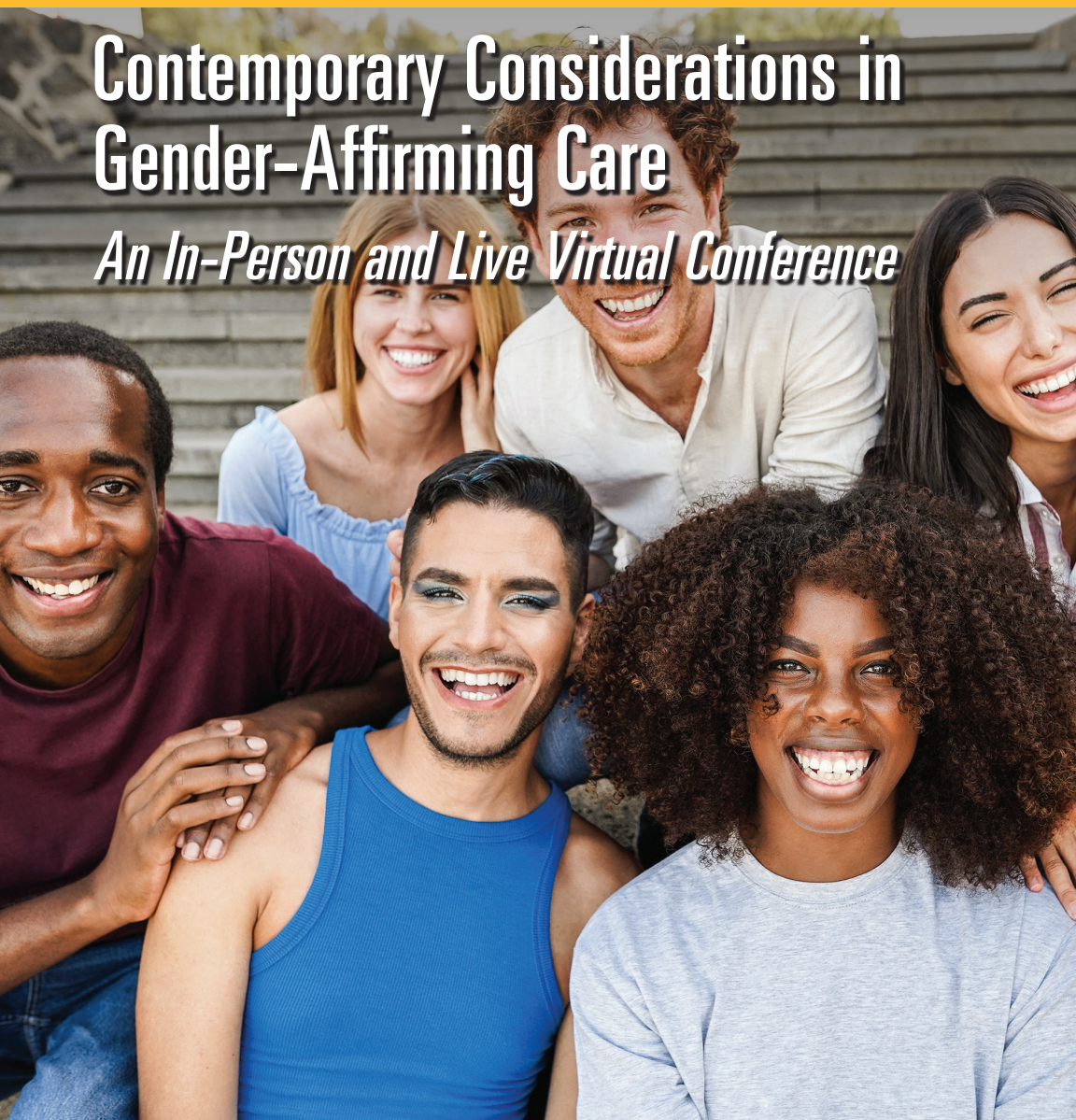




David Geffen  
School of Medicine

# Contemporary Considerations in Gender-Affirming Care

*An In-Person and Live Virtual Conference*



**Saturday, October 22, 2022**  
**UCLA Meyer & Renee Luskin**  
**Conference Center**  
**425 Westwood Plaza**  
**Los Angeles, CA 90095**



