

UCLA ONLINE SUMMER SESSION (5 GE UNITS)

## MED 185: INTEGRATIVE EAST-WEST MEDICINE FOR HEALTH AND WELLNESS

Building Resilience to Optimize Flow, Balance and Spirit  
in the Era of Instability and Uncertainty



**JUNE 23, 2025 – AUGUST 1, 2025**

Mondays & Wednesdays | 5:00 – 6:00 PM PT (Zoom)\*

**\*Mandatory weekly lectures:**

- 2 Hrs synchronous via Zoom meetings
- 3 Hrs asynchronous via Pre-recorded videos



For inquiries, please contact  
Ms. Annie Law at  
[ALaw@mednet.ucla.edu](mailto:ALaw@mednet.ucla.edu).





**Q WHEN IS THE COURSE OFFERED?**

Only Summer Session. This year – Session A 6/23– 8/1

**Q HOW MANY UNITS ARE PROVIDED?**

5 upper division general education (GE) units in Basic Scientific Inquiry

**Q WHAT IS THE COURSE STRUCTURE?**

This online course will have a hybrid structure with synchronous Zoom discussions on Mondays and Wednesdays from 5-6pm, and 3 hours of asynchronous pre-recorded lectures each week.

**Q HOW MUCH IS THE COURSE?**

Please use the Summer Session fee calculator to find an estimate based on your student status (UCLA/UC/visiting/international).

**Q DO I NEED PRIOR EXPERIENCE/COURSES IN SCIENCE OR MEDICINE TO TAKE THIS CLASS?**

No, all are welcome. This course is open to students of all levels and career interests or careers from UCLA and beyond.

**Q I AM A HEALTHCARE PROFESSIONAL. SHOULD I TAKE THIS COURSE?**

Healthcare professionals interested in expanding their career in integrative medicine will also benefit from this course.

**Q IS IT POSSIBLE TO TAKE THE COURSE WITHOUT CREDIT/ENROLLING THROUGH SUMMER SESSIONS OR REGISTRAR?**

Yes, please contact Annie Law ([alaw@mednet.ucla.edu](mailto:alaw@mednet.ucla.edu)) for more information.

**Q FURTHER QUESTIONS?**

Please contact Annie Law ([alaw@mednet.ucla.edu](mailto:alaw@mednet.ucla.edu)).



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