



William of Occam.

14th century Franciscan friar

Occam's Razor

Shaves off unnecessary complexities.

When two solutions come to the same conclusion, the simpler solution is the better.



The Conventional Wisdom & Occam's Razor

**Ventricular function usually and
simplistically refers to
acquired disease of
a two chambered heart
in which a morphologic
left ventricle is in the
subaortic position.**

**Is this an example of the principle of
Occam's razor?**



A Non-Occam Look at Ventricular Function

The Complex Determinants of Systolic & Diastolic Function in Congenital Heart Disease



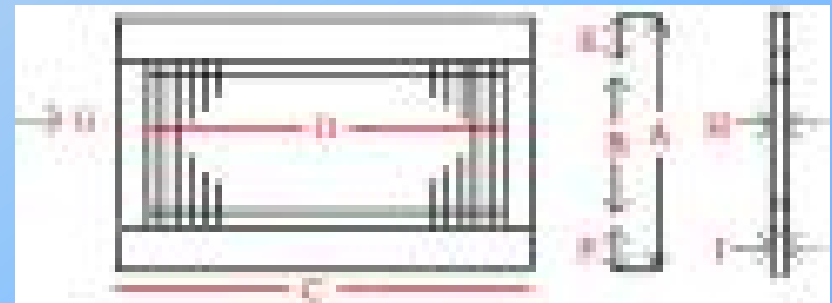
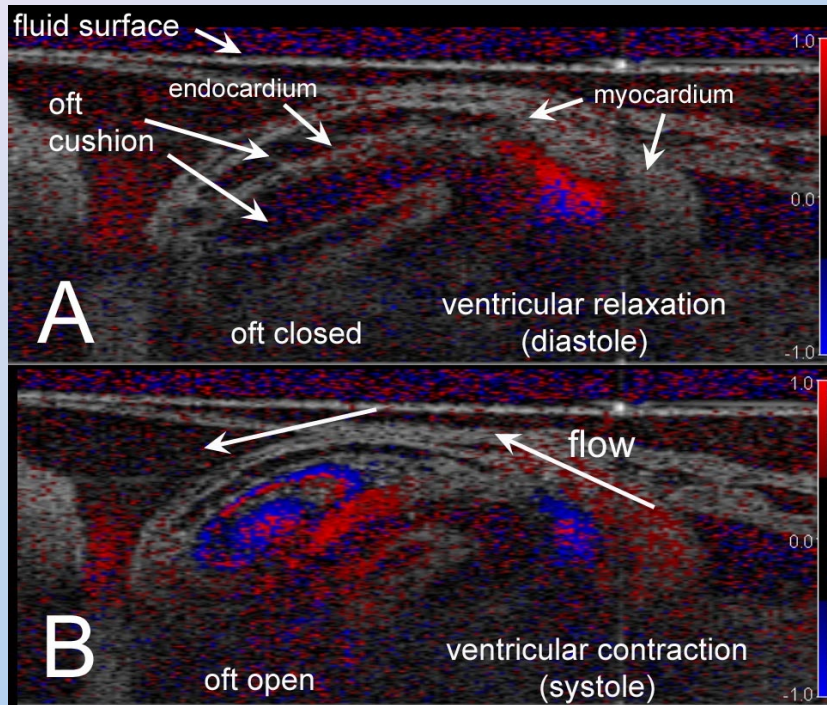


The heart cannot function without beating.

But the heart can beat without functioning.



Fluid Dynamics in a 1 mm Chick Embryo



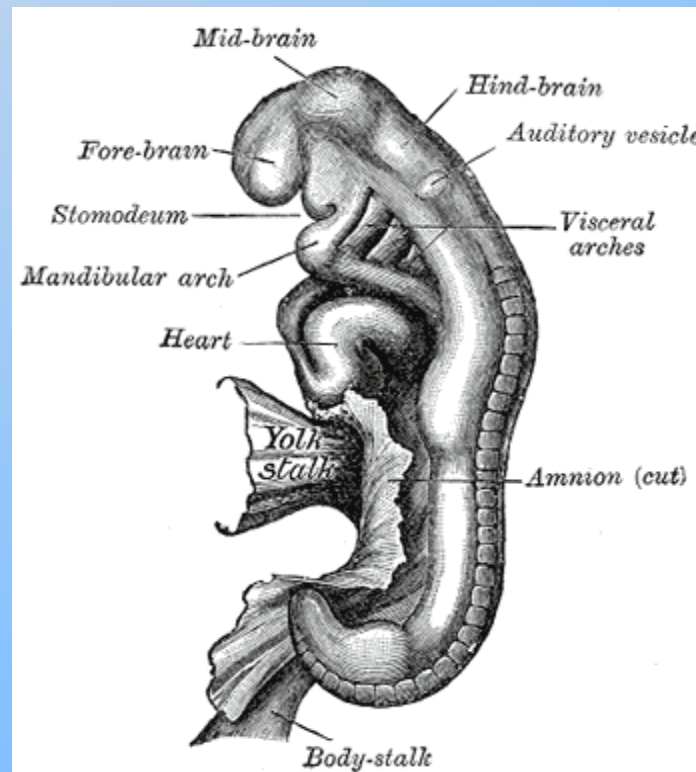
1mm scale

*Perinatal Research Institute
Duke University Medical Center
Doppler Color Flow*



Ahmanson/UCLA Adult Congenital Heart Disease Center

The embryonic heart begins to beat 18 to 21 days after conception. At this stage, the heart is empty and therefore has no circulatory function. But if the beat stops, the embryo dies.



The Heart of a Human Embryo

- *Rhythmic beating of an empty embryonic heart serves to remodel the ventricles in anticipation of receiving the blood they are designed to pump.*



