

UCLA Resnick Neuropsychiatric Hospital (RNPH)

Guidelines on Visitation and Patient Belongings

Revised: Dec. 6, 2022

Please note:

- All visitors must be healthy and remain masked at all times.
- If you are experiencing cough, cold or any symptoms of flu, COVID-19 or any infectious disease, please stay home.
- **Children must be at least 6 years old to visit our patient care rooms.**

PATIENT VISITATION

1. Visiting hours for each unit are as follows:

UNIT	Mon-Fri	Sat-Sun and Holidays
4 WEST	6:00 – 7:00 pm	2:00 – 4:00 pm and 6:00 – 7:00 pm
4 EAST	5:30 – 6:30 pm	2:00 – 4:00 pm and 5:30 - 6:30 pm
4 NORTH	5:00 – 6:00 pm	4:00 – 6:00 pm

2. Guidance for RNPH Visitation is as follows:

- Two healthy visitors are permitted per patient, during each visiting period.
- The time cannot be split or shared between additional visitors.
- If patients are in semiprivate rooms, one patient will have their visitor(s) during regular unit visiting hours, and the other patient will have their visiting time for the subsequent hour, to be coordinated by unit staff.
- Telephone calls remain available for those unable to visit in person.
- Visitation outside of the established visiting hours are permitted at the discretion of the primary team and staff, and should be communicated to the Front Desk Hospitality/Security staff by emailing visitormanagement@mednet.ucla.edu, or calling extension 79120.
- Visitors must adhere to all health system policies, including COVID related precautions as follows:
 - Maintain 6 feet of physical distance in all areas, including the patient's room.
 - Perform hand hygiene when entering/exiting the building or patient room, and as needed.
 - Wear a face mask at all times (provided).
 - Stay in the patient's room while in the unit.
 - Cooperate with directions of clinical staff. Visitation will be suspended for visitors who do not adhere to the guidelines.

PATIENT BELONGINGS

1. Guidance for RNPH patient belongings is as follows:

- Clothing:** Patients will be allowed to have 3 sets of clothes, 1 weeks' worth of undergarments (bras, underwear, socks), and 1 pair of shoes (without laces).

- i. No underwire bras are permitted on 4West, and are otherwise limited/discouraged on other units when possible.
 - ii. Patients may have a sweatshirt or jacket, without drawstrings or hoods. No scarves are permitted.
 - iii. Patients may have assistive devices, including hearing aids, eyeglasses/contact lens (with solution) and retainers. Personal toiletries should be limited and free from metal (e.g. hairbrush) or alcohol (e.g. mouthwash).
 - iv. Clothing items will be stored in the locked cubby in the patient room when not in use.
 - v. Extra belongings and valuables should be sent home (including bags, luggage, backpacks, and purses). If that is not possible, belongings should be inventoried and locked in the patient cubby until discharge.
- b. **School books and recreational / personal reading and writing materials:** Patients may have schoolbooks or materials, and other recreational / personal reading materials (such as books, magazines, or writing notebook).
- i. Any materials containing staples or spiral binding will not be permitted.
 - ii. School materials are generally limited to 2 books and 1 notepad.
 - iii. Recreational/personal reading or writing materials are generally limited to 2 items.
 - iv. Exceptions are permitted at the discretion of the primary team and staff, as necessary and appropriate for the patient's educational/school or clinical needs.
- c. **Outside food is permitted with the following guidance:**
- i. Food should not be shared between patients.
 - ii. Perishable food cannot be stored or kept.
 - iii. Outside food should be generally brought during visitor hours. Exceptions to the timing of delivery of food are permitted at the discretion of the primary team and staff, and should be communicated to the Front Desk Hospitality/Security staff by emailing visitormanagement@mednet.ucla.edu, or calling extension 79120.
 - iv. Outside food may be limited or restricted at the discretion of the primary team and staff, as necessary and appropriate for the patient's clinical needs.