

# UCLA Resnick Neuropsychiatric Hospital - 4 North B Group Activity Schedule\*

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00	Staff Change & Vitals	Staff Change & Vitals	Staff Change & Vitals	Staff Change & Vitals	Staff Change & Vitals	Staff Change & Vitals	Staff Change & Vitals
8:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:30	Grooming/Hygiene	Grooming/Hygiene	Grooming/Hygiene	Grooming/Hygiene	Grooming/Hygiene	Grooming/Hygiene	Grooming/Hygiene
9:00	Community Meeting/Deck	Community Meeting/Deck	Community Meeting/Deck	Community Meeting/Deck	Community Meeting/Deck	Community Meeting/Deck	Community Meeting/Deck
10:00	10:15 OT Stretch	10:15 OT Stretch	10:15 OT Stretch	10:15 OT Stretch	10:15 OT Stretch	10:15 Social Work Group**	Personal Time
	10:30 OT Task Group 1	10:30 OT Task Group 1	10:30 OT Task Group 1	10:30 OT Task Group 1	10:30 OT Task Group 1		
11:00	11:15 OT Task Group 2 (if needed)	11:15 OT Task Group 2 (if needed)	11:15 OT Task Group 2 (if needed)	11:15 OT Task Group 2 (if needed)	11:15 OT Task Group 2 (if needed)	OT Task Group	Deck/Leisure
12:00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:00	Deck/Leisure	Deck/Leisure	Deck/Leisure	Deck/Leisure	Deck/Leisure	OT Skills Group	Social Work Group**
1:45	OT Skills Group	OT Skills Group	OT Skills Group	OT Skills Group	OT Skills Group		
2:00							
2:45	Social Work Group**	Social Work Group**	Personal Time	Personal Time	Social Work Group**	Deck/Leisure	Deck/Leisure
4:00	Therapeutic Group	Therapeutic Group	Therapeutic Group	Therapeutic Group	Therapeutic Group/Deck	Therapeutic Group	Therapeutic Group
5:00	Visiting Hour	Visiting Hour	OT Skills Group Visiting Hour	OT Skills Group Visiting Hour	OT Skills Group Visiting Hour	Visiting Hour	Visiting Hour
6:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6:30	Quiet Time	Quiet Time	OT Skills Group Quiet Time	OT Skills Group Quiet Time	OT Skills Group Quiet Time	Quiet Time	Quiet Time
7:00	Staff Change & Vitals	Staff Change & Vitals	Staff Change & Vitals	Staff Change & Vitals	Staff Change & Vitals	Staff Change & Vitals	Staff Change & Vitals
8:30	Wrap-Up	Wrap-Up	Wrap-Up	Wrap-Up	Wrap-Up	Wrap-Up	Wrap-Up

\*Schedule is subject to change daily

\*\* Due to group topics not applicable to all, nursing staff or social worker will invite patients to attend

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