

7/7/25 – 7/13/25
**Business Hours: Monday – Friday, 6:30am to 10:00pm
Sat, Sun & Holidays, 6:30am to 8:00pm**
 Healthy Choice  Vegan

**MEATLESS
MONDAY
7/7/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Salmon w/ Sundried Tomato & Artichoke Sauce
Main Entrée 3	Ultimate Vegetable Chili  
Main Entrée 4	Spaghetti & Meatless Meatballs 
Side	Broccoli or Cabbage & Kale  
Side	Scalloped Potatoes or Cranberry Rice
Soups	Cream of Potato or Chicken Rice 
Grill Special	Beyond Burger

**TUESDAY
7/8/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Orange Roughy w/ Jicama Salsa 
Main Entrée 3	Cuban Spiced Chicken
Main Entrée 4	Indian Garbanzo Curry 
Side	Asian Vegetables   or Steamed Carrots  
Side	Rice Pilaf or Whole Red Potatoes  
Soups	Minestrone   or Chicken Gumbo
Grill Special	Tuna Melt

**WEDNESDAY
7/9/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Oven Baked Tostadas (Chicken, Turkey, Pork Carnitas or Grilled Vegetables 
Main Entrée 3	Tilapia w/ Cilantro Sauce
Main Entrée 4	Vegetarian Tofu Bhuna Curry 
Side	Spanish Rice   or Refried Beans 
Side	Malibu Blend   or Steamed Corn  
Soups	Chicken Tortilla or Vegetable Medley 
Grill Special	Cheese Nachos

**THURSDAY
7/10/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Cajun Catfish w/ Salsa Verde
Main Entrée 3	Kung Pao Chicken
Main Entrée 4	Lentils & Squash 
Side	Malibu Blend   or Buttered Spinach 
Side	Basmati Rice   or Baked Yams 
Soups	Split Pea  or Garden Vegetable  
Grill Special	BLT Sandwich

**FRIDAY
7/11/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Roasted Salmon w/ Dijon Whiskey Sauce
Main Entrée 3	Beef Chili Colorado
Main Entrée 4	Vegetarian Tofu Pasta  
Side	Italian Vegetables   or Steamed Broccoli  
Side	Rice Rio Bravo  or Roasted Potatoes
Soups	Clam Chowder or Tuscan Chicken
Grill Special	Beef Barbacoa Tacos

**SATURDAY
7/12/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Tilapia w/ Caper Cream Sauce 
Main Entrée 3	Stuffed Shells w/ Marinara Sauce
Side	California Blend  or Fiesta Rice 
Soups	Chicken Tortilla or Minestrone 

**SUNDAY
7/13/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Chicken Cordon Blue w/ Cream
Main Entrée 3	Vegetable Lasagna
Side	Malibu Blend   or Cilantro Rice 
Soups	Clam Chowder or Split Pea 