DAVID GEFFEN SCHOOL OF MEDICINE of **UCLA**

# Program

## Saturday, October 22, 2022

7:00 **Registration and Continental Breakfast**

8:00 **What Do We Mean When We Speak About “Safety”? – Rethinking concepts of safety, harm, language, and listening in patient affirming care frameworks**

*Beckett Maravelias*

8:20 **Creating and Developing a Gender-Affirming Health Care Program**

*Mark Litwin, MD*

*Chris Mann, MS*

9:00 **Break**

9:15 **Foundations of Gender-Affirming Hormone Therapy: A Patient-Centered Approach**

*Daniela Delgado, MD*

**\*\*Available for In-Person Attendees Only\*\***

**Concurrent With (In-Person) Breakout Roundtable: Clinical Challenges In Gender-Affirming Hormone Therapy For The Experienced Provider**

*Shira Grock, MD*

10:30 **Break**

10:45 **WPATH Standards of Care, Version 8: Process of Revision and Significant Updates**

*Eli Coleman, PhD*



- 11:45 **Lunch and Community Panel: What Makes a Good Health Care Experience?**  
*Moderator: Kristen C. Williams, MA*
- 1:00 **Navigating Gender-Affirming Surgery: Surgical Overviews and Health Optimization**  
*Nupur Agrawal, MD, MPH*  
*Jessica Bernacki, PhD*
- 2:00 **Break**
- 2:15 **Gender-Affirming Surgery: Perioperative and Postoperative Care**  
*Justine Lee, MD, PhD*  
*Gladys Ng, MD, MPH*  
*Ginger Slack, MD*
- \*\*Available for In-Person Attendees Only\*\***  
**Concurrent with (In-Person) Breakout Roundtable:  
Clinical Challenges in Affirming Behavioral Health Care**  
*Jessica Bernacki, PhD*  
*Marco A. Hidalgo, PhD*
- 3:30 **Break**
- 3:45 **Gender Diversity Across The Lifespan: Considerations in Youth and Older Adults**  
*Amy Weimer, MD*  
*Carl Burton, MD*
- 5:00 **Adjourn and Networking Reception**



# General Information

**\*Proof of vaccination and masks will be required for ALL in-person attendees, exhibitors and faculty.**

## Program Date

Saturday, October 22, 2022

8:00 am – 5:00 pm

\*In-person registration and check-in begins at 7:00 am, Virtual Sign-on begins at 7:45 am (PST).

## Where

UCLA Meyer & Renee Luskin Conference Center  
425 Westwood Plaza  
Los Angeles, CA 90095  
(855) 522-8252

**Conference Location:** Centennial Ballroom

## Registration Fees

### In-Person Registration

\$165 Physicians, Nurses, and Other Allied Health Professionals

\$50 Fellows, Residents and Students

### Virtual Registration

\$165 Physicians, Nurses, and Other Allied Health Professionals

\$50 Fellows, Residents and Students

## Directions and Parking

From the 405 freeway, exit Wilshire Blvd., East toward Westwood. Turn left on Westwood Blvd., travel past Charles E. Young Dr. South and turn left on Structure 8 driveway. Drive up the ramp to the rooftop level to park. Pay for parking at the parking kiosk and display the parking permit on your dash. All day parking is \$14.00.

Walk down one level and across pedestrian walkway toward Luskin Conference Center. Enter through Luskin Conference Center doors on right side.