Variables That Determine Ventricular Function and Ventricular Mass

Cell type –myocyte vs non-myocyte

Genetic regulation of cell populations

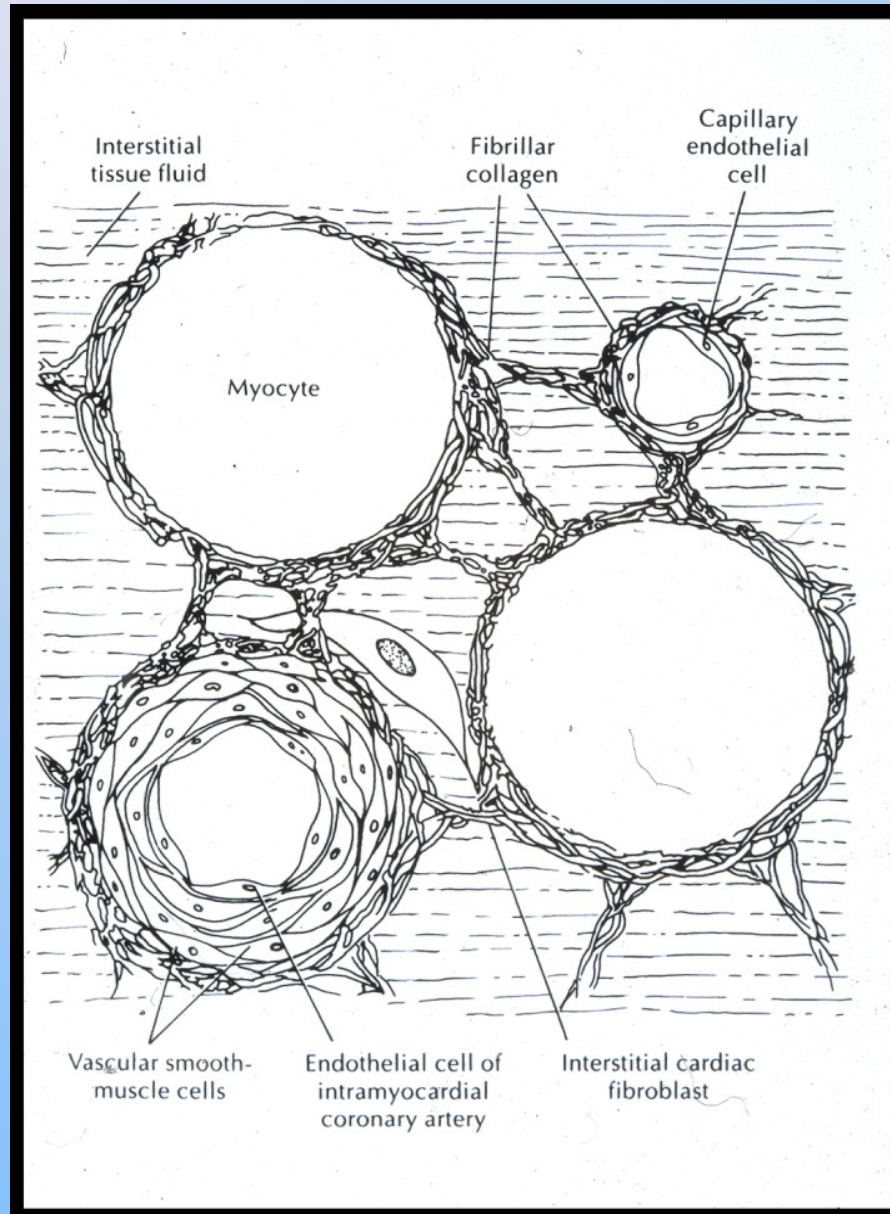
Inciting stimulus --overload/hypoxia

***Timing of the stimulus -- immaturity vs maturity
of cardiomyocytes***

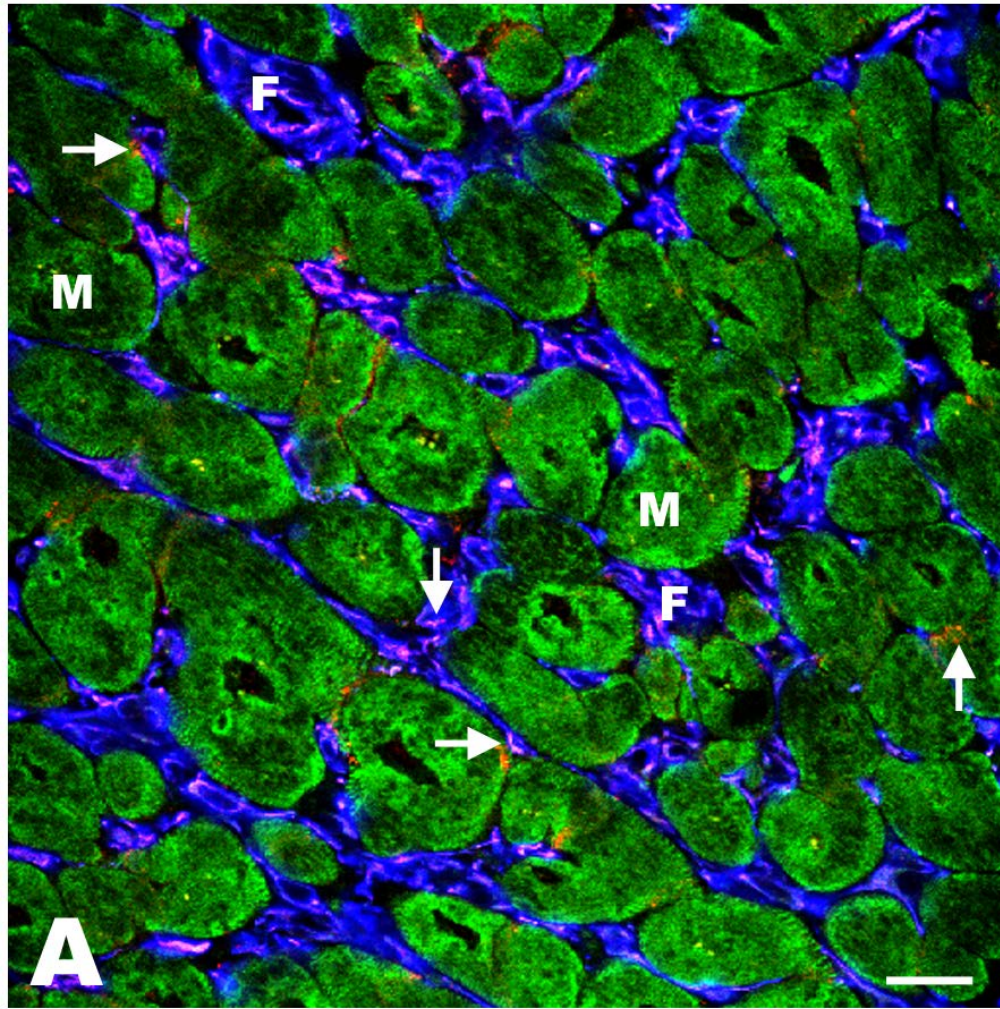
Hyperplasia vs hypertrophy



Myocardial Cell Types



Myocytes (M---green anti-myosin label).
Fibroblasts (F---blue anti-vimentin label).



Increased Ventricular Mass

The Inciting Stimuli

Pressure overload

Volume overload

Hypoxemia



Responses to the Inciting Stimulus

Ultrastructural:

- a) *New sarcomeres in parallel*
- b) *New sarcomeres in series*

Cellular:

- a) *Hyperplasia in the immature heart*
- b) *Hypertrophy in the mature heart*

Gross morphologic:

- a) *Magnified normal geometry*
- b) *Spherical geometric enlargement*
- c) *Increased wall thickness*

