

WOMEN'S HEALTH & MONEY @ WORK™



IRIS CANTOR-UCLA
WOMEN'S HEALTH
CENTER
EDUCATION
AND
RESEARCH CENTER



FEDERAL RESERVE BANK
OF SAN FRANCISCO



Women's Health & Money @ Work™ helps low- to-moderate-income women attain better health and economic and financial security through educational and coaching programs on healthy eating, active living, and money management held at worksites, job training centers, WorkSource Centers, and community agencies. The goal is for women to learn to balance their health and financial challenges on and off the job.



Parents of Magnolia Elementary School students receive their certificates of completion for the Women's Health & Money @ Work™ program.

"I have enjoyed participating in the work-site classes because they have motivated me and encouraged me to keep on practicing a healthy life style, like eating a clean diet and exercising every day. Ten years ago, I started to take care of myself more and with time have lost 40 pounds. It makes me happy to be able to maintain this change for such a long time."

"I have been reminded of the importance of savings, a habit I practice in my day-to-day life. I like that we learn something new in every class—like finding opportunities to save more money—and that I get to share the information with my daughters so that they could apply it to their personal life."

"I feel that as you get older, you have to make the effort to take care of yourself so that you can have a happy life."

—Participants in the Women's Health & Money @ Work™ program conducted by Building Skills Partnership for janitorial workers at the Park La Brea Apartments



Women's Health & Money @ Work™, presented by Worksite Wellness LA at Cisco Home Furniture Factory.



Janitors attend financial literacy and nutrition education class conducted by Building Skills Partnership at Park La Brea Apartments.

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SAVE THE DATE!

Local Initiatives Support Corporation, Iris Cantor-UCLA Women's Health Education and Research Center,
and the Federal Reserve Bank of San Francisco, Los Angeles Branch

present:

HEALTH, WEALTH, AND HOUSING CONFERENCE: PROMOTING CROSS-SECTOR COLLABORATIONS FOR EQUITY

October 4, 2017

9:00 a.m. – 6:00 p.m.

Federal Reserve Bank of San Francisco, Los Angeles Branch

950 S. Grand Ave., Los Angeles, CA 90015

The conference will highlight the outcomes of private-public partnerships in the fields of community development, affordable housing, and public health and their positive social and financial returns in Los Angeles. The conference will focus on housing and wealth as crucial social determinants of health. Practitioners, researchers, and funders working to improve economic conditions in low-income communities will demonstrate the value of investments in cross-sector collaborations that advance health and housing equity to create more opportunities for wealth.

FEATURED SPEAKERS:

Barbara Ferrer, Ph.D., M.P.H., M.Ed.

Director, LA County Department of Public Health

Sheila Kuehl

Los Angeles County Supervisor, District Three

Peter Long, Ph.D.

President & CEO, Blue Shield of California Foundation

Betty T. Yee

California State Controller

FOR MORE INFORMATION, PLEASE CONTACT:

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IF YOU ARE INTERESTED IN SUPPORTING OUR PROGRAMS, PLEASE CONTACT:

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