## Refunds

Cancellations must be received in writing by Friday, September 23, 2022 and will be subject to a \$50 processing fee. No refunds will be granted after that date. If, for any reason, the course must be cancelled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

## Enrollment

### By Mail

Use the form attached. Mail to the UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, Contemporary Considerations in Gender-Affirming Care Conference, 10920 Wilshire Blvd., Ste. 1060, Los Angeles, CA 90024-6512

### Online

Go to [www.cme.ucla.edu/courses](http://www.cme.ucla.edu/courses), click on Contemporary Considerations in Gender-Affirming Care Conference, and click on the registration information section. You may use your MasterCard, VISA, American Express or Discover card to register online.

### By Phone

Use your American Express, MasterCard, VISA or Discover card.

Call (310) 794-2620.

### By FAX

Send the completed enrollment form with credit card information and authorizing signature.

Fax (310) 794-2624.

The **Contemporary Considerations in Gender-Affirming Care Conference** will also be available through a live virtual meeting web platform.

- Attendees who choose to attend the live virtual activity will receive a virtual meeting link and password to access the live virtual conference.
- All registrants (live or virtual) will be provided the opportunity to review recorded sessions up to 3 weeks following the conference.
- Attendees will be awarded CME credit commensurate with the extent of their participation in the live activity (either in-person or virtual). The recorded sessions are not certified for CME credit.

In the event in-person attendance is cancelled or capacity limits modified per CDC or public health guidelines, the Contemporary Considerations in Gender-Affirming Care Conference will be modified accordingly or presented entirely as a live virtual activity.

## Accreditation

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 8 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California State Board of Registered Nursing accepts courses approved by the AMA for category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

## Disclosure Statement

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is "truly independent" and free of commercial influence. In addition to independence, the FDA requires that nonpromotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program's participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manages all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of these concepts.

**Saturday, October 22, 2022**

Course Title and Number	Amount		
<p><b>Contemporary Considerations in Gender-Affirming Care – An In-Person and Live Virtual Conference</b> M223-26</p> <p><b>Please check only one option under Virtual Attendance or In-Person:</b></p> <table border="0"> <tr> <td> <p><b>Live Virtual Attendance</b></p> <p><b>\$165</b> Physicians, Nurses, and Other Allied Health Professionals</p> <p><b>\$50</b> Fellows, Residents and Students</p> </td> <td> <p><b>In-Person Attendance</b></p> <p><b>\$165</b> Physicians, Nurses, and Other Allied Health Professionals</p> <p><b>\$50</b> Fellows, Residents and Students</p> </td> </tr> </table>	<p><b>Live Virtual Attendance</b></p> <p><b>\$165</b> Physicians, Nurses, and Other Allied Health Professionals</p> <p><b>\$50</b> Fellows, Residents and Students</p>	<p><b>In-Person Attendance</b></p> <p><b>\$165</b> Physicians, Nurses, and Other Allied Health Professionals</p> <p><b>\$50</b> Fellows, Residents and Students</p>	
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*Please print clearly, and remember to include your credit card number and authorizing signature.*

Degree

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Area Code	Daytime Phone
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Name of cardholder

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Authorizing Signature

Expiration (Mo/Yr)

Mail to: Office of Continuing Medical Education, David Geffen School of Medicine at UCLA,  
Contemporary Considerations in Gender-Affirming Care Conference,  
10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024-6512.

## Course Description

The UCLA Gender Health Program presents an up-to-date, in-depth compendium of gender-affirming medical care. This course will feature sessions on developing an informed gender-affirming care program, basic and advanced hormone therapy, navigation through the gender-affirming surgical process, complex considerations in behavioral health care, and considerations for youth and older patients. This conference will be presented by members of the integrated, multidisciplinary UCLA Gender Health Program, and will also feature a panel of community members with diverse backgrounds and experiences. Our invited guest speaker, Eli Coleman, PhD, Chair of the WPATH SOC8, will provide an in-depth update on the WPATH Standards of Care, Version 8 (SOC8). The conference programming will be conducted in a live, hybrid format (in-person or virtual). The program will be delivered in topic-specific sessions and breakout roundtable discussions, each followed by a brief question and answer opportunity. For in-person attendees, lunch and a post-conference reception will be included as will scheduled breaks for networking and informal discussion.