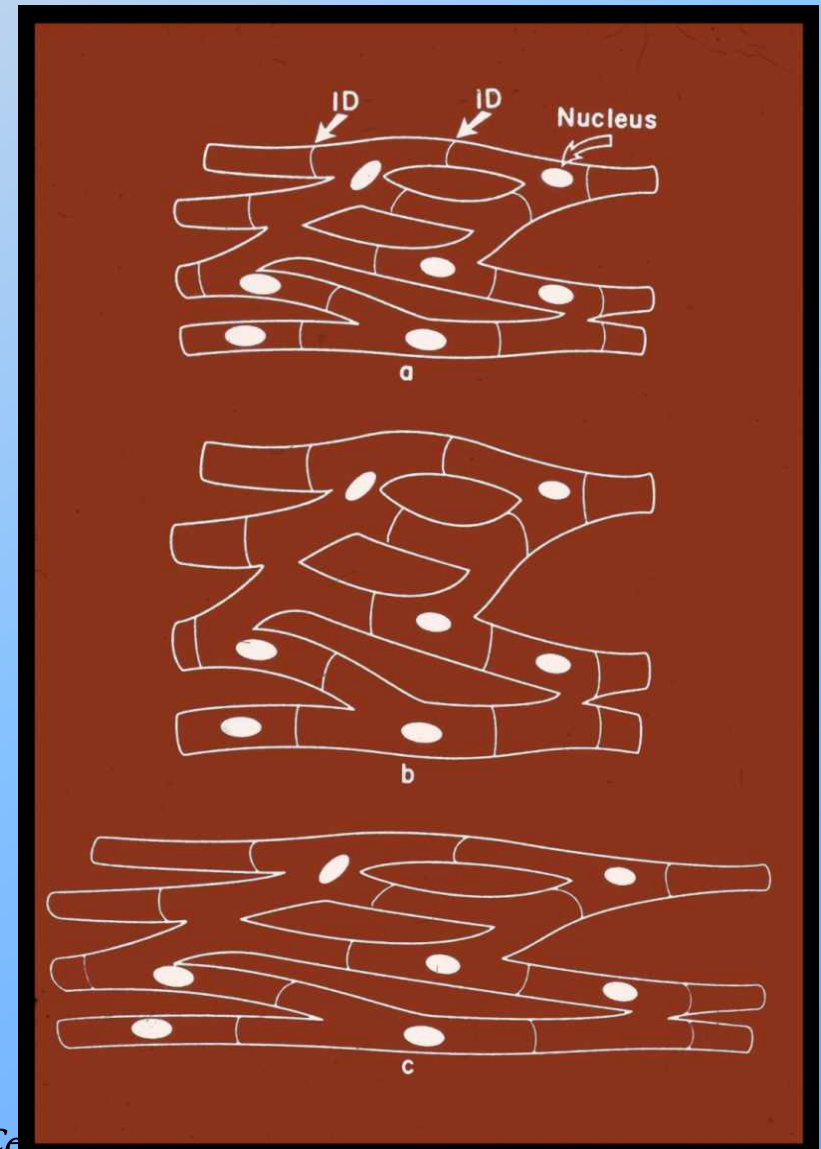


Ultrastructural Responses to an Inciting Stimulus

Normal

**New Sarcomeres
In parallel**

**New Sarcomeres
In Series**



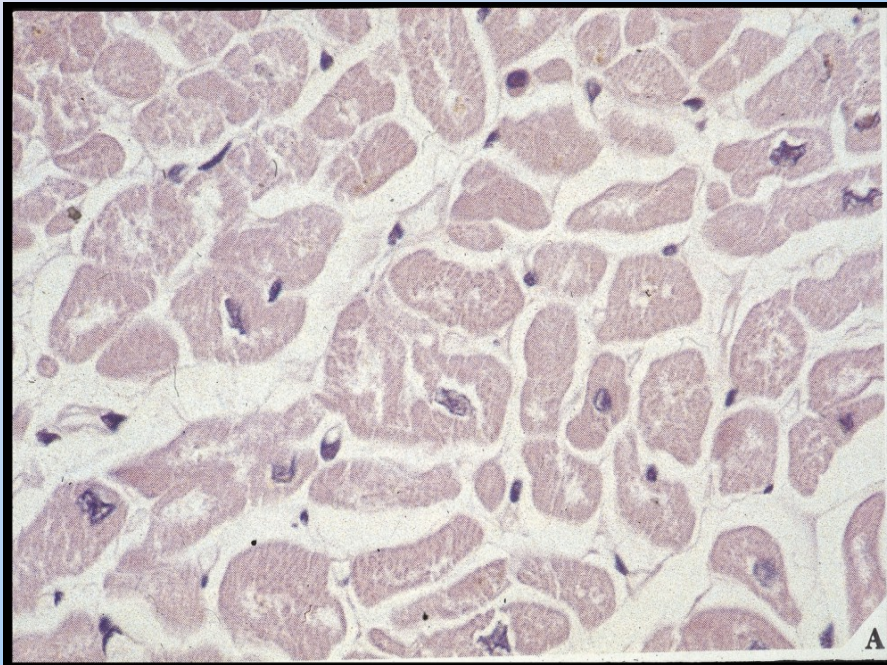
Cellular Responses to the Inciting Stimulus

- *Immature cardiomyocytes increase in number (mitotic replication, hyperplasia).*
- *Mature cardiomyocytes increase in size (hypertrophy) .*
- .



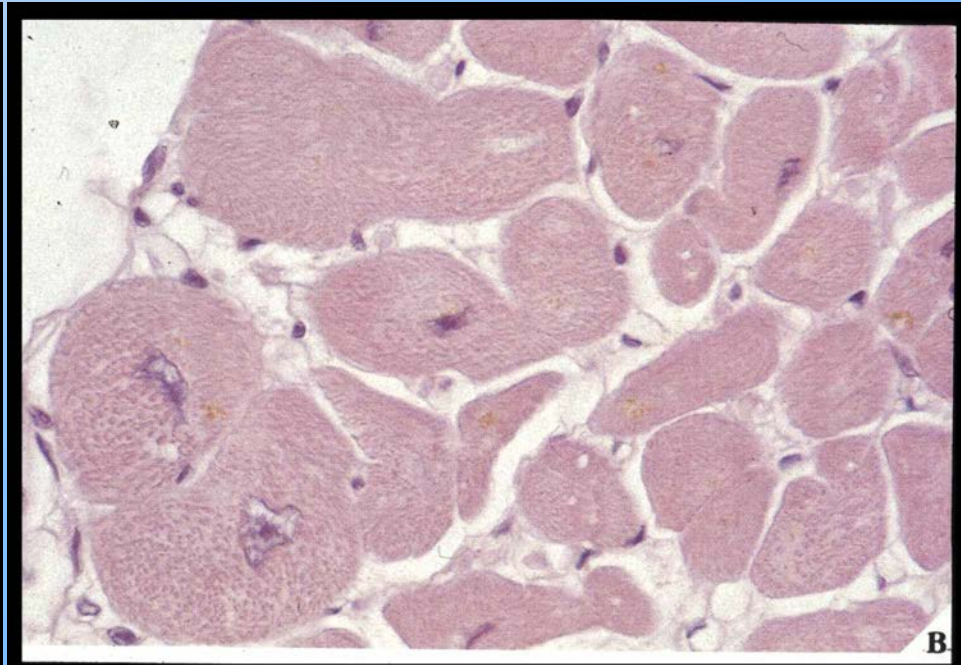
Hyperplasia

(Increase in Cell Number)



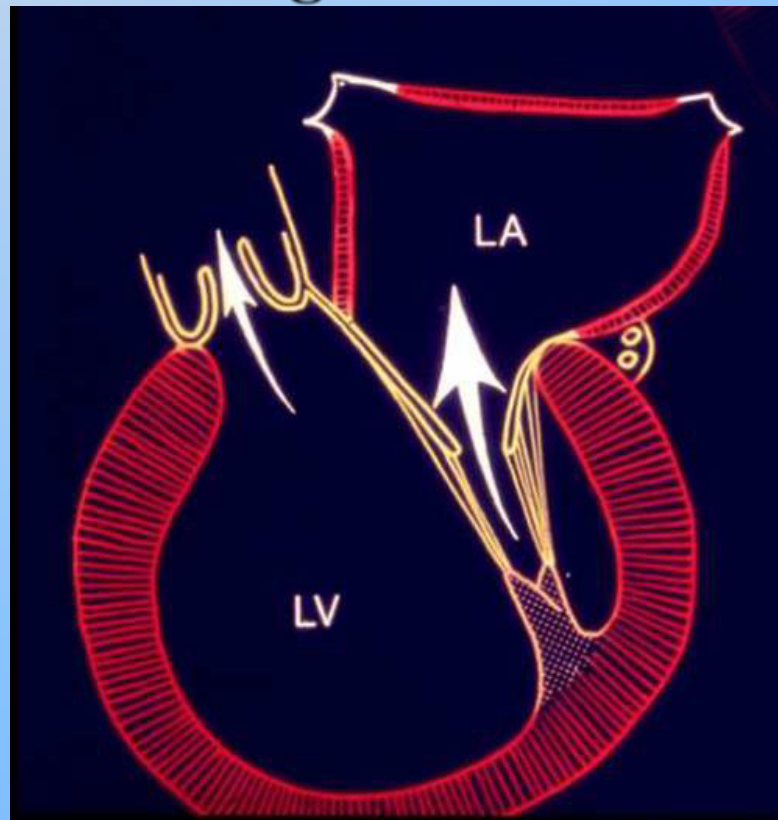
Hypertrophy

(Increase in Cell Size)

