

8/11/25 – 8/17/25
**Business Hours: Monday – Friday, 6:30am to 10:00pm
Sat, Sun & Holidays, 6:30am to 8:00pm**
 Healthy Choice  Vegan

**MEATLESS
MONDAY
8/11/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	North African Tandoori Salmon
Main Entrée 3	Saag Aloo w/ Brussels Sprouts  
Main Entrée 4	Vegetable Provencal 
Side	Asian Vegetables   or Steamed Baby Carrots  
Side	Cranberry Rice  or Scalloped Potatoes
Soups	Cream of Potato or Chicken Noodle 
Grilled Special	Grilled Beyond Hamburger 

**TUESDAY
8/12/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Catfish Cajun w/ Remoulade Sauce
Main Entrée 3	Sicilian Chicken Pasta
Main Entrée 4	Mozambique Stew  
Side	Green Beans Almondine or California Vegetables  
Side	Basmati Rice  or Whole Red Roasted Potatoes 
Soups	Minestrone   or Cream of Mushroom
Grilled Special	Pastrami Sandwich

**WEDNESDAY
8/13/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Oven Baked Tostada (Chicken, Turkey, Pork Carnitas, or Grilled Vegetables)
Main Entrée 3	Tilapia w/ Spicy Mango Salsa
Main Entrée 4	Vegetable & Tofu Stir Fry  
Side	Mexican Rice   or Refried Beans 
Side	Malibu Blend   or Steamed Corn  
Soups	Cream of Chicken Tortilla or Vegetable Medley 
Grilled Special	Chicken Teriyaki Bowl

**THURSDAY
8/14/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Trout Braised in Chili Bean Sauce
Main Entrée 3	Oven Baked Chicken w/ Chicken gravy
Main Entrée 4	Macaroni Cheese
Side	Buttered Spinach or Corn on the Cob  
Side	Rice Pilaf or Mashed Potatoes
Soup	Beef Barley or Garden Vegetable Soup  
Grilled Special	Tuna Melt Sandwich

**FRIDAY
8/15/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Roasted Salmon w/ Veracruz Sauce
Main Entrée 3	Beef Guinness Irish Stew
Main Entrée 4	Vegetarian Chow Mein
Side	Asian Vegetables   or Steamed Broccoli  
Side	Cilantro Rice  or Roasted Potatoes
Soups	New England Clam Chowder or Chicken Coconut w/ Udon Noodles
Grilled Special	Fish Tacos

**SATURDAY
8/16/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Crushed Tilapia w/ Artichoke Sauce
Main Entrée 3	Vegetarian Chile Relleno
Side	Malibu Blend   or Fiesta Rice 
Soup	Minestrone   or Chicken Tortilla

**SUNDAY
8/17/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Chicken Piccata
Main Entrée 3	Vegetable Lasagna
Side	California Vegetables or Basmati Rice  
Soup	Minestrone   or Beef Barley