to see exactly how resident physicians



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work in different departments in the hospital. It allows for you to experience rounding with attending physicians, observation of procedures, and to ask questions.

### ***Shifts:***

Varies according to resident schedules

### **Medical Surgical (MS-4MNP & 4NW) – 1<sup>st</sup> rotation and up**

#### ***Description:***

The Medical Surgical department gives Care Extenders the chance to improve their communication skills and bedside manners while increasing overall patient and hospital exposure. Care Extenders will get the chance to learn from healthcare professionals by observing medical procedures (vital signs, explanation of diagnosis and medication, IVs, etc.), assisting nurses, making rounds with physicians, and helping out the unit secretaries.

### ***Shifts:***

Sunday through Saturday, 7:00am-11:00am, 11:00am-3:00pm, 3:00pm-7:00pm, 7:00pm-11:00pm

### **Neonatal Intensive Care Unit (NICU) – 2<sup>nd</sup> rotation and up**

#### ***Description:***

Patients in the NICU consist of babies days old through infants a few months old. Care Extenders have the opportunity to shadow nurses and observe procedures. Care Extenders will have the opportunity to form relationships with the NICU nurses, respiratory therapists, and rounding physicians.

### ***Shifts:***

Sunday through Saturday, 7:00am-11:00am, 11:00am-3:00pm, 3:00pm-7:00pm, 7:00pm-11:00pm

### **Oncology (ONCO) – 1<sup>st</sup> rotation and up**

#### ***Description:***

The Oncology department is primarily dedicated to delivering care to cancer patients and their families. This department exposes Care Extenders to a unique environment of patient care and undoubtedly provides them with a valuable learning experience while making a meaningful impact throughout the floor. Care Extenders' primary role will be to assist the nursing staff as they perform their daily routines, run errands, provide attention to patients and their families, and perform some clerical work.

### ***Shifts:***



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### **OR Escorts – 1<sup>st</sup> rotation and up**

**Care Extenders in this department will get priority preference within their class in their next rotation preferences, with the exception of priority in LKC!**

#### ***Description:***

The Operating Room Escort Department is a great way to familiarize oneself with the Santa Monica Hospital and its staff. Throughout each rotation, Care Extenders interact closely with patients and their families, the admissions office, the nurses and physicians of the Operating Room.

#### ***Shifts:***

Monday through Friday 5:00am-7:00am, excluding holidays.

### **Orthopedics (ORTHO) – 1<sup>st</sup> rotation only**

#### ***Description:***

The Orthopaedics department provides comprehensive diagnostic, treatment, surgical and rehabilitation services to adults and adolescents with musculoskeletal disorders. The unit offers patients a beautiful, healing environment that is supported by cutting-edge medical science, advanced technology and a dedicated healthcare team. Care Extenders will get the chance to learn from healthcare professionals by observing medical procedures (vital signs, explanation of diagnosis and medication, IVs, etc.), assisting nurses, making rounds with physicians, and helping out the unit secretaries.

#### ***Shifts:***

Sunday through Saturday, 7:00am-11:00am, 11:00am-3:00pm, 3:00pm-7:00pm, 7:00pm-11:00pm

### **Pediatrics (PEDS) – 3<sup>rd</sup> rotation and up**

**Child Life training is mandatory and will be held the day of department meetings for the following rotation. DO NOT sign up for this department if you cannot attend the mandatory training/department meeting. If you are assigned to this department but do not attend the meeting/training, you will be reassigned to a different department, which may not have been part of your original preference choices.**

#### ***Description:***

Pediatrics is a department that houses patients ranging in age from infant to teenagers. Patients seen here are in delicate conditions. The diseases in this department vary with age, sub-department, and season. These



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include immuno-suppressive diseases, cancer, organ transplants, and infections. Care Extenders have the opportunity to learn from healthcare professionals by observing medical procedures (vital signs, explanation of diagnosis and medication, IVs, etc.), assisting nurses, making rounds with physicians, and helping out the unit secretaries.

### ***Shifts:***

Sunday through Saturday, 7:00am-11:00am, 11:00am-3:00pm, 3:00pm-7:00pm, 7:00pm-11:00pm

### **PostPartum (PP) – 1<sup>st</sup> rotation and up**

#### ***Description:***

Post Partum consists of mothers who have just given birth and their babies. In this department, Care Extenders will have the opportunity to round on the mothers providing any assistance as needed. You may observe small procedures, such as circumcisions. Care Extenders also have the opportunity to assist in the nursery on the floor and hold babies.

### ***Shifts:***

Sunday through Saturday, 7:00am-11:00am, 11:00am-3:00pm, 3:00pm-7:00pm, 7:00pm-11:00pm

### **Radiology (RAD) – 2<sup>nd</sup> rotation and up**

#### ***Description:***

As a second rotation department, Radiology provides a smooth transition for Care Extenders that desire hands on experience with various imaging services. The Radiology department is known for its versatility, where Care Extenders are welcome to extend their services in departments such as the ER, Med-Surg, and CCL. Care Extenders are expected to assist technicians with various imaging techniques, facilitate a smooth visit for patients to the Radiology department, and provide a yearning desire to learn about the art of imaging/diagnosing in patient care.

### ***Shifts:***

Sunday through Saturday, 7:00am-11:00am, 11:00am-3:00pm, 3:00pm-7:00pm, 7:00pm-11:00pm

### **Surgery Center – 3<sup>rd</sup> rotation and up**

#### ***Description:***

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exceptional health care and compassion to our patients. Care Extenders in this department will assist in the Outpatient Surgery Center, assisting the patient care team with various tasks, such as making beds, cleaning, assisting patients with transfer, etc. CEs will also have opportunities to observe surgeries taking place in the unit

***Shifts:***

Monday through Friday, 7:00am-11:00am, 11:00am-3:00pm, 3:00pm-7:00pm, excluding holidays