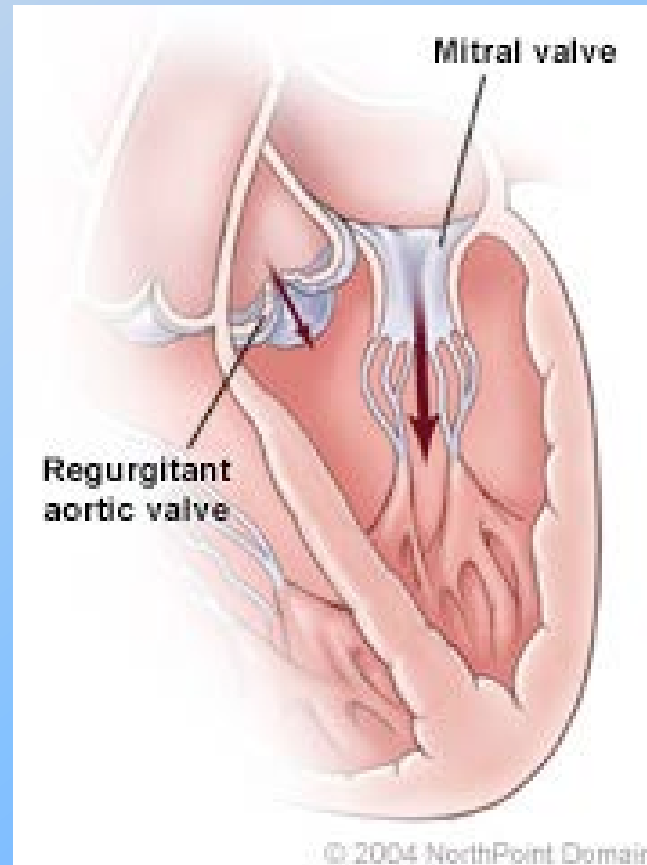


Gross Morphologic Response to Volume Overload Mitral Regurgitation

Spherical Geometric Enlargement



Gross Morphologic Response to Aortic Regurgitation Magnified Normal Geometry



Sarcomere Response to Pressure Overload

***New Sarcomeres in
Parallel***

Increase in wall thickness

Decrease in cavity size

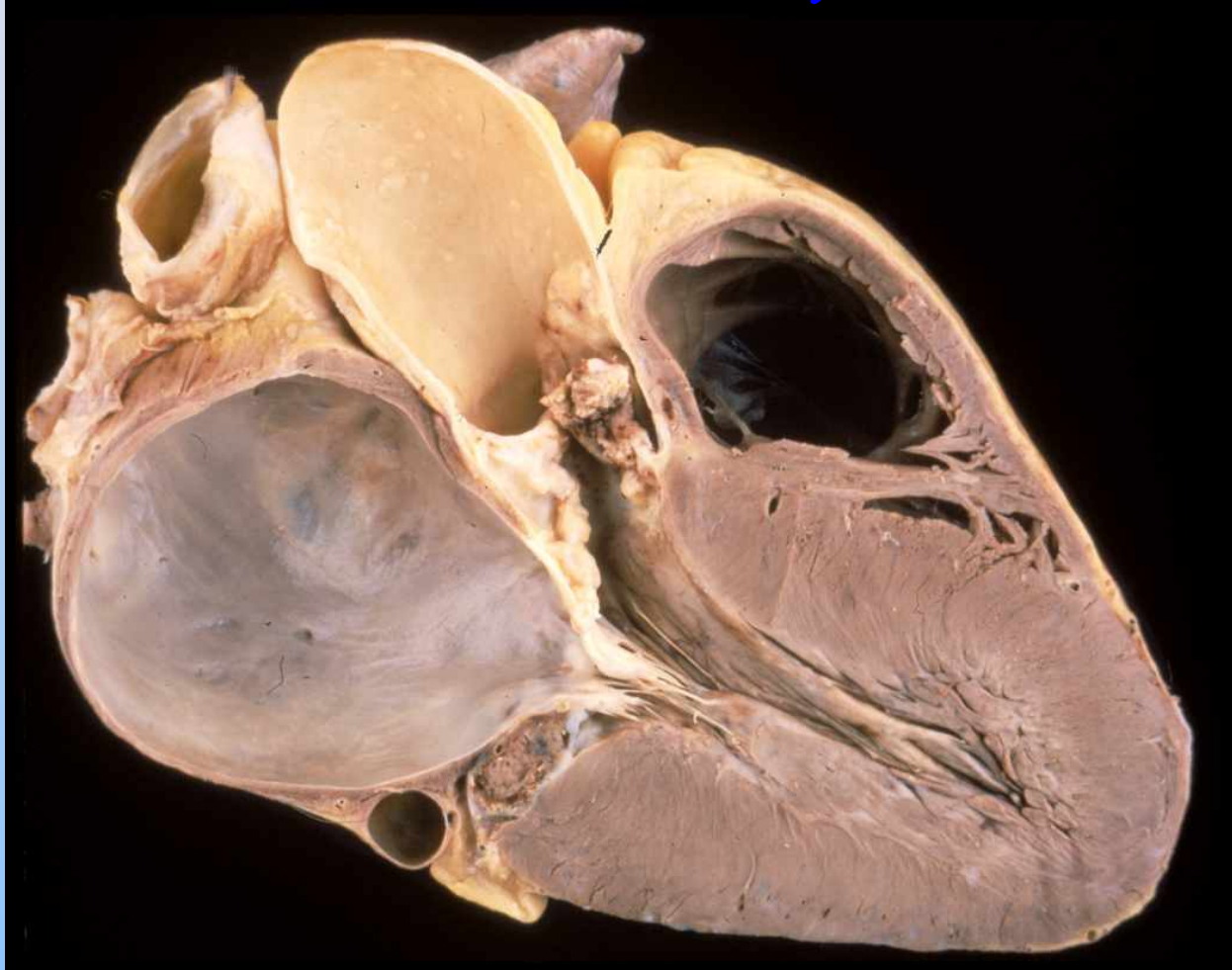


Pressure Overload

New Sarcomeres in Parallel

Increased Wall Thickness

Decreased Cavity Size

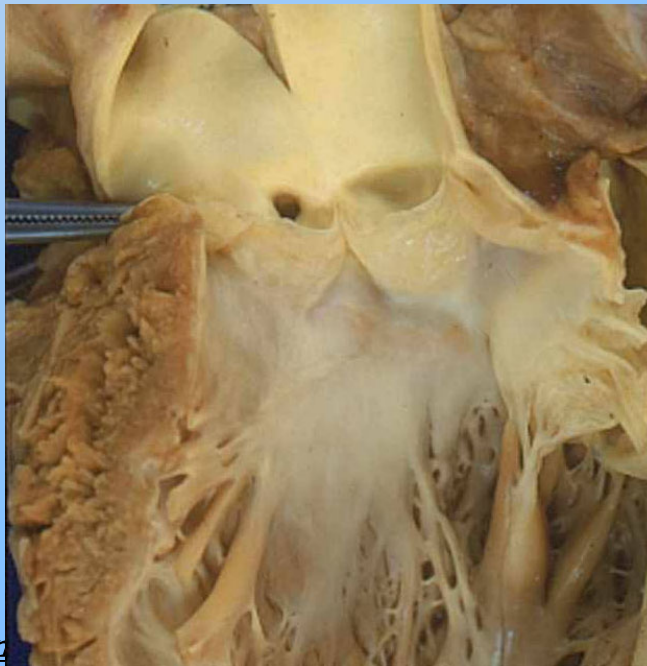


The Immature Heart

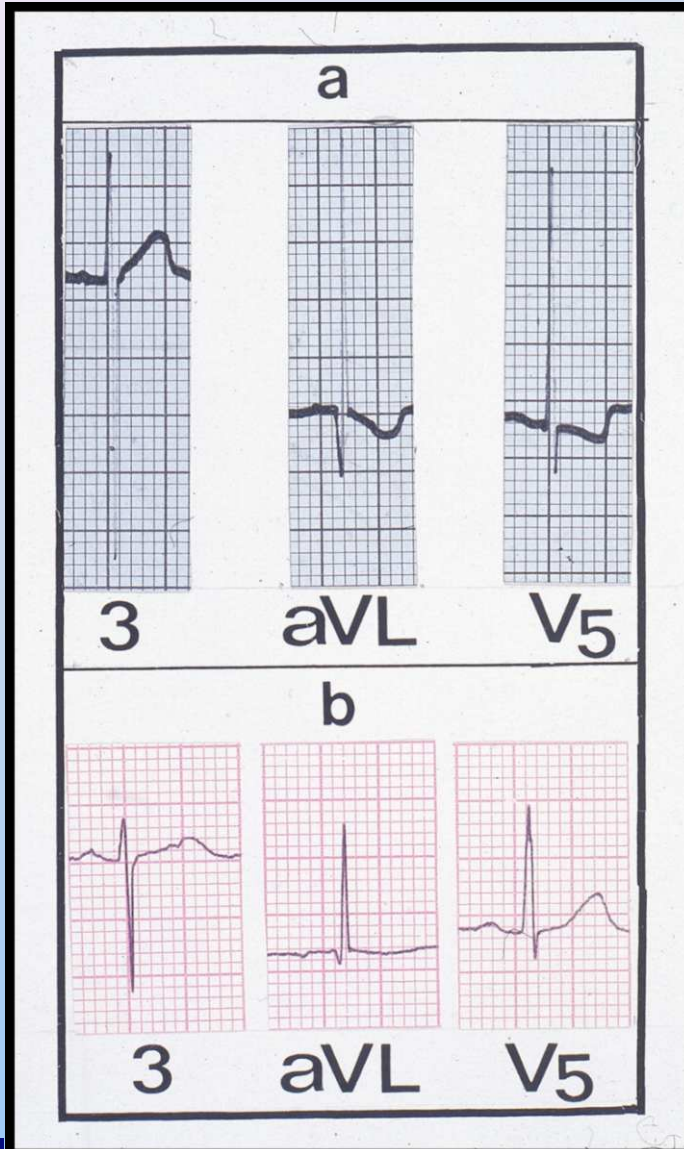
Cardiomyocyte Response to Hypoxemia

Congenital anomalies of the coronary arteries:
Report of unusual case associated with cardiac
hypertrophy. Am Heart J 1933