## Course Objectives

At the completion of this program, participants should be better able to:

- Create a welcoming and inclusive environment for patients of all gender identities
- Describe the various approaches to patient-centered gender-affirming hormone therapy
- Support patients through the gender-affirming surgical process, including mental and physical health assessment and optimization, and identification and management of common postoperative concerns
- Navigate the updated Standards of Care (Version 8) from the World Professional Association for Transgender Health (WPATH)
- Describe unique considerations in the care of children, adolescents and older adults with gender-diverse identities

## Target Audience

This program is a continuation of our ongoing series intended to provide a more in-depth exposure to interdisciplinary care for gender diverse patients. The program is intended for an audience of physicians, nurses and other allied health professionals in primary care, endocrinology, plastic surgery, urology, obstetrics/gynecology and other medical disciplines, as well as psychologists, social workers and other mental health disciplines. Trainees and students from each are also welcome to register.

# David Geffen School of Medicine at UCLA Faculty

## COURSE DIRECTOR

### Amy K. Weimer, MD

*(she/her)*

Medical Director and Co-Director, UCLA Gender Health Program

Associate Professor

Departments of Internal Medicine and Pediatrics

Division of Internal Medicine-Pediatrics

## INVITED GUEST SPEAKER

### Eli Coleman, PhD

*(he/him)*

Professor

Department of Family Medicine and Community Health

University of Minnesota Medical School

Director and Chair in Sexual Health

Institute for Sexual and Gender Health

Minneapolis, Minnesota

## UCLA COURSE FACULTY

### Nupur Agrawal, MD, MPH

*(she/her)*

Assistant Clinical Professor

Department of Internal Medicine

Division of Internal Medicine-Pediatrics

### Carl Burton, MD

*(he/him)*

Assistant Professor

Department of Internal Medicine

### Daniela Delgado, MD

*(she/her)*

Assistant Clinical Professor

Department of Internal Medicine

### Shira M. Grock, MD

*(she/her)*

Assistant Clinical Professor of Medicine

Department of Internal Medicine

Division of Endocrinology, Diabetes and Metabolism

### Marco A. Hidalgo, PhD

*(he/they)*

Associate Professor

Department of Internal Medicine

Division of Internal Medicine-Pediatrics

### Justine C. Lee, MD, PhD, FACS

*(she/her)*

Bernard G. Sarnat Endowed Chair

Associate Professor of Surgery

Craniofacial Surgery

Division of Plastic and Reconstructive Surgery

### Mark S. Litwin, MD, MPH

*(he/him)*

The Fran and Ray Stark Foundation Chair in Urology

Professor and Chair

UCLA Department of Urology

Professor of Health Policy & Management

UCLA Fielding School of Public Health

Professor, UCLA School of Nursing

### Gladys Y. Ng, MD, MPH

*(she/her)*

Assistant Clinical Professor of Urology

Department of Urology, Reconstructive Urology

### Ginger Slack, MD

*(she/her)*

Assistant Professor

Department of Surgery, Division of Plastic and Reconstructive Surgery

## UCLA AFFILIATED SPEAKERS

### Jessica M. Bernacki, PhD

*(she/her)*

Staff Psychologist

Department of Internal Medicine

Division of Internal Medicine-Pediatrics

### Chris Mann, MSW, ACSW

*(he/they)*

Gender Health Program – Program Manager

Department of Urology

### Beckett Maravelias

*(they/them/theirs)*

Equity, Diversity, and Inclusion Consulting Specialist

Office of Health Equity, Diversity, and Inclusion, UCLA Health

### Kristen C. Williams, MA

*(they/she)*

Population Health Research Manager

Department of Urology

Department of OB/GYN

**UCLA Office of Continuing Medical Education**  
David Geffen School of Medicine at UCLA  
405 Hilgard Ave, MC29  
Box 956938  
Los Angeles, California 90095-6938

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