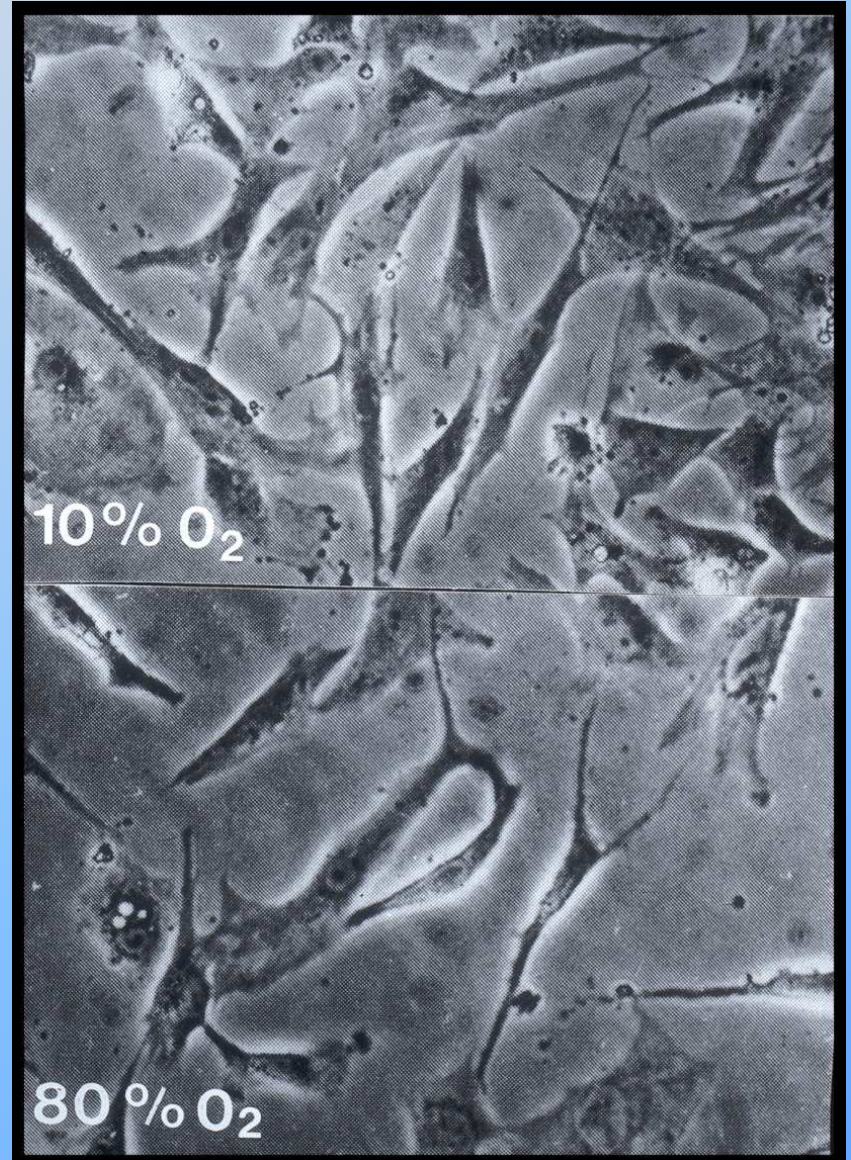
Bland, White, Garland



LCA from PT



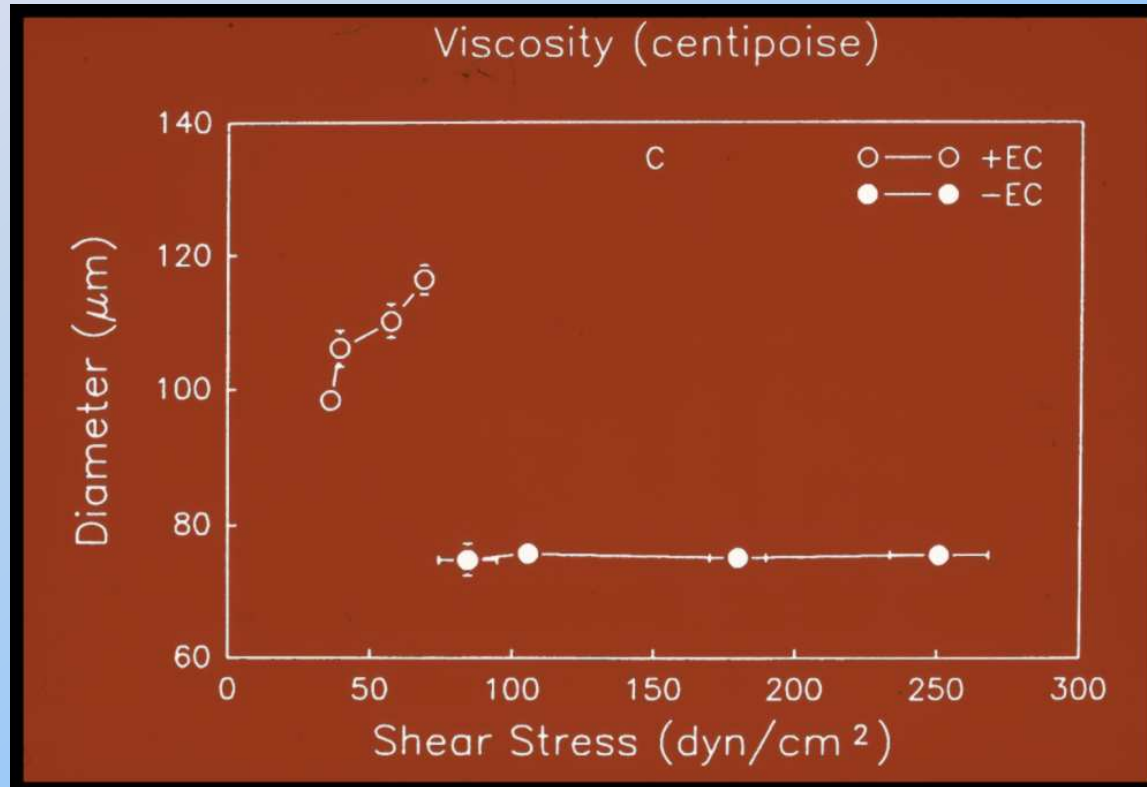
Cultured Chick Cardiomyocytes



The Coronary Circulation

Kohler Experiment

Circulation Research 1993

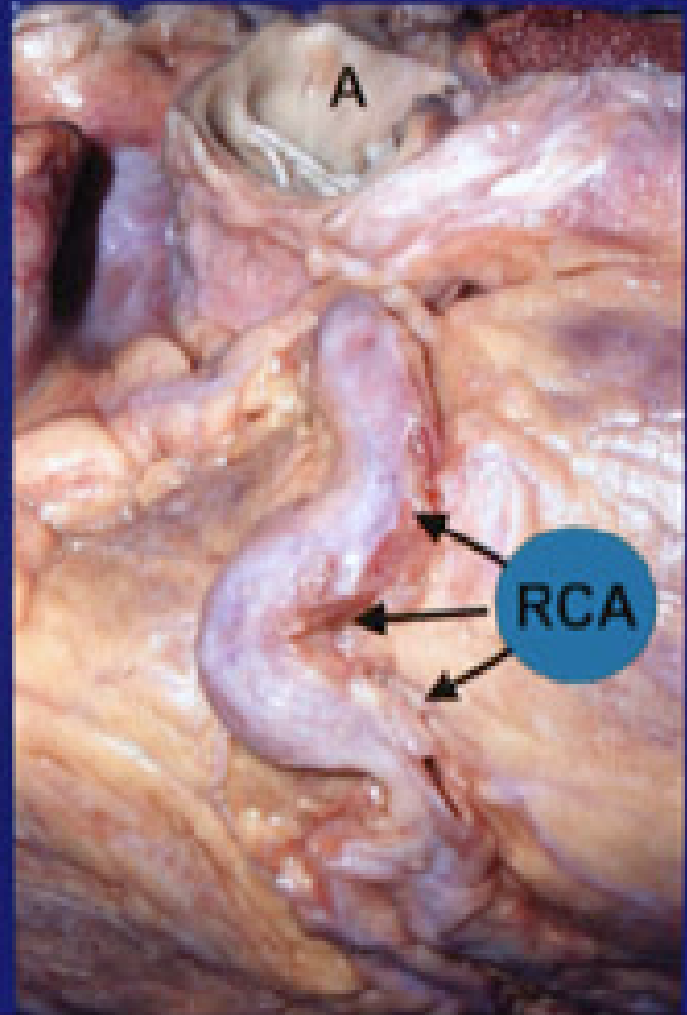
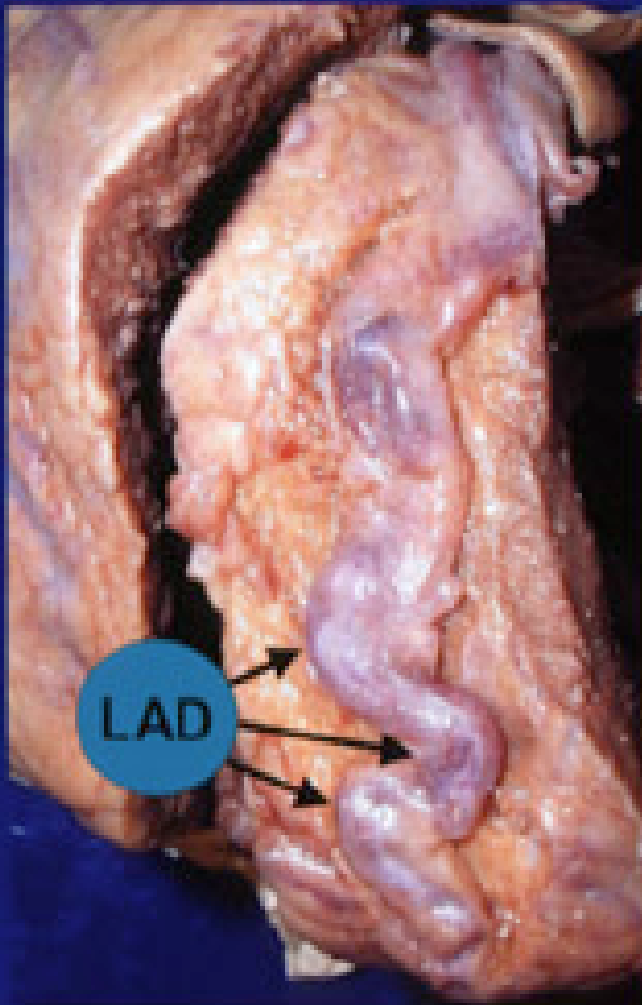


The viscous erythrocytotic perfusate in CCHD provokes an increase in endothelial shear stress and elaboration of NO which dilates the extramural coronary arteries.



Ahmanson/UCLA Adult Congenital Heart Disease Center

Gross Necropsy Findings



Myocardial Flow Reserve

Maximal dilatation of extramural coronary arteries in CCHD implies that basal blood flow is maximal and cannot increase further.

Does the increase in basal flow encroach upon flow reserve and compromise ventricular function?



The Coronary Microcirculation

Because the extramural coronary arteries in CCHD are maximally dilated, and because myocardial oxygen extraction is maximal or nearly so, we hypothesized that preservation of flow reserve must reside in the coronary microcirculation.

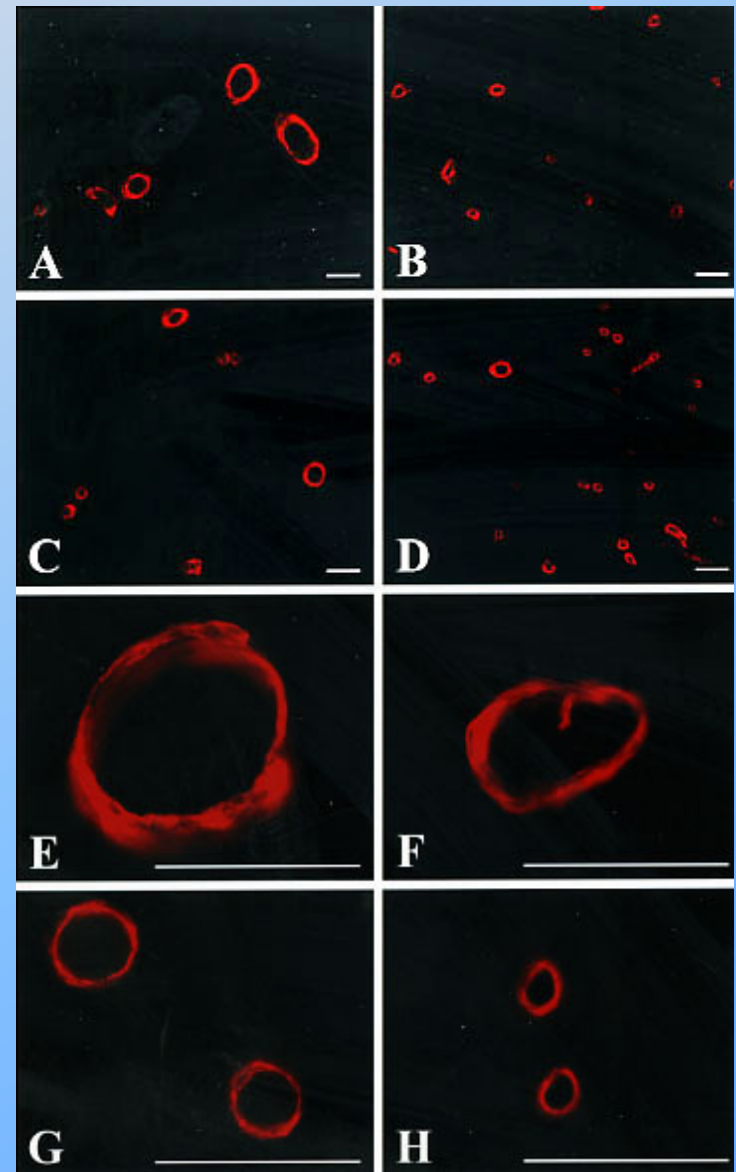


Dedkov, Perloff. Circulation 2006

Morphometric Analyses of the Coronary Microcirculation in CCHD

In Eisenmenger hearts (AC), terminal arterioles are fewer in number compared to hypertrophied but structurally normal hearts (BD), but have greater diameters (EG vs FH).

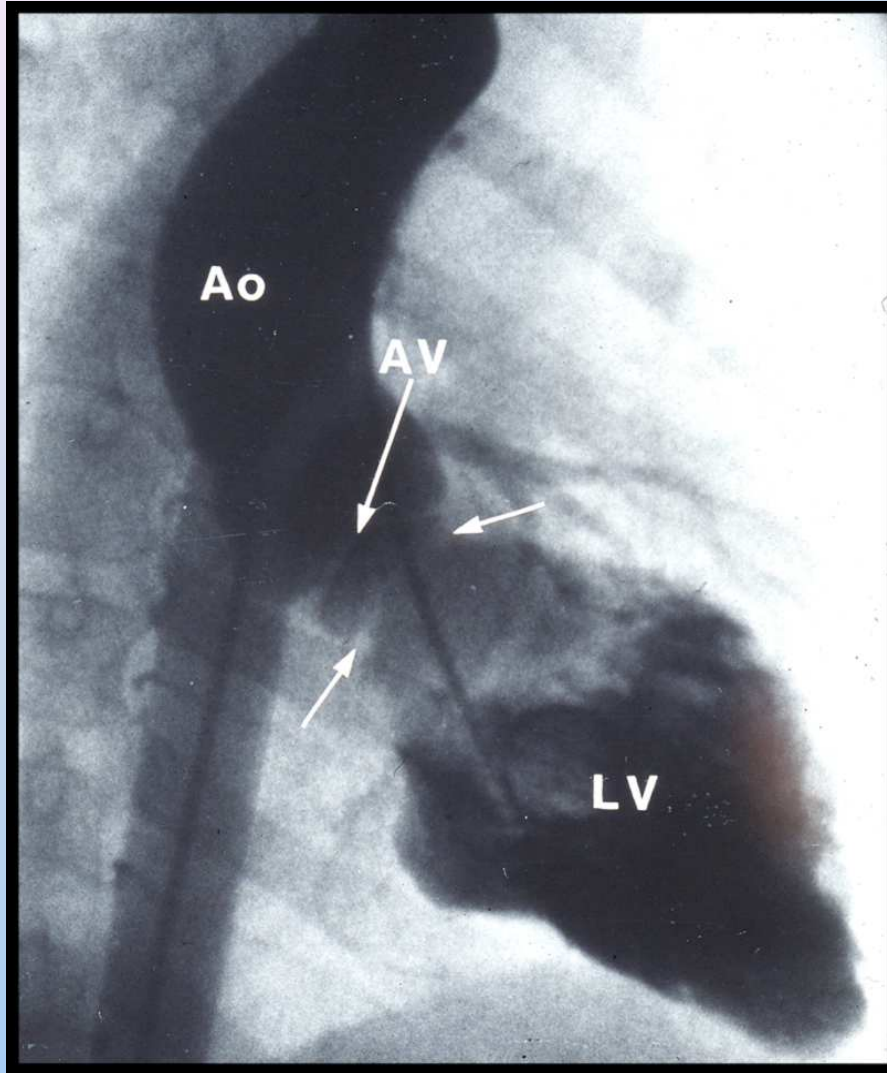
The decrease in length, volume and surface densities and the increased diameters indicate *remodeling of the microcirculation*.



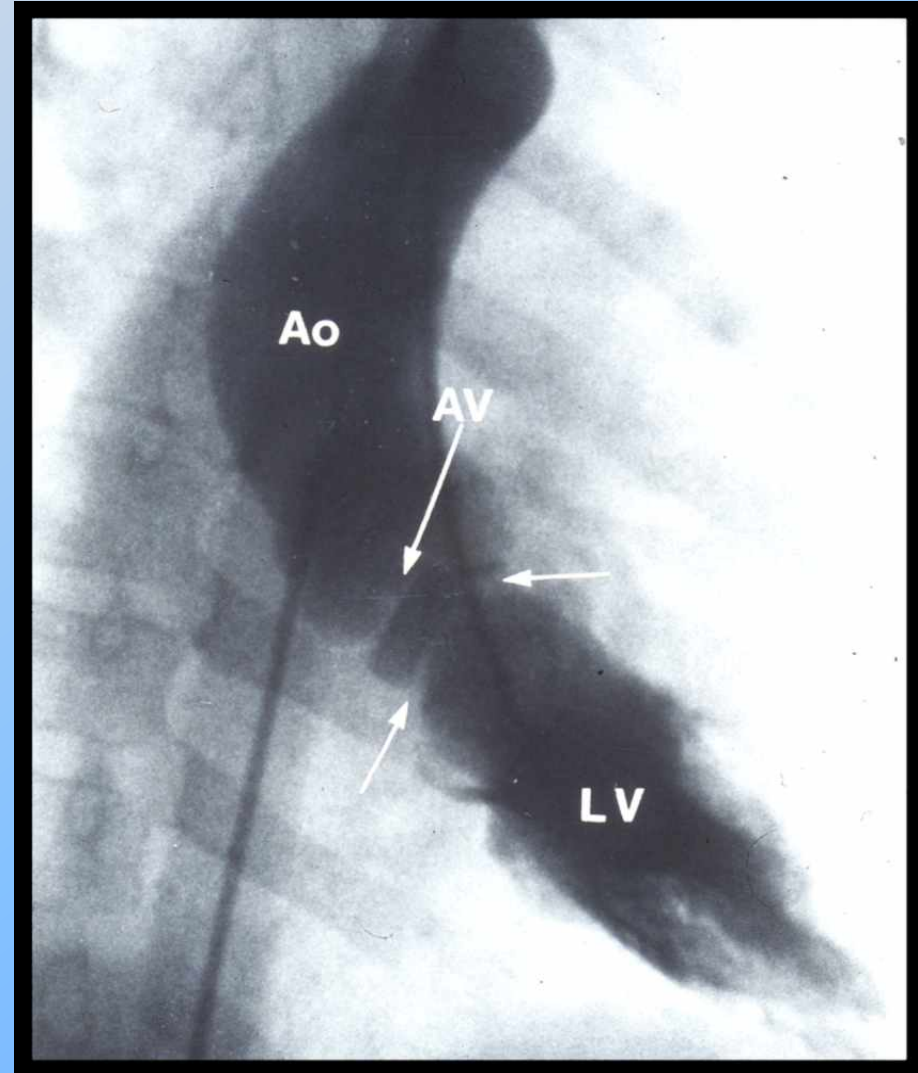
A,C,E,G Eisenmenger hearts.
B,D,F,H structurally abnormal hearts
with ventricular hypertrophy



Supranormal Left Ventricular Function



Diastole



Systole



Supranormal Ventricular Contractility

*Myocyte hyperplasia
with capillary angiogenesis
preserves capillary density.*

*Postoperative regression
of ventricular mass leaves
increased numbers of
smaller myocytes with
increased capillary density
that result in supranormal
contraction.*





The *right ventricle* is a “recent” evolutionary adaptation that appeared beneath the conus arteriosus during the Jurassic Period. This development was a crucial adaptation for air-breathing land-living mammals, reptiles and birds.

However, the right ventricle evolved to function as a lung pump, and it can never function otherwise irrespective of its location or the physiologic circumstances.



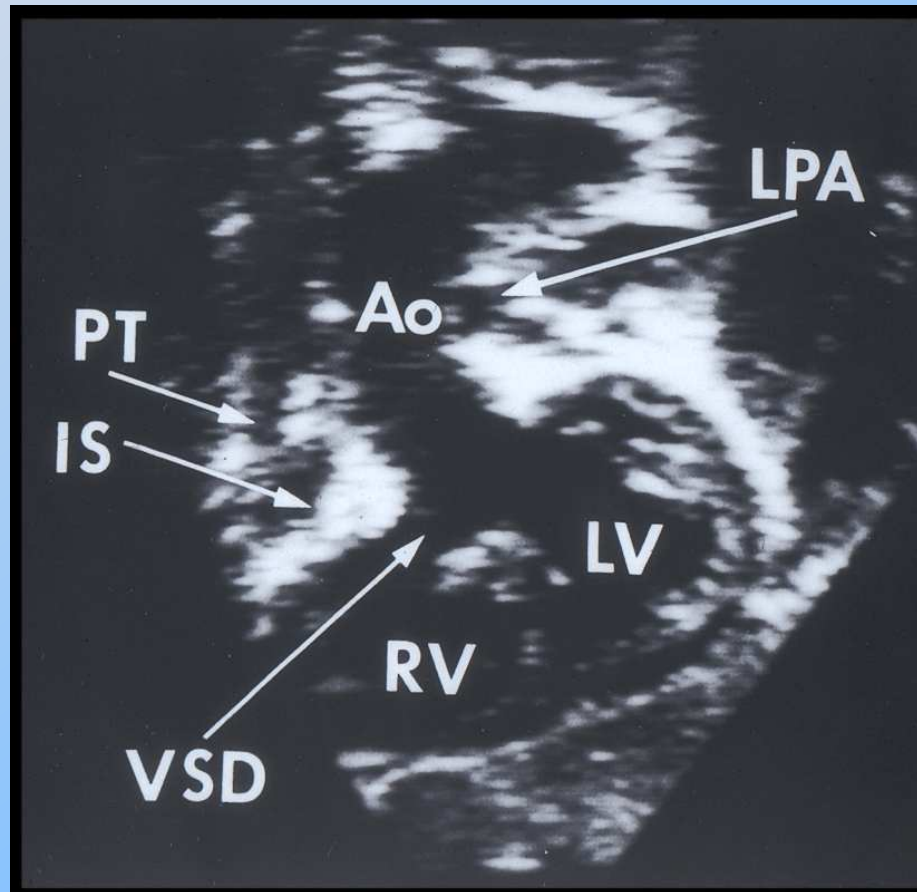
Two hearts that beat as one.

Magdi Yacoub

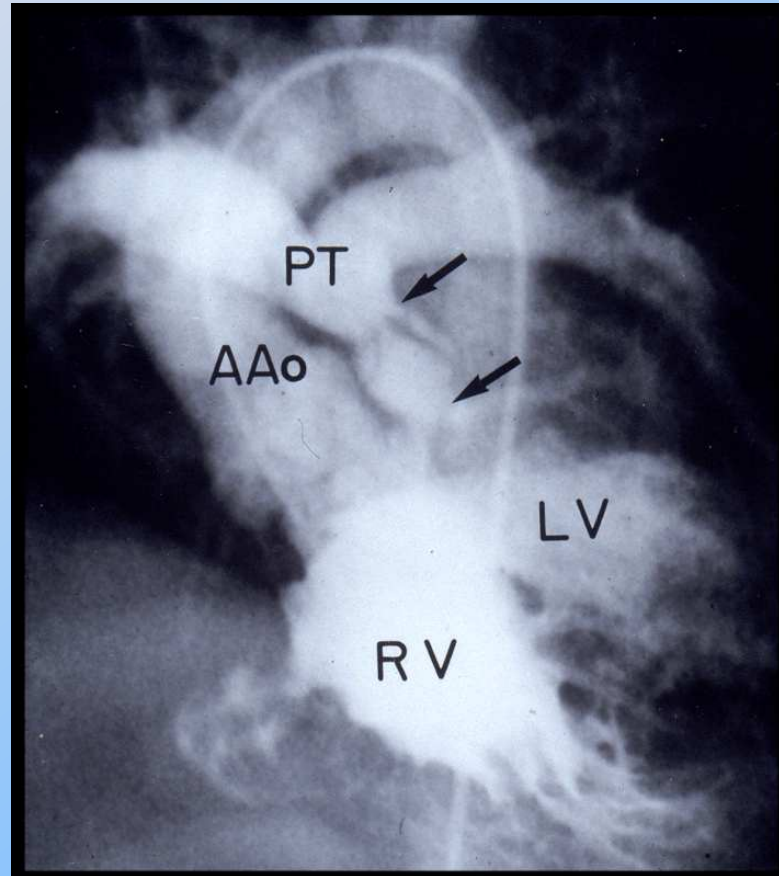
The right and left ventricles develop from the same heart tube during morphogenesis, but evolve into structures with such different characteristics that that they can be regarded as two different organs that function as one.



In Fallot's tetralogy, the systemic right ventricle functions without failing for two reasons:
first, it is supported by the left ventricle.



And *second*, it benefits from hyperplasia of its myocytes and its myocardial capillaries, so capillary density is normal.

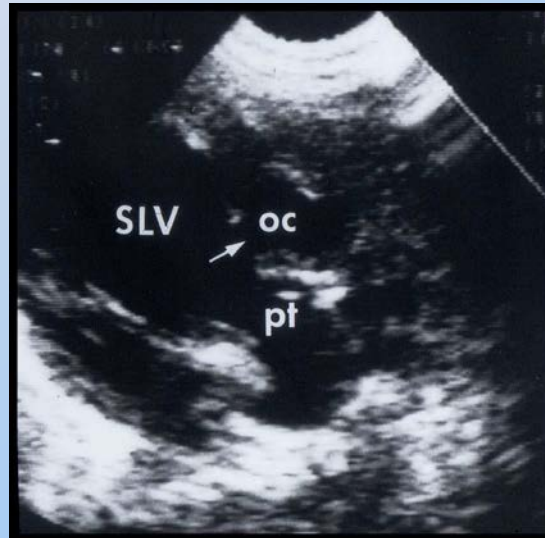


Ventricular-Ventricular Interaction

In a biventricular heart, the free wall of each ventricle affects the contralateral ventricle because a single myofiber band originates at the RV outflow tract and extends to the left LV outflow tract. RV function supports LV function, and LV function supports RV function.



Single Left Ventricle

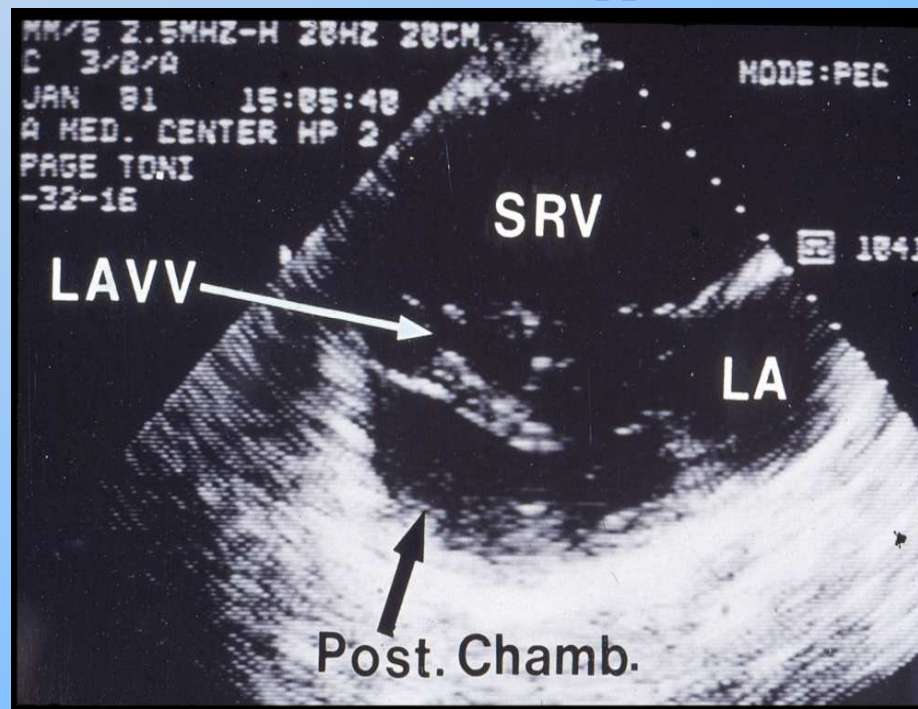


*There is no second ventricle to
provide ventricular/ventricular interaction
and support.*

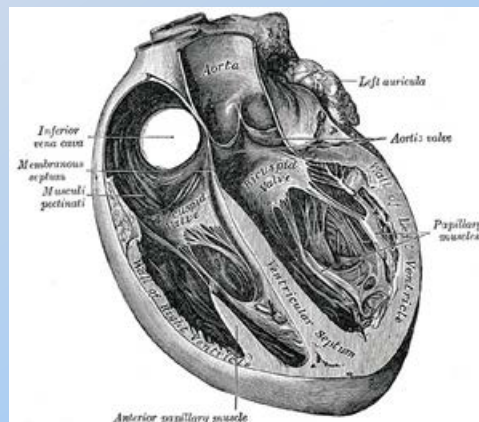


A Single Right Ventricle is Doubly Beset

When the single ventricular chamber is a morphologic right ventricle, inadequate mass relative to volume results in poor adaptation to overload. In addition, there is no second ventricle to provide ventricular/ventricular interaction and support.



Function of the Septum



Paradoxical motion of the ventricular septum serves as a right ventricular mechanical assist in:

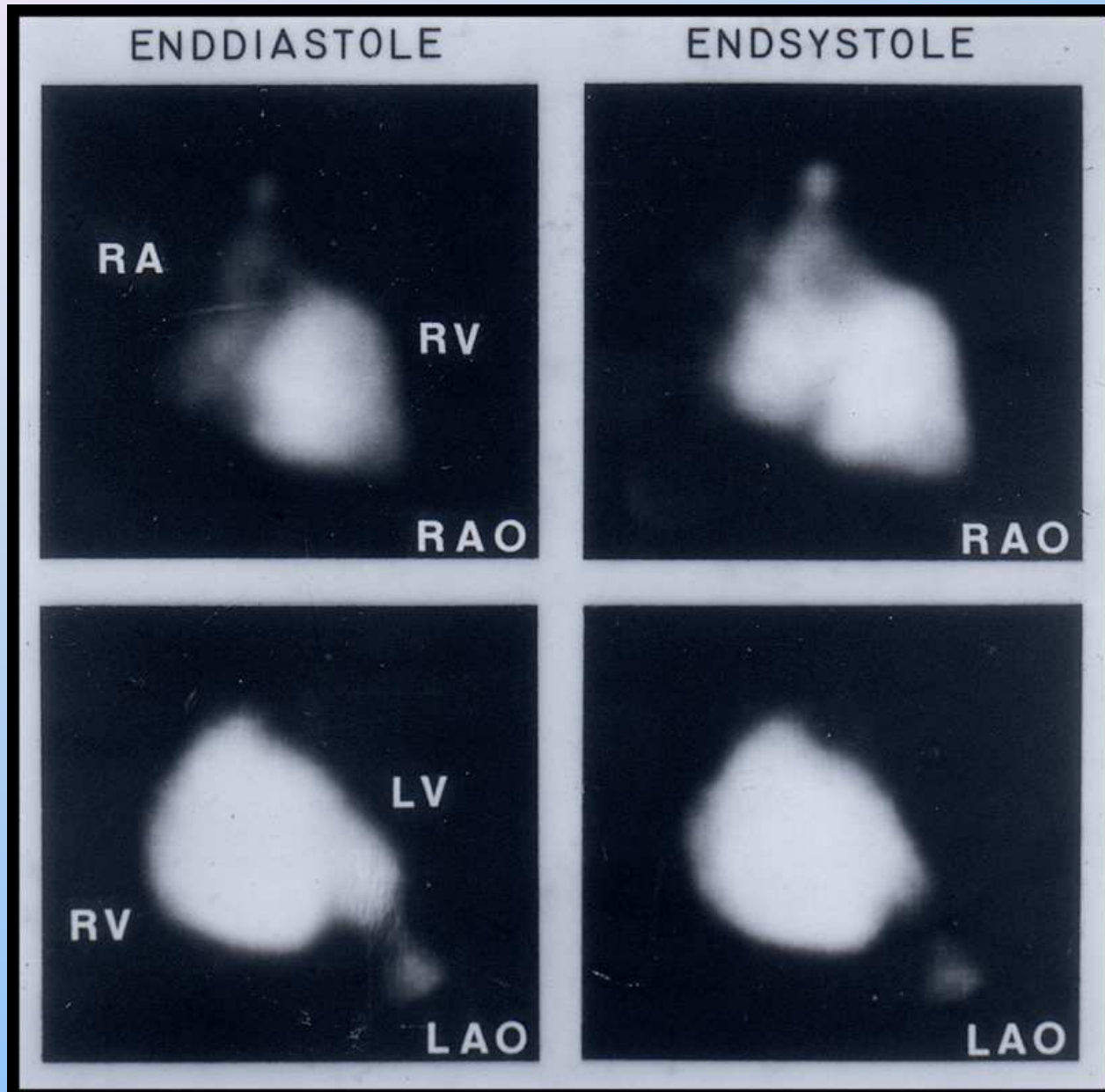
Uhl's anomaly

Atrial septal defect

Ebstein's anomaly



Uhl's Anomaly



Myocyte shape, remodeling, and ventricular function.

Myocyte shape interests me especially regarding the relationship between shape and remodeling in the beating but empty embryonic